Dear Parents and Friends

It is wonderful to see the excellent start made by students to the 2015 school year and the impressive manner in which they are presenting and engaging in their studies.

It was great to welcome parents who attended last Saturday’s information morning and to witness the strong interest in the College. The first-class facilities and beautifully presented grounds at both campuses impressed our visitors, including the new learning centre at Notre Dame Campus and the newly renovated Jubilee building at St Paul’s Campus.

The closing date for applications for Year 7, 2016 is Friday 27 February 2015. A reminder that an application form must be submitted for sibling applicants.

Congratulations to Deny (Hyun-Suk) Shin on his reception of the College Brophy Scholarship following his outstanding VCE performance in achieving an ATAR score of 98.05. The scholarship provides $1000 per year for the three years of undergraduate studies. Best wishes to Deny as he prepares to commence his studies in Science at the University of Melbourne.

Well done also to other members of the Class of 2014 presented with General Academic Awards at this week’s College Assembly on their outstanding VCE performance. We wish them well as they commence their university studies: Naomi Borg – Project Management, RMIT; Kerri Paskin – Commerce, University of Melbourne; Maria Banica – Nutritional Medicine, Endeavour College; Simran Jessel – Arts/Spanish, University of Melbourne; Marc Elsan – Science, University of Melbourne; Sampras Trinh – Radiography, Monash University; Anthony Hubble – Arts, University of Melbourne; Dylan Raffaele – Arts, Monash University; James Lancia – Commerce, University of Melbourne; Raymond Pantalleresco – Commerce/Law, Deakin University.

Well done to Maria who received a scholarship to study Nutritional Medicine, on the basis of her outstanding results and to Alex Bircher, 12Chaminade, on being selected to perform at the Victorian Curriculum and Assessment Authority Top Class Dance at the Melbourne Recital Centre. Top Class Dance presents outstanding students from 2014 in VCE Dance and underlines Alex’s quality of achievement in this subject.

Congratulations to Anthony Sagona, Class of 1973, inducted into the Alumni Roll of Honour at the assembly. Anthony both studied, and is currently Professor of Archaeology, at the University of Melbourne. He has written a number of books and his fieldwork has centred on ancient settlements, landscapes and cemeteries in Turkey and the Republic of Georgia. Last year Anthony completed a five year project - the Joint Historical and Archaeological Survey of the ANZAC Battlefield - with colleagues from Canberra, Turkey and New Zealand. Congratulations to Anthony on the outstanding body of work he has achieved in his career. It is wonderful to acknowledge his achievement in this the 100th anniversary of the ANZAC landing at Gallipoli.

Congratulations to Ms Doris Velevski and Mr Daniel Buttacavoli on their service awards presented at the assembly. Daniel was Learning Leader of English prior to his appointment as Curriculum Coordinator. In 2013 he was the Australian Secondary Teacher of the Year and was inducted into the College Alumni Roll of Honour. Over her years at the College, Doris has provided skilful and dedicated support for student learning in her role as teacher’s aide. We thank Daniel and Doris for their valued contributions in their 10th year of service at the College.

Best wishes for this term’s interschool competition to our senior ACC teams in Cricket, Volleyball, Tennis and Athletics, and SACCSS teams in Senior Cricket and in Year 10 Premier League: Basketball, Volleyball, Netball, Cricket, and Soccer. Best wishes also to our swimming teams in training for inter-school carnivals later in the term.

On Friday 20 February, at 1030am, our Opening School Mass will be celebrated at St Patrick’s Cathedral in East Melbourne. Parents are most welcome and are asked to confirm by email to Chris O’Malley on comalley@ecmelb.catholic.edu.au if attending. More details regarding arrangements for student attendance at the Mass will be sent to parents.

This year is the anniversary of not only the landings at Gallipoli but also the 200th anniversary of the Battle of Waterloo. While there were complex factors at play both in World War I and the Napoleonic Wars, resistance to domination and oppression were central to the response of the Allied countries in both wars. At the same time, our celebration this year of the 50th anniversary of the commencement in our region of secondary education in the Marianist tradition, reminds us of the call to love our enemies and to persevere in seeking peaceful resolution of conflict.

Christopher Stock
Principal
News from Campus Leaders

The first day back at school for the students, parents and teachers at both campuses was very exciting. Watching the young men and women of Year 7 arrive at Notre Dame Campus with their mums and/or dads walking in the gate for the first time, full of anticipation and at times apprehension, highlighted the special journey we are all about to embark upon.

The young men at St Paul’s Campus demonstrated their confidence and connection with the College by bowling into the hall, many without their parents, and sitting quietly until the morning commenced. They then moved to their homerooms with students they had met at orientation day. We are confident that you will find Emmanuel College to be a supportive community where each student will continue on their learning pathway. We look forward to a long and happy association with you and meeting with you at the various school activities throughout the year.

The Year 7 orientation days proved to be of great value for the students. As well as a scavenger hunt to familiarize themselves with the campus, they spent time getting to know their new class mates and teachers, learning about College procedures and how to access the technologies available at the campus. I’m certain the two days have been most beneficial in facilitating a smooth start to the year.

Camps
The venues for camps during this term are as follows:

- **Year 7**
  - Portsea  SPC 11-13 February and NDC 4-6 March

- **Year 12 Retreat**
  - Rutherford Park  SPC 26-27 February and NDC 24-25 February

More information regarding these events will be sent home shortly.

Polo Tops/ Sports Uniform
A reminder that students are required to be in the correct coloured polo top, a uniform pass will not be issued for incorrect sports uniform. As outlined in the student handbook, students are to wear formal uniform and bring alternative clothing to change into for sport or physical education class.

Piercings
Students and families are reminded that students are only permitted to wear a single stud in the ear lobe only. All other piercings are to be removed or they will be confiscated.

Canteen
The College canteen is now in full swing. Students can access the canteen before school and at recess and lunch time. Students will be informed of yummy specials via the canteen noticeboards at each campus.

Student Handbook
All students have received their student handbook. Please ensure you have read and signed the front section to acknowledge you are aware of the expectations and responsibilities of belonging to the Emmanuel College community. It is important that this is done annually because while some things are unchanged, there are always some changes, development or additions. We ask that all families have signed this section by Friday 20th February.

