Dear Parents and Friends

I am most appreciative of the work of College leaders, staff and students during my leave which provided so many enriching and enjoyable opportunities to share with my family.

The Emmanuel community was saddened to hear of the recent death of Elliot Willetts, beloved son of Malcolm Willetts who is a long-serving member of both the teaching team and College Board. Requiem Mass for Elliot was concelebrated by Fathers Ian Ranson, John Healy and Greg Trythall at Queen of Peace. Malcolm is very appreciative of the condolences and support he has received from the College community and he and his family remain in our prayers and thoughts.

Students met with their teacher advisor today to discuss the keys to success over this term, and subject selections for next year, in light of their midyear reports. Congratulations to students who have commenced their Term 3 studies in a dedicated and organised manner – a great start to generating the sustained hard work needed to achieve excellence this semester: the best definition of ability is ‘applied effort’!

A reminder that parent-teacher interviews will be held next Wednesday and Thursday, 12 and 13 August, with no classes being held on the Thursday. Success coordinator, Janine Enright, will be approaching parents at St Paul’s Campus during interview sessions on the Wednesday to gain feedback on what they like about the College and areas for improvement. Janine followed a similar process at Notre Dame Campus last year. Alternatively parents from either campus are most welcome to email feedback regarding these questions to jenright@ecmelb.catholic.edu.au

Classes at Notre Dame Campus will conclude at 230pm on Wednesday 19 August to allow staff to join their St Paul’s Campus colleagues at a meeting to consider the College review report.

Yesterday evening the Annual Showcase was staged by students in our Performing Arts programs. Congratulations to our singers, musicians, actors and dancers on a great evening which was a true showcase of the extraordinary standard they have achieved through effort and perseverance over many years.

Last week staff joined colleagues from our sister school, John Paul College, at the faith development day led by Richard Gaillardetz, Professor of Theology at Boston College, with the theme ‘Towards a Spirituality of Compassion’. One dimension considered by Richard was the challenge to forgive when wronged, to break the cycle of revenge and retaliation – may we respond to this challenge, with God’s help, in our lives.

Christopher Stock
Principal

CareMonkey

Thank you to all the families who have activated their CareMonkey profile, and for all the positive feedback received to date. There are still a small number of families who have still not activated or shared their profile. It is important that this happens as soon as possible. A further information sheet is attached to this newsletter. Please note that Care Monkey accounts should only be created using the link provided by the College. Please do not create an account directly via CareMonkey as it will not be linked to Emmanuel College. If you have not been receiving any emails about CareMonkey, or you are having difficulties with your account, please contact Sarah Dinan on 8325 5114 for assistance.

One of the great benefits in this process has allowed us to ensure that all contact details are up to date and will be maintained into the future.

Jennifer Webster
St Paul’s Campus Leader
The end of week four already; where does the time go? When we look back on the past two weeks and reflect on all that has occurred at Emmanuel College, it’s evident that it is a very busy place.

The VCE and Year 9 and 10, 2016 Information Nights were well attended. Although we are looking ahead for next year with the subject selection process, students still have a lot of work to be done this semester. It is important that the students continue to work to their personal best, and keep developing good organisational and study skills. Just a reminder, subject selections for 2016 are to be completed on-line and are due on Tuesday 11th August.