Emergency Alert, the National Telephone Warning System
Please see the enclosed information in this Newsletter regarding the emergency alert system put in place by Emergency Management Victoria.

Student Support Team
We welcome two new interns to the team in 2015. Ms Melanie Rintoull will be at NDC on Monday and Thursday, and Mr Dominic Hosemans will be at SPC on Thursday and Friday. Ms Mel Kelleher, Ms Sarah van Ree and Mr John Kalka continue in their roles. Mel will be at NDC 4 days a week – Monday-Thursday, Sarah will be at SPC Monday-Wednesday and NDC Thursday-Friday. John will be at NDC Monday, Tuesday and Wednesday A and at SPC on Wednesday B, Thursday and Friday. The College continues to work in partnership with Catholicare to provide these services to the College. The College has also been the recipient of the state government funding for the chaplaincy program and Ms Jennifer Webster will work with counselling and support team to enhance the connectedness and resilience of all members of the College community. A summary is attached to this newsletter with more details of this service.

As we begin the year, it is timely to reflect on building parent school partnerships with the Michael Grose article which is attached for your consideration and reflection. This weeks article is about Teaching Children to Persist—parents can promote persistence encouraging their children to keep going and not give in at the slightest hurdle or difficulty.

Finally, we would like to thank the students, parents and staff at Emmanuel College for the great start to the year and we are looking forward to your continued support into the future. We also welcome all students new to the College in 2015 and hope their time with us brings friendship, fulfilment and growth.

David Barr  Jennifer Webster  
Leader Notre Dame Campus  Leader St. Paul’s Campus
News from Leader of Learning

Studying and Homework
At the end of Term 2 all students in Year 8-11 will be involved in examinations. It is important to start good study habits early. Getting into a routine of studying involves doing more than just the set homework. The information below is provided to assist parents to work with their children to start the process of developing positive study routines.

The difference between Homework and Study
Studying for exams is not like doing homework. When we do homework there are a series of set tasks and when we have completed all the questions or tasks we are done. When we study we might use a variety of different methods to keep practicing the skills and knowledge that will be tested. Therefore when we study we need to be able to identify some goals for what we want to achieve, establish a plan for how we will cover all the subjects and set time limits to ensure that we can study effectively.

“Encourage your child not to leave exam preparation until the night before because it will be harder for them to remember the information. Some kids think cramming is the way to go, but in reality they only have limited recall. Instead, help your child get organised well in advance. Suggest they put their study notes into separate coloured folders. Using colours helps jog most people’s memory because they can associate the information more quickly. Your child may even like to use different coloured pens and paper for each topic, but just check they can be seen clearly at night under the lights.”


Set specific goals for their study times
Goals will help your child stay focused and monitor their progress. Simply sitting down to study has little value. Your child must be very clear about what they want to accomplish during their study times.

Start studying when planned
They may delay starting their studying because they don’t like an assignment or think it is too hard. A delay in studying is called "procrastination." If you procrastinate for any reason, you will find it difficult to get everything done when you need to. You may rush to make up the time you wasted getting started, resulting in careless work and errors'.

www.how-to-study.com

Students should develop a timetable for the week. This would include allocating a specific amount of time for completing homework and for studying. You might find it useful to set this up with your child and put it up in a prominent spot at home so that both you and your child can see what is on for the night. The plan should allow for meal breaks and, after every 50 minutes to an hour, a short break of no more than 10 minutes.

Study environment
The space you provide your child should allow them to work without distraction or interruption. It should be well lit and leave them space to spread out their text books and workbooks and where appropriate use a computer. Limiting the distractions in the house can be one very practical thing that parents can manage.

Eating and sleeping well
It is always important for young people to eat well, get plenty of rest and maintain a good balance between studying and other aspects of their lives. A good diet and adequate rest provides the fuel to study, retain information and maintain alertness both while studying and in the exam.

One of the most important ways parents can assist their children is to take an interest in their study and perhaps, where possible, participate in helping with learning information, testing vocabulary, listening to them recite important information. Encouragement can be very valuable particularly when your child is struggling to settle down to study.

Judith Weir
Deputy Principal- Leader of Learning
“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”
(Mt 7:7)

I would like to take this opportunity to welcome our new Year 7 students to the College, although a very daunting time for you all I have no doubt that you will settle in extremely well before too long. It is equally important to welcome our new staff and teachers to our College as well as it is often easy to forget that for them, this is a new community as well and it is very important that we make them feel welcome too.

Opening College Mass
Just a reminder that we will be celebrating our opening College Mass at St Patrick’s Cathedral on February 20th which is an opportunity to bring us all together as a community of faith, in the presence of God. I would like to extend a warm welcome to all parents and families to join us at the cathedral for mass at 10.30am. If you would like to attend please contact me so we can ensure adequate seating for all.

World Challenge 2014
As I mentioned many times last year Emmanuel College had 22 students and 2 staff participate in World Challenge in Cambodia. Over the next number of newsletters the students themselves will offer some reflections about their experience, I would like to formally welcome them back to the College and thank them all for representing the College so well. Twenty-eight days in another country is an outstanding effort particularly doing the wonderful work you all did. Congratulations.

2015 Immersions
We are once again very pleased to have our Social Justice Teams working very hard and really trying to make a difference. This year we will be running Friends of Alice working with Indigenous in Central Australia for Year 11 students. We will be hoping to take a group of students to participate in the Catholic Youth Festival in Adelaide this year and we have 14 students heading to Cambodia again at the end of the year to make a difference. If you think you would like to get involved in any of these activities please see Mrs Mills or Mr O’Malley.

Lord,
Help me find myself in the promise of your words, in the call of the needy, in the love of others. Above all, let me find myself in you, the first and the last, the foundation and summit, the beginning and end. May the Father, the Son and Holy Spirit be glorified in all places through the immaculate Virgin Mary.

Amen.

Chris O’Malley
Deputy Principal – Faith and Staff Development
Car-park access

A reminder that car-park access is not available for dropping off students, at the start and end of the school day, to ensure student pedestrian safety. Parents are requested to observe parking and traffic regulations during these times.

Stephen Lunardelli and Vince Crimi
Leaders - Campus Organisation

Early Dismissal for VCE Students 2015

As a consequence of the VCE curriculum structure, there are occasions when VCE students will be dismissed earlier than 3.10pm. Year 12 students and some Year 11s will have allocated study periods on their timetable and they will normally attend study hall in the designated area.

All students who have study hall in period 1 are required to be at homeroom and therefore will be present from 8.30am as normal. Any student, who has study hall during the last scheduled periods for the day, may be dismissed after signing out at Student Services.

There may be a Period 4 where no class has been assigned due to other College commitments, for example interschool sport. Generally, students are not expected to attend the College at these times, as outlined below. However, there will be occasions when students are required to remain at school for School Assessed Coursework (SACs) and therefore no permanent commitment to any other activity should be planned. VET students may also have classes to attend on these afternoons.

It is important that students use this time wisely. Students may use this time for research, either in the College or an alternative library. A number of studies will require that students carry out research into an aspect of the local community, it is assumed that this time will be used for such activities. Students with an approved absence from school, whilst an assessment task was being undertaken, may be asked to use this time to complete the task. Students are not to use this time for a part-time/casual job.

It is assumed that students not involved in the above activities will make their way home directly in order to start their homework or study.

**YEAR 12**

**SPC**

Wednesday (Weeks A & B) all Year 12 students are dismissed from classes at 1.05 pm (except for students undertaking Specialist Mathematics & Economics Units 3/4).

Friday (Week B only) all Year 12 students are dismissed from classes at 1.05 pm.

**NDC**

Wednesday (Weeks A & B) all Year 12 students are dismissed from classes at 1.05 pm (except for students undertaking Specialist Mathematics & Economics Units 3/4).

Friday (Week B only) all Year 12 students are dismissed from classes at 1.05 pm.

**PLEASE NOTE:** On some Wednesdays & Fridays, Year 12 students will undertake SAC work and be required to stay back.

**SCP only:** On Wednesdays, some Year 11 & 12 students will be involved in ACC and will be dismissed from classes at 12.25pm for away games and 1.05pm for home games.

Stephen Lunardelli and Vince Crimi
Leaders - Campus Organisation
School Immunisation Program 2015

In 2015 three major changes to the vaccine program will impact on parents of Emmanuel College students:

The local Council’s immunisation service may contact you about the secondary school vaccine program. Schools have been authorised to provide parent contact details to local councils for this purpose. Please contact Mr Crimi (NDC) or Mr Lunardelli (SPC) if you do not want your contact details given to the relevant local Council.

In 2015 only the vaccine that protects against diphtheria, tetanus and whooping cough will be offered to all students in Years 7, 8, 9 and 10. From 2016, this vaccine will be offered to Year 7 students only. This will provide earlier protection from these diseases.

The time-limited papillomavirus (HPV) vaccine program for Year 9 boys was completed in December 2014. HPV vaccine will continue to be offered to all students (both male and female) in Year 7 from 2015.

Please look out for the vaccine consent form coming home from the school with your child. You need to read, complete and return the form/s regardless of whether your child is being immunised at school.

To learn more about the changes, the diseases, the vaccines, or how you can prepare your child for vaccination go to http://immunehero.health.vic.gov.au

Stephen Lunardelli & Vince Crimi
Leaders - Campus Organisation

Emmanuel College Soccer Academy

The Emmanuel College Soccer Academy is an innovative program that provides students with the opportunity to improve their skills and game understanding in preparation for the ACC and SACCSS Soccer competitions. Training commences in week 3 and for the remainder of the term for students in Years 7-9 on the following days:

**NDC**
Monday afternoons 3:10pm-4.00pm  
Wednesday afternoons 3:10pm-4.00pm

**SPC**
Wednesday mornings 7.30am-8.25am  
Friday mornings 7.30am-8.25am

All sessions will be held on the artificial soccer pitch.
Please email your interest in this program to mpichner@ecmelb.catholic.edu with the following information **by midday Monday 16 February.**

- Student Name:
- Year Level:
- Homeroom:
- Indicate your preferred training session(s)
- Parent contact details: (mobile number)

For further information, please contact me on 0458 020 545 or email mpichner@ecmelb.catholic.edu

Michael Pichner  
Leader of Community Relations  
Soccer Academy Coordinator
Education Maintenance Allowance

From 1st January 2015, the government will provide extra financial support directly to Victoria’s neediest schools instead of providing the Education Maintenance Allowance directly to parents.

Parents will not be able to apply for the Education Maintenance Allowance in 2015.

The money will be allocated to eligible schools through schools’ core operational funding mechanism, with the neediest schools receiving the most funding.

Not all schools will be receiving funding in 2015.

This change to how the money is distributed was required by the funding agreement with Commonwealth Government to make sure Victorian schools receive increased funding that will benefit all students and, in particular, those from schools with concentrated disadvantage.

School Fees

There are a number of different options available for payment of the school fees. We would encourage families to complete and return the direct debit forms immediately if they wish to enter into a payment arrangement as payments commence this week.

We also offer early settlement discount should you wish to pay the fees in full. If paid by 27 February 2015 there is a $200 discount. If paid by 31 March 2015 there is a $100 discount.

Please also note that payments for the charter buses are due in full by today, Friday 13 February 2015.

News from Careers

There is a new Careers team at Emmanuel College in 2015, Amanda Silipo (SPC) and Sol DiMaggio (NDC). Careers is a very busy department working with students throughout the year with resume and job help, subject selection, pathways options and general career advice. We have a few key areas of focus for 2015 which include Year 10 Work Experience and Year 12 Pathways Planning.

Ms Silipo and Mr DiMaggio will be speaking with and assisting all Year 10s in the upcoming weeks to get the ball rolling with Work Experience. Students need to secure one 10 day placement or two 5 day placements for the last 2 weeks of term 2 (June 15-26). This needs to be done ASAP. Students can contact employers via phone or in person to set up their placement.

Year 12 Pathways meetings have begun and all Year 12s will need to sign up (if they haven’t already) for an appointment. This meeting is to start the process of looking up courses and getting ideas of what to do after they finish school. We will look at how to apply for universities and TAFEs and how to prepare best for life after school. Each student needs to attend a meeting and if a follow up meeting is required we can book it for after school.