A reminder that the uniform policy requires that all students are well groomed at all times. Male students are reminded that they are required to be clean shaven at all times. Please ensure that shirts are the correct size so that collars are not too tight when buttons are done up. Hairstyles and colour should reflect a moderate and neat image and should not be at odds with the look of the formal College uniform. Some examples of excessive styles would be dreadlocks, shaved or severe undercuts or lines. If clippers are used, do not go below number three. Similarly, hair colour should be natural looking. Dramatic two-tone colours are not acceptable. Long hair should always be clean, well groomed and tied back. Fringes need to be tied or pinned away from the face. Long nails and nail polish are not permitted. All students are required to have their ties and top buttons done up at all times. Girls need to ensure that their kilts are worn at a length that is no shorter than just above the knee. Please do not shorten them as they are designed to be worn at this length. Girls have been requested not to “hitch” up their kilts with the intention to shorten them. The kilts are a very costly item to purchase and generally a student who purchases a correctly sized kilt should be able to complete their secondary years with the one kilt. If you make alterations to the kilt then you may find that you will have to purchase this item more regularly. We wish to emphasise the importance of students wearing their uniform correctly and with pride. Girls who choose to wear navy slacks are reminded that they should be wearing navy/black socks. The manner that a student presents themselves in public reflects on us and greatly influences the community’s attitude towards Emmanuel College.

If you are dropping off your son or daughter in the mornings, please ensure that they arrive prior to 8:25am. Often parents forget that students need to go to their lockers to unpack their bags and collect their books for periods one and two prior to Homeroom. It is very disruptive to have students arrive after the commencement of Homeroom and students miss out on important information that is distributed during this time.

A reminder that Parent Teacher Interviews are being held on Wednesday 12th and Thursday 13th August. Please note the early dismissal times on Wednesday 12th August: NDC students @ 2.30pm and SPC students at 2.45pm. Thursday 13th August is a student free day.

Please mark in your calendar the upcoming Parent Forum on Wednesday 9th September with the Butterfly Foundation presenting. They will be giving us valuable insights into body imaging issues for boys and girls and the psychology behind eating disorders. This session will be held at NDC at 7:00pm. Further information will be distributed closer to the date.

A reminder to parents to please complete their profile on CareMonkey, as in Term 4 all excursion/incursion information will be through this process. Please see more details elsewhere in the newsletter.

This week’s article from Michael Grose is about raising a critical generation. The article is about how in a digitally literate world of ‘likes’ and social criticism looks at how parents can foster critical spirit in a constructive, healthy and balanced way. This is an interesting and informative read and we would encourage parents to take time and read the article.

David Barr
Campus Leader - Notre Dame

Jennifer Webster
Campus Leader - St Paul’s
News from Leader of Faith Development

Year 11 Seminar Day
On Friday 31st July, our Year 11 students from both campuses came together at the Laverton Community Hub to participate in their seminar day. With the theme of Social Justice, our students heard Andrew Kitchen share his wonderful experiences of being a youth worker for over ten years, his fostering of a young refugee girl, and his being an ambassador for World Vision. Andrew, a singer songwriter, entertained our students with wonderful music and story telling to allow our students to look beyond themselves and challenge them to make a difference in the world. Thank you to all our students on your wonderful engagement in the day and our staff for your continued support.

Staff Spirituality Day
Last Wednesday our entire staff of Emmanuel College joined with the staff of John Paul College to be engaged with Dr Richard Gaillardetz, Joseph Professor of Catholic Systematic Theology at Boston College and the director of graduate studies. The day proved to be a wonderful day covering the topic “Towards a Spirituality of Compassion - Mystery of Suffering and Evil.” Throughout the day we looked at the difficult topic of evil that exists within our world and how we as a community deal with this. Dr Gaillardetz also took us through a variety of ways that the Christian community can deal with suffering and how to tackle this from a Christian perspective. Held at the Catholic Leadership Centre, it proved to be a wonderful opportunity to join with our fellow Marianist College to be led by Dr Gaillardetz.

Marist Conference
On Monday 27th and 28th July, four members of our staff attended the Australian Marist Conference on the Johannine sources of Marist spirituality covering a variety of texts from John’s Gospel. Not only did this prove to be a wonderful opportunity for our staff to delve deeper into scripture, it was an opportunity to come together with colleges sharing a similar spirituality to our own. Thank you to those staff who attended the conference at the Catholic leadership centre.

A Prayer for Healing

At every moment of our existence you are present to us, God,
In gentle compassion. Help us to be present to one another
So that our presence may be a strength that heals the wounds of time
And gives hope that is for all persons,
Through Jesus our compassionate brother.
Amen

Chris O’Malley
Deputy Principal Faith and Staff Development
Subject Selection 2016

A letter including a one page Student Access Guide with instructions on how to complete student subject selection choices online has been mailed home (Wednesday 22nd July). All Students have a unique Student Access Code and Password.

If you did not receive this letter, please contact the College.

All students in Years 8 -11 in 2015 are required to submit their subject choices for Years 9 -12 2016 using our Web Portal link to the Parent Access Module (PAM) or directly via the Student Portal at www.selectmysubjects.com.au

Current Year 7 students will be asked to select their Language subject for 2016 later in the term.

All students should have accessed the 2016 Curriculum Handbook on the College Intranet – SIMON/Resources/Knowledge Banks. Parents have access through the Parent Access Module.

Parents are encouraged to sit down with their child and go through the Handbook in order to choose an appropriate course for next year.

Students must print out two copies of the Subject Selection Receipt, one to be kept as a personal record and one to be returned to their homeroom teacher, signed by both student and parent/guardian.

Homeroom teachers will review with your child their subject selections, but students are encouraged to also discuss their choices with the relevant subject teachers, Domain Leaders and Careers Advisors - Mr Di Maggio (Notre Dame Campus) & Ms Silipo (St Paul’s Campus).

Students will be asked to select reserve preferences. Every effort is made to place students in their choice of subjects, where this is not possible students will be given their reserve preference. Students who do not indicate reserve preferences and do not get into the subject of their choice will be allocated an alternate subject.

Please ensure when completing subject selection online that all instructions are followed right through to the end of the process, otherwise your subjects will not be submitted.

VCAL: Students who wish to undertake VCAL do not complete subject preferences online, they must see Mr Crimi (Notre Dame Campus) & Mr Lunardelli (St Paul’s Campus) urgently. VCAL is only available at the Notre Dame Campus.

A REMINDER - Subject selection receipts must be submitted to your child’s Homeroom Teacher by Tuesday 11th August. This deadline is extremely important in being able to plan for 2016.

If you have any queries about the above please contact Stephen Lunardelli at the St Pauls Campus, Vincent Crimi at the Notre Dame Campus on 83255100.
Chaminade House Report

Wow! Where has half the year gone? We are already in Week 4 in Term 3 and there is plenty happening to keep us all busy. The Chaminade boys have come back from the mid-year break with motivation, determination and commitment to improve and excel in all aspects of their life at Emmanuel College.

Term 3 house competition is kickball and is another chance for students to get involved in the house spirit and inter-homeroom rivalry. Congratulations to all Chaminade boys who made the Principal’s List for Academic Excellence in Semester 1. Keep up the hard work!

Finally, congratulations and thank you to all Year 7 students who are currently participating in the Jump Rope for Heart and raising money for the Heart Foundation. On 10th August all Year 7s will be participating in the “Jump Off” during Transition class. Also we wish the Year 12s luck in their final term and hope they maintain the motivation and focus to finish the year on a high note.

Good luck to all students as they embark on the Subject Selection process, and a reminder for all students to use the expertise of their homeroom teacher and subject teachers as they make difficult decisions about the subjects and pathways they are choosing for the future.

Rebecca Cooke
Chaminade House Leader SPC

This week marked the start of ‘Operation Pride’, emphasising the importance of taking pride in how students not only wear their uniform, but also in how they conduct themselves and represent the Emmanuel College community. As a House Leader, it gives me great pride to see so many Chaminade students not only wearing their uniform correctly, but also treating themselves and each other with unconditional respect and dignity. I encourage all students to continue their good work and to remember that the commitment and pride they take in their studies, extracurricular activities and how they represent the College does not go unnoticed.

In addition to this, it was an honour to read out the names of the 19 Chaminade students whose hard work and commitment to their studies was acknowledged by making the Principals List. It is a great achievement and they should be incredibly proud of their efforts.