There will also be a second, more in depth, meeting in Term 3 to finalise VTAC applications and make sure all students are ready for the end of the year.

If you would like to get in contact with either of us please call 8325 5100 or email:-

SPC- Amanda Silipo asilipo@ecmelb.catholic.edu.au
NDC- Sol DiMaggio sdimaggio@ecmelb.catholic.edu.au
News from the Pastoral Team

We would like to extend a warm welcome to the community of Emmanuel College as you journey with us in what promises to be both a busy and a rewarding year as your son or daughter continues their studies at the College.

The start of any school year is both an exciting and a nervous time and this is definitely true for the Year 7s. This group of students is faced with the task of learning everything over again. They have a new school, new subjects, new books, new teachers and new friends. Not so long ago, they were the seniors of their school.

Year 7 students of 2015 can expect several windows of opportunities to open for them at the College. New teachers, friends and subjects will provide an exciting new chapter in their schooling. We hope that 2015 will be a very successful and exciting year for you and your son or daughter.

The Year 12s have returned from the holiday break refreshed and ready to go, determined to achieve their best. They have made a great start to the year with most, if not all completing their holiday homework giving themselves every opportunity to reach their potential.

Hopefully students have reflected during the break on where they can improve in their learning (what changes that need to be made) what worked well and taking ownership of their education. We encourage all students to talk to their subject teachers about their progress and to look at strategies to overcome any challenges that they might have.

It is pleasing to see the majority of the students are wearing the College uniform well and proudly. It is the responsibility of students to make sure that they are well groomed at all times. Hairstyles and colour should reflect a moderate and neat image and should not be at odds with the look of the formal College uniform.

A reminder to all students that homework is an essential part of the academic program and serves to reinforce concepts taught in the classroom. The application of skills and revision of knowledge are essential for effective learning. I cannot stress the importance of using the student handbook to help maintain good study habits and organization. All homework should be entered into the student’s handbook.

Don’t forget to support your son and or daughter’s organizational skills by regularly checking and signing their handbook and discussing with him/her and/or their teachers, any matters of concern.

Nick Blassis & Leonie Rushbrook  
Pastoral Leaders NDC

Mark Turner  
Pastoral Leader SPC

Sports News

2015 is already shaping up to be an exciting year. On Tuesday this week the Year 7 cohort travelled to Werribee Olympic Outdoor pool to participate in their swimming trials. My request for perfect weather was delivered and the spirit and enthusiasm of the Year 7s was infectious. With many students participating in several events, the outstanding team on the day was Winters, with great individual performances from Sean Gatt and Jemma Dalziel taking out first place in all five races they entered.

The NDC Swimming Carnival has now been moved to term 4, however the SACCSS Swimming carnival is this term. So stay tuned for more information in the coming weeks.

Friday 27 February will be our Campus House Athletics Carnival at Newport. Permission forms will be sent home soon. Please ensure that your medical forms are completed thoroughly and returned to school as soon as possible.

NDC’s first Premier League teams will be going out on Thursday 19 February. This term it’s the Year 10s. Students are reminded to bring their lunch on these days and especially a drink bottle. Hot weather policies will come into effect should playing conditions get too hot. The first round will see us meet Mackillop and it’s a home game so venues will be close to home and parents are always welcome to come and support the teams.

Basketball, Volleyball and Tennis Senior teams are already training for the Senior Sports Day on the 11 March. This is the only day that these sports will participate in for the year. Both Year 11 and 12 students will make up the final teams. Venues have changed slightly due to the Grand Prix and the teams will be going to the following locations:

- Basketball – Craigieburn
- Volleyball – State Hockey/Netball Centre
- Tennis – Melbourne Park

Lastly, but my no means least. On Monday 23 February our Senior and Junior Golf teams will hit the Werribee and Tullamarine Golf Courses. We wish them luck in their pursuit to go back to back senior champions.

Should you have questions about these programs or up and coming events, please don’t hesitate to get in touch with the sports department. Here’s to a successful sporting year.

Kylene Simmons  
Leader of Sport NDC
Winters House Report

It’s been a great start to the year. Coming off our House Championship year we had a lot to celebrate at the opening house assembly and with the student leaders setting their sights firmly on going back to back we should have a lot to look forward to this year.

Starting off the year on an active and participatory note we are commencing our first house competition in week 2 – which will be a dodgeball competition. This year due to having an extra homeroom, which now takes us to 9, we will have an initial round which involves three homerooms taking on a rival three homerooms before the top 3 play off for first second and third. This should keep us ducking and weaving for a good proportion of Term 1.

The direction for the house this year will be ‘Sweep the Sheds’, which will also be the direction of our Winters SPC team. Sweep the Sheds is a concept taken from the New Zealand ‘All Blacks’ rugby team which helped drive them from a good rugby team to a great world cup winning team. The idea is that great champions must remain humble and set their sights and doing the little things right if they are to do the big things right. In our case as a House Team it is not good enough to focus on just winning championships but on doing the little things right like showing up and being an on time and engaged member of homeroom, house competitions, swimming sports and athletic sports, representing our homeroom, house and school well through wearing our uniform well so as we can start the day with a positive and go through the day feeling proud to be a member of the community.

As individual students doing the little things could be completing extra study, not just getting assignments done, going the extra step when working on an assignment to ensure it is the best it can be. It could also be looking after our school environment, and like the All Blacks who would literally sweep the change rooms after practice, ensure that they leave their environment as good if not better than they found it.

While we finished the year as champions in 2014 I expect that this year our team and our students are even better. Whether we win or not I hope to see all Winters students doing their best to fulfil their own ambitions as well as giving their best to the team.

Andrew Damon
Winters House Leader NDC

Happy New Year everyone and welcome back to school! A special welcome to our new year 7s and their parents. The boys are making the transition and seem very impressive! The corridors of Winters House are positively buzzing with good feeling at this early stage of the year. All students seem to have returned in good spirits and with a positive attitude towards their education. I’ve been particularly impressed with the Year 12s, who appear to be committed to achieving personal success at the end of this year.

For Winters, 2015 is a massive year as we set about trying to climb off the bottom of the ladder in relation to the athletics and swimming carnival. We also are aiming to maintain our excellent academic performances this year, with dozens of Winters boys making last year’s principal’s list for academic excellence, which was announced at this week’s assembly. Congratulations to those boys.