Although it’s hard to believe, Term 3 is the last term that our homerooms will have all year levels in them. Our Year 12 cohort are busy preparing for their exams and now only have 6 weeks left of formal classes. They too should be incredibly proud of how they have conducted themselves so far this year. I encourage all of our Chaminade Year 12 students to not lose focus at this difficult time of the year, continually reflect upon their efforts, make new goals and to keep their eye on the finish line as the end is very near.

Kirra Spence
Chaminade House Leader NDC

McCoy Homeroom Report

Within Deakin homeroom there is a sense of inclusion. From the moment you enter the room you immediately feel that you are a part of the community. All the students are friendly, welcoming and easy to talk to. Everyone feels free to interact with each other no matter what year level they are in, and the students are always playing card games and other activities. Our homeroom teacher, Miss Warne, is very relatable and knowledgeable about where to find our curriculum information and talks to us about issues whether they are personal or educational.

Subject Selection for Years 8-11 opened on Wednesday 29th July and will conclude on the 11th August. A letter has been sent home regarding this. Please select your child’s subjects as quickly as possible to ensure they have a good chance of getting their preferred subjects.

Also cross country will commence on Thursday 6th August and will continue for a week. Year 8s cross country will take place on the 6th August, Year 7s will take place on 10th August, Year 9s will be on 14th August, Year 10s will be on 17th August, Year 12s will be on 18th August and the Year 11s will be on 20th August. Please encourage your child to take place in cross country to earn points for his and her house.

Cooper Lofting and Joseph Rigazzi, Year 8, Deakin Homeroom SPC
McCoy Homeroom Report

McCoy House has been busy since our last report. We’ve had our dodge ball competition and trivia quiz, both of which saw fierce competition and real teamwork and spirit from all homerooms. Unfortunately there can only be one winner and one pizza lunch to go along with it. As it turns out, McCoy D were victorious in the dodge ball, and McCoy B the champions of the quiz.

This term the other homerooms have the opportunity to win the scrumptious pizza lunch in the inter-house Futsal competition which started last Tuesday on 28th July. There will be two pools, a junior (7-9) and senior (10-12). Watch this space for the results.

Sadly, Semester One saw the departure of one of our beloved homeroom teachers, Mr Van Cuylenborg, who went abroad to the exotic teaching location of Abu Dhabi. We would like to take this opportunity to formally welcome into the McCoy family Mr Salmond, who has taken over the homeroom duties for McCoy D.

On a final note, applications for student leaders are fast approaching for the 2016 year. The current leaders have done a wonderful job helping Mrs Blassis run various events, assemblies and competitions. If you think that you know someone in any of the year levels that would make a great student leader, or, for the senior students, Sports or House Leader, then encourage them to apply, come see Mrs Blassis or any of the other McCoy Homeroom teachers.

McCoy F Homeroom NDC

Sports Captains Report

Throughout this year some fellow Year 12 students and I have been partaking in a Year 12 sport leaders workshop. These workshops consist of meeting on a Friday to discuss ways in which we personally can develop and become a better leader. Through these workshops we also discuss ways in which we personally and collectively can promote sport in our school. As a group we have gathered many well thought-out plans, one plan has been given the go ahead which is that our Year 12 Vet Sport and Recreation class takes out a Year 7 sport class and runs the class. From what we hear these sessions are running well and the Year 7s are really enjoying them. We are still waiting to see if anymore of our ideas can be actioned.

Luke Goetz, SPC Sports Captain

Our athletics team made up of 87 students commenced training last Wednesday night in trying conditions and freezing cold temperatures. The squad will be heading out on 31st August to compete in the SACCSS Athletics Carnival. We are in division two this year so we are hoping to put in a good performance and come home with some Awards.

Our junior down ball competition is starting up very soon for any Year 7 to 10 competitors. It will be a house v house situation with more details to follow in the next week. Just keep a look out in the notices in homeroom.