This year, Winters House has adopted a new mantra: “Sweep The Sheds”. This has been borrowed from the world’s most successful sports team – the New Zealand All Blacks. This team has a winning percentage of 86% over the last 100 years. In addition, after losing seven straight games at the start of the 2014 AFL season, the Richmond Football Club adopted the same ideology and won the next twelve games! Sweep The Sheds refers to paying attention to the details. If we can’t do the small things, we will never be able to do the big things. It is about getting into a routine so that everything else takes care of itself over the course of the year. If students can be punctual, complete their homework, wear the uniform correctly and clean up after themselves, they will improve academically and as people and the school will improve as a whole.

Congratulations to the following students, who have been named our student leaders for 2015:
Dylan Appleby (Captain), Kai-Quang Zhao (Vice- Captain), Rohan Parmar (Sports Captain), Simon Bugeja, John Ricca, Jake Rossi, Thomas Myyrylainen, Filip Bjelosevic, Hayden Parsons, Nathan Bonensegni, Zachary Rossi. Year 7 leadership will be decided in the next couple of weeks. I encourage all students to apply.

I’m looking forward to a successful 2015!

Patrick Prendergast
Winters House Leader SPC
McCoy Homeroom Report

2015 has started off well in McCoy House with a new group of Year 7 students settling into our community well. We say goodbye to the Year 7s this week as they head off for Portsea Camp, which is a great experience for them to not only have fun but also make new friends. We wish them all the best on these exciting few days and hope to hear all about it when they return.

Elliot Homeroom has been quite social with everyone getting to know each other. We have a new homeroom teacher, Mr Babb, and a few new students joining us so it is important we are all getting to know one another. Everyone seems to have settled in really well and the first week has run smoothly.

McCoy’s motto this year is “Working as One”, which means we will try and work together through teamwork and cooperation to achieve our personal best. One way to work together is by supporting the homeroom in the morning (helping others to be organised, assisting Year 7s with their new timetables) as well as representing your homeroom in the House Soccer Competition. Students who go above and beyond in helping others will be rewarded with a Student of the Week award.

Elliot Homeroom SPC

The start to the year has been a relatively smooth transition, with a large new group of Year 7s moving into the College and our senior students moving up completing their VCE. All homerooms in McCoy had begun the school year with some ‘Get to know’ each other games, helping one another to come out of their comfort zone and reach out to others who are going through exactly the same situation that they seem to find themselves in. Homerooms had created games such as using a deck of cards, picking one card and finding someone else similar to your card, and answering the question labelled on the back. Other activities also included speaking to the partner next to you for a short amount of time, gathering as much information as you can about that person and recalling your findings to the rest of the class. Lastly birthdays of each member of the homeroom had been placed onto poster paper to later be displayed on the walls, along with all the facts we found out about one another. In the end students have settled into their classes and have successfully passed through the transition period, moving themselves onto the harder part of the year that is yet to come.

Melissa Naumovska NDC

School Captains Report

My name is Dean Kotsianis and I am the Emmanuel College (SPC) School Captain for 2015. I am honoured to be in this role and hope my sixth year at the College will be one where I can lead the students to a memorable and successful year.

I would like to extend a warm welcome to all students, staff and parents of St. Paul’s Campus to the 2015 school year. Hopefully, the break was one of many lasting experiences, memories and new friendships. We hope that all students have returned to school more energized and enthusiastic than when they left, ready to immerse themselves into our united Emmanuel community. There are lessons to be learned this year whether you are in Year 7, still unsure of your place at St. Paul’s Campus, or in Year 12, supposedly knowing all there is to know.

This year we are all challenged in our classes, houses and as a College, to weather the storms of the year and make it to next summer together. Understandably there will be days where we have to hold up another student, and together carry them over the line. There will be days where they too will carry us in return. We will get across the line together. Occasionally, we will encounter setbacks, be unhappy, and face adversity. But there will always be support. Everyone who is a part of our community will be there for us. We can and will manage our health, happiness, and successes together.

At St Paul’s Campus, we are stronger if we are together. On the oval, the stage and in the examination room, our efforts together will fuel individual achievement. We make ourselves who we are, and we make this College the place it is. If we improve alone we take the hardest path. Let us walk together and really live “Life to the Full”.

Dean Kotsianis SPC

Another school year is now under way, and a big warm welcome back goes out to the entire Emmanuel College cohort. We especially welcome the new Year 7s, new students and teachers to Emmanuel College and wish them all the best for their coming year. This does not have to be “just another year”. Let 2015 be a new year to move on from the mistakes of last year and to take the opportunities this year brings with both hands. To make new friendships and strengthen old ones; to be the best version of yourself yet. We wish the best of luck to all the students representing the school this year, from the debating team to the cross county squad, we hope they will carry forward the values of Emmanuel College with them and be rewarded for their efforts. We anticipate a great year in the arts department, with the show case and musical open to all who wish to contribute their talents to the College’s already outstanding repertoire. Make this year about striving for greatness in everything you attempt, be it academia, sporting and recreation, or relationships with friends and family. Make it your goal to keep going. As Eric Thomas said “When you want to succeed as bad as you want to breathe, then you will be successful”, and success can be whatever you want it to be, so long as it fulfills a purpose within you.

Joel Dyt and Erin Dick NDC
Number Sense

In 2015 all Year 7 students will undertake a six week course in Number Sense. Research has shown that although some students can demonstrate skills they do not always understand the concepts involved. An example is that students can calculate $29 + 0.9$ as a taught skill but when asked the following question they have difficulty.

Without calculating the exact answer, circle the best estimate for: $29 + 0.8$
A  less than 29  
B  equal to 29  
C  greater than 29  
D  impossible to tell without calculating

Students do not have a sense of what the understanding of numbers and mathematical operations actually involves. In summary we are teaching students to answer skills questions but not to become Mathematicians. The Number Sense program has been created to begin to face this dilemma. It allows students to return to concrete material to understand concepts, look at alternate strategies and be able to verbalise their processes.

The Number Sense program has a twin learning focus upon both students and teachers. It seeks to improve student mathematical outcomes while building capacity within the teachers to support this improvement through professional development. It is based on a similar program developed in NSW and is influenced by current research on improving student success in Maths, including the work of Jo Boaler.

Jo is Professor of Mathematics Education at the Stanford Graduate School of Education and has a strong commitment to helping teacher and students achieve success in mathematics education. Parents who wish to learn more about how they can assist their child in their Maths learning are invited to visit Jo’s website: http://joboaler.com/

The steps in the Number Sense program that parents will observe include a pre-test to ascertain the students understanding in the areas of Place Value, Addition and Subtraction, Multiplication and Division and the four operations together. Students will then complete Number Sense booklets in conjunction with ‘hands on’ learning experiences, games and cooperative learning activities in the classroom. Teachers can still choose to use Hotmaths to consolidate concepts at home. At the end of the six weeks students will be post tested and will be informed of their growth over this time.

Adaptations of this program have been used successfully in many schools and it is predicted that the same success will occur at Emmanuel College. Parents are most welcome to contact me if they wish to discuss the program further.

Leanne Wilson
Leader of Learning - Mathematics
The National Youth Science Forum (NYSF)

It should be noted that I’ve been sitting here for quite some time trying to decide what I should include in this account because there is just too much to say about the NYSF. It was two weeks that I’ll always remember and I would recommend to everyone. I had so many unique and amazing experiences there that I doubt I’ll be able to mention even a fraction of them.

Burgmann College at the Australian National University (ANU) was a great place to stay, the rooms were fantastic for a College experience and I thoroughly enjoyed it. The program was so far above and beyond what I expected, I couldn’t possibly have imagined. I still have my program guide just to show people that everything we did actually happened in the span of twelve days. The lectures and lab visits were highly engaging and creative. Despite being a chemistry group, only one third of the lab visits we attended were chemistry based. This wasn’t a major problem for me because I enjoy biology and physics.

The NYSF was run by “staffies” as we called them. They were university students who had attended the NYSF in the past and they were constantly enthusiastic as well as incredibly friendly. Thanks to the staffies and their advice, I’m so much more confident in my career choices and university plans. I currently plan to take a gap year, apply for a biomed course at the ANU and potentially move overseas upon completing my undergraduate degree.

The social events during the forum, formal and informal, were fantastic. There were a few formal events with prestigious guest speakers including Australia’s chief scientist, heads of departments at various universities and brilliant people involved in science and engineering from all over Australia. At the informal events, everyone was able to break the normal boundary of their comfort zone and have fun without worrying about critical judgment from other students. I personally wore a coconut bra and grass skirt. Though this sounds like a rather embarrassing costume, it was a lot of fun to wear at the NYSF.

The concert, for me, was the highlight of the NYSF. I was selected to organize and run the event. There were so many talented acts and the ensemble I had organized, called the Avocadoes of the Caribbean, got up and performed. We opened the concert and the staffies did a song at the end that made me tear up. It was an emotional, hilarious and inspiring event. I recommend this experience to everyone and if you’re in Year 11 and interested in science, apply with your local rotary club now because you don’t want to let this opportunity pass you by.

**Thomas Benning**

**Science Experience**

On the summer holidays a few other students and I were given the opportunity to go to RMIT University for three days. Over these three days we had lectures, classes and excursions all about different areas of science.

On the first day we started off by signing in and going into our groups. We got to play some icebreaker games so that we could start to get to know each other. We then had a lecture and headed to the buses and went to the Bundoora Campus. Here we were able to learn about haematology, nursing, biomedical science as well as medical radiations that were very interesting. We then went back to the city campus where we were dismissed for the day.

On the second day we started with another lecture talking about drugs in sport. Our group then went on the buses down to the Synchrotron. For those who don’t know what the Synchrotron is it is a large machine (about the size of a football field) that accelerates electrons to almost the speed of light. As the electrons are deflected through magnetic fields they create extremely bright light. They use it for all sorts of things from recovering old photos to being able to take an x-ray. We then went back to the city campus where we learnt about forensic chemistry, physics, food science and geospatial science.

On the third day our group got to travel to the Victoria Space Science Education Centre in Strathmore. There we learnt about stars and their constellations and the different types of stars. We then did a bunch of tests that astronauts have to do before they go out into space. And lastly we were actually able to go onto a replica of mars. We had to put on space suits and then we went into a dome room. It was filled with rocks and tools. We were able to chisel down the rock and then mix it with different chemicals to see their reactions one was a test to see if it had fossils in it. We then went back to the city campus and had a science show from our group leaders and then we had a trivia at the end.

It was a really amazing opportunity and I had a lot of fun. It opened my eyes about jobs and careers that are in science. So if you really do like science and you don’t yet know what you want to do I would totally recommend taking any opportunity like this and not only do you learn about science but you also get to meet some really nice people.

**Emma Palatsides**

Over the holidays, I participated in the RMIT Science Experience. For three days we were involved in a variety of science activities at both the city and Bundoora campus. We also visited places like the Australian Synchrotron and VSSEC. We also had a few guest speakers talk to us like Rob Quantock (the old Captain Snooze guy), lecturers and students currently at RMIT. Some of the things we did included hematology (the study of blood) where we used a real blood sample to find out the blood type of the sample, geospatial science, nuclear medicine and food science where we got to try liquid nitrogen ice cream (which I recommend everyone tries once in their lives). Overall it was a great experience and I met new people from all over Victoria. We all made heaps of memories including my amazing gorilla run down the lecture theatre to win our group one extra point to win the trivia. I recommend that anyone thinking of doing it should because it was an experience I will never forget.

**Joshua Muscat**


**Latasha Slocombe, Leader of Learning - Science**
Principals List

Celebrating outstanding effort, persistence and academic achievement.
Semester Two 2014

To further support learning at the College and to recognise outstanding effort, persistence and academic achievement the Principal’s List was established. The Principal’s List is based on a student’s combined Semester results reported across all Key Learning Areas.

Students in Years 7 – 11 who have shown an outstanding level of effort, persistence and academic achievement, have earned a place on the Principals List. The Principal’s List will be on display at the College. The list is updated each Semester according to students’ reported effort, persistence and academic performance.

Congratulations to the following students on the Principal’s List for Semester Two 2014 who were presented with a Certificate of Merit at the College Assembly Tuesday 10th and Thursday 12th February:

St Paul’s Campus

<table>
<thead>
<tr>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 9</th>
<th>Year 10</th>
<th>Year 11</th>
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<tbody>
<tr>
<td>Nicholas Bervanakis</td>
<td>Filip Bjelosevic</td>
<td>Bill Burns</td>
<td>Alexander Bouris</td>
<td>Mohanad Abbas</td>
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<td>Nathan Boninsegni</td>
<td>James Bosnar</td>
<td>Adam Gualano</td>
<td>Jaii Bunting</td>
<td>John Franco</td>
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<td>Stanson D’Souza</td>
<td>Marshall Cahill</td>
<td>Anthony Khalil</td>
<td>Ryan Collins</td>
<td>Daniel Hindmarch</td>
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<tr>
<td>Andrew Milich</td>
<td>Andy Dinh</td>
<td>Hung Lam</td>
<td>Timothy Dinh</td>
<td>Constantin Kotsianis</td>
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<td>Joseph Rigazzi</td>
<td>Jamie Formosa</td>
<td>Dilan Lemanis-Tuncay</td>
<td>Mateo Glavan</td>
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<td>Warren Rozario</td>
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<td>Kelvin Phung</td>
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<td>Hugh Tran</td>
<td>Truong Tran</td>
<td>Liam Murray</td>
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<td>Andrew Tsakalofas</td>
<td>Thien Nguyen</td>
<td>Benjamin Singleton</td>
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<td>Jarrry Oddy</td>
<td>David Suric</td>
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<td>Christopher Phan</td>
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<td>Patrick Rivera</td>
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<td>Joshua Tabone</td>
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<td>Eddie Tieu</td>
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<td>Duy Tran</td>
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## Principals List cont’d

Notre Dame Campus:

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<tr>
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<tr>
<td>Daniel Adinugroho</td>
<td>Molly Amourous</td>
<td>Gale Aranha</td>
<td>Nadya Ang</td>
<td>Alyssa Adornato</td>
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<td>Sarah Agius</td>
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<td>Lachlan Anderson</td>
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<td>Frendy Morgese</td>
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<td>Althea Angeles</td>
<td>Ashleigh Brooker</td>
<td>Jessica Carabott</td>
<td>Jade Fellows</td>
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<td>Katelyn Baber</td>
<td>Eleni Dardagan</td>
<td>Gerome Cavallida</td>
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<td>Georgia Banks</td>
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<td>Maria Cayay</td>
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<td>Louise De Lima</td>
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<td>Miguel Escobar</td>
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<td>Reynard Widjaja</td>
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### Year 7 cont’d

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<th>Year 8</th>
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<th>Year 11</th>
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In February 1965, with the school buildings still under construction, Melbourne’s first Catholic regional college - St Paul’s College - opened its doors to the first intake of 162 Form 1 students.

Unfortunately the students had to go back home and return a week later as there were still no desks available.

In February 2008 a new era began as St Paul’s College became Emmanuel College, and 145 girls and boys commenced Year 7 classes at the new Notre Dame Campus in Point Cook.
## Calendar Term 1  Weeks 3A & 4B

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tbody>
<tr>
<td>16th February</td>
<td>SPC Year 8 Medieval Day (Hums)</td>
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<td>NDC Year 10 HPE (Life Saving) Excursion Group 1</td>
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<tr>
<td>17th February</td>
<td>SPC Year 12 Psychology—Epworth Sleep Lab Incursion 9am-10.30am</td>
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<tr>
<td></td>
<td>NDC Year 10 HPE (Life Saving) Excursion Group 2</td>
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<tr>
<td>18th February</td>
<td>ASH WEDNESDAY</td>
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<td>SPC ACC Senior Cricket WFD v EMM</td>
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<td></td>
<td>SPC ACC Senior Tennis EMM v SBE</td>
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<td></td>
<td>ACC Senior Volleyball EMM v MAZ</td>
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<tr>
<td></td>
<td>NDC Year 12 Psychology Epworth Sleep Lab Incursion 1.40pm-3.10pm</td>
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<td></td>
<td>NDC Senior Cricket Caroline Chisholm v EMC</td>
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<tr>
<td>19th February</td>
<td>Year 12 Chemistry @ Melbourne University 1pm-4pm</td>
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<td></td>
<td>SPC Year 10 HPE (Life Saving) Excursion</td>
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<tr>
<td></td>
<td>NDC Year 10 Premier League Rd 1 EMM v MACK (team photograph day)</td>
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<tr>
<td>20th February</td>
<td>Opening School Eucharist @ St Patricks Cathedral</td>
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<td></td>
<td>Year 9s PBL Project Day (Year 9s remain in city after Eucharist)</td>
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<td>SPC ACC Swimming Carnival @ MSAC 7pm-10pm</td>
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<tr>
<td>23rd February</td>
<td>NDC SACCSS Golf</td>
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<td>24th February</td>
<td>NDC Year 12 retreat</td>
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<td>25th February</td>
<td>NDC Year 12 retreat</td>
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<td>SPC ACC Senior Cricket EMM v SBE</td>
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<td>SPC ACC Senior Tennis &amp; Volleyball DLS v EMM</td>
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<td>26th February</td>
<td>SPC Year 12 retreat</td>
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<td>NDC Year 10 Premier League Rd 2 EMM v CCCC</td>
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<tr>
<td>27th February</td>
<td>SPC Year 12 retreat</td>
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<td>NDC House Athletics Carnival</td>
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Community Notices

The Laverton Community Hub
95 - 105 Railway Avenue, Laverton

A 5 week group education program presented by Joseph’s Corner

Who is this program for? - Any person who is interested in learning to live resiliently in the present

What will the program cost? - The program fee is $50.00

If this fee is unaffordable we are happy to discuss other options with you.

Enquiries and Enrolments
Enrolment is necessary before attending.
Please contact Joseph’s Corner:
• T 9315 2680
• E contact@josephscorner.org.au

WYNDHAM YOUTH TALENT COMPETITION

W Factor is a talent competition for young people aged 12-25 who live, work or study in the area of Wyndham. Participants have 5 minutes to showcase their talent in front of a panel of judges. The categories include:

- Music Group
- Music Solo
- Dance Group
- Dance Solo
- Other (for example: acting, comedy, magician, cup stacking, circus tricks... anything!)

Participants can perform at one of two heats (March 13 or 21) with the top 20 overall going on to compete at the Grand Final at the Wyndham Cultural Centre, Sunday 29 March.

Application can be completed online or downloaded at http://youth.wyndham.vic.gov.au

Applications close March 6, 2015.

Altona City Soccer Club

ARE YOU FEMALE? AGED BETWEEN 13 AND 16? AND INTERESTED IN PLAYING SOCCER FOR A SUCCESSFUL GIRLS TEAM? THEN WE WANT YOU!!!!

For more information
CONTACT Mark Daynard 0400 323 095

Laverton Community Integrated Services Inc.

are running a number of interesting and informative classes. Please go onto the website to get more information

Add: 95-105 Railway Ave, Laverton VIC 3030
Phone: (03) 8368-0177
Fax: (03) 8368-0178
Email: community@lcis.org.au
Web: www.lcis.org.au
Student Support Team [Counselling Services]

The Student Support Team continues to offer a number of services for young people at the College. In partnership with Catholicare, our team includes: Sarah van Ree (Psychologist) Carmel [Mel] Kelleher [Psychologist], John Kalka (Youth Worker), Melissa Rintoull (intern psychologist) and Dominic Hosemans (intern psychologist). The College has been successful in receiving funding for 2015/2016 under the National School Chaplaincy Program (NSCP) and Ms Jennifer Webster will work with Counselling and Support Team, and have oversight of delivery of services, with a focus on enhancing the connectedness and resilience of all members of the college community.

The location and days of attendance for each team member is shown below:

Sarah van Ree Mon-Wed @ SPC and Thu-Fri @ NDC
Carmel [Mel] Kelleher Mon-Thur @ NDC
Melissa Rintoull Mon and Thu @ NDC
Dominic Hosemans Thu-Fri @ SPC
John Kalka Mon-Tue, Wed A @ NDC and Wed B, Thu-Fri @ SPC

Please note that Room 18 at SPC will also be available as a drop-in centre at recess and lunch times on Tuesdays, Thursdays & Fridays. Students will be notified of any other times through student notices.

Students under 16 years of age wishing to access this service would generally require written permission from parents. To facilitate student self-referral, this notice is to remind you of this service available to students and request that those who DO NOT wish for your child to access these services without your written permission to complete an OPT-OUT form. Please contact the College if you wish to receive a form. If you have previously completed an opt-out form, you are asked to fill out a new form this year.
“Persistence and patience have a magical effect before which difficulties disappear and obstacles vanish.” John Quincy Adams

The ability to persist at a task and see it through to the end is one of the most important success attributes that you can develop in a child.

There are numerous times every day when children must persist rather than give in. A young child learning to tie shoelaces must persist. A primary aged student must show determination to finish tasks and a secondary student needs to work through difficulties, particularly those he doesn’t understand or complete right away.

They need to be able to persist when work gets hard or life gets tough. They need the ‘stickability’ to work through difficulties and hang in there when things don’t go their way.

Some children are more naturally predisposed to persist than others. They have a determined, even competitive streak in their temperament that doesn’t allow them to give in. These children and young people can drive themselves very hard to succeed.

The results of the Australian Temperament Project show that persistence is the one temperamental factor that can be improved over time. Parents and teachers can develop persistence in children and also impede its development by making life too easy for children so that they don’t have opportunities to persist or hang in there.

Parents can promote persistence by encouraging their children to keep going and not give in at the slightest hurdle or difficulty.

Parents can be a sounding board for children’s gripes but they should show confidence in their ability to cope and get through their difficulties. “You can do it” is far more powerful in terms of promoting an attitude of persistence than “If it is a little too hard then try something else.”

Let children know that there is a correlation between effort and success. In fact, they need to learn that by GIVING EFFORT they will more than likely experience more success. The ability to persist in the face of difficulties maybe an old-fashioned quality but it is one of the best success attributes that children will ever develop.

Here are four practical strategies you can use to promote a sense of persistence in your children:

1. **Develop a vocabulary for persistence**
   Words like “Hang tough”, “Work Hard” and “Hang in there” can become part of their everyday vocabulary.

2. **Point out to children when they stick at a task**
   Most parents know it pays off when they catch their children being good but it also pays off to catch them being persistent. The behaviours you focus on as parents expand so let them know when they have been persistent. Also remind them that persistence generally pays off.

3. **Help children to remember times when they experienced success**
   Help them to remember times when they experienced success by HANGING IN when they were younger. Let them know that persistence has paid off before and it will again.

4. **Talk about HARD WORK with your children**
   They need to understand that to be successful they need to do things that are NOT fun or easy. While it would be good if all work and learning was fun, in reality, this is not always the case.
Follow @CFAUpdates on Twitter
Go to Facebook.com/ECFA
Download the FireReady app
Visit www.emergency.vic.gov.au
Listen to local radio
Stay aware of your surroundings
Telephone for a warning
In an emergency, do not rely just on your telephone

Example Text Alert
EMERGENCY ALERT - BE WARNED. BE INFORMED.

For more information about the system, visit
www.emergency.vic.gov.au

In 30 languages and watch the video (in English).

Victorian emergency warnings come from the official number:
+61 444 444 444

The warning message will tell you:
- Which emergency service sent the message: eg CFA
- Which emergency event occurred
- What you should do if safe
- Where it is
- What you can get more information

The service is free and you do not need to register.

The area of mobile coverage may receive a text with
"Emergency," and/or receive a recorded voice message that begins
"EMERGENCY ALERT - BE WARNED. BE INFORMED.

For more information about the system, visit
www.emergency.vic.gov.au

When you are travelling with your mobile near an
emergency
When your home or school is near an emergency

Check local radio or
Park should leave now

If they receive a warning message on the home
system, talk to your child about the Emergency Alert.

Visit www.emergency.vic.gov.au

Your mobile phone that is switched on and in an
area of mobile coverage may receive a text
with "Emergency," and/or receive a recorded voice message that begins
"EMERGENCY ALERT - BE WARNED. BE INFORMED.

For more information about the system, visit
www.emergency.vic.gov.au

Stay aware of your surroundings
Telephone for a warning