Senior Futsal
On Thursday 30th July two futsal teams were sent to Pit Lane to compete in a one day senior futsal tournament. The girls team won most of the games and scored lots of goals throughout the day to give them the opportunity to make it to the finals and contest for a spot in the grand final. Thanks to Ms Kure and Ms Pope for coaching the teams on the day.

Senior Soccer
The senior soccer girls have started their season with two wins and are undefeated so far, and need to get a win to make it into the finals. The first game was a win against Kolbe, which was a 3-2 win in a physical encounter, and it was good to get a win in the first game of the season. The second game was an away game but we came home with a good 6-0 result against CRC Melton. This gave us two wins for the season and especially with a young team. Hopefully we can get the win against Marymede to secure a place in the finals. Thanks to Ryan McGuiffie and Mrs Simmons for your coaching efforts.

SACCSS Hockey
Next Monday two teams will be sent to compete in the senior girls and boys hockey tournament at the State Netball Hockey Centre. It great to see a good number of students wanting to come and try a new sport, and it’s a credit to the teachers for their support on getting this team up and running. And we hope the girls team coming home with a second grand final win.

Best of luck to all competitors.

James Petersen and Carly James, NDC Sports Captains
Term 3 is underway!!

Term 3 ACC sport is now in full swing, and some fantastic results have been coming in. Our Year 7/8 Hockey team remains undefeated, Senior Basketball and Table Tennis have both been very competitive, and if things fall their way over the next couple of weeks may find themselves involved in some finals action. Year 9/10 teams have all been competitive and enthusiastic.

House Cross Country
The House Cross Country kicks off this week, with the Year 8s getting us underway. Points are allocated to finishers depending on their position, and the points contribute to the overall House Cross Country pennant, as well as the overall House Sport competition for the year.

ACC Cross Country
From our house cross country, 10 competitors from each year level will have the opportunity to represent the College at the ACC Cross Country Championship, held at Bundoora Park. Juniors will run a 3km course, and seniors 5km.

Pichner Shield
The annual Pichner Shield soccer match between the Year 12s and the Best of the Rest has been flagged as possibly being run on Marianist Day. Keep your eyes peeled for more info....

Sports Leadership workshops
As Luke writes about here, the Year 12s have been doing some great work in the Sports Leadership workshops. As we move to the end of the year, the baton will be passed on to our prospective Year 11 leaders. If you think you would like to be considered for a leadership position, please send me a quick email.

Brad Robertson
Leader of Sport SPC

Premier League
Well it’s another busy term and with already 2 rounds of Premier League down the Year 9 teams have encountered some mixed results. After all teams went down to Mackillop in the first round, the second round games against Caroline Chisholm proved to be very redeeming. Our next challenge is against CRC Melton will prove whether we are worthy of a final burst if history tells us anything.

Senior Futsal
On 30th July our senior Futsal teams ascended upon Pitt Lane and MSAC for their one day tournament. The girl’s team managed to win most of their games allowing them to advance but finish at the Semi Finals, whilst the boys had a much harder time winning only one game across the day. Congratulations to Michael Christakakis for scoring 5 goals for the boys team and Carly James for scoring a whopping 8 goals for the girls team. Carly was also named Most Valuable Player (MVP) from the Senior Girls Team and Jonah Pantalleresco was named MVP from the boys.

Senior Soccer Games
The next Senior Soccer game for the boys will be the August 17th against Marymede to be held at NDC pitch from 1pm. The Senior Girls next game is to be played on 12th August against CCC. The girls senior team are currently undefeated so one more win would see a place in the finals. We wish both teams success as they wrap up their final games.

SACCSS Athletics
The team list for the SACCSS athletics team has been available to students since the start of the term. Currently we have 83 students on our team list with many students competing for the first time. Training commenced on Wednesday 5th August at Victoria University Track and there will be 2 more training sessions there on 19th and 26th August before the event on 31st August. Students are encouraged to attend training especially if they have never competed in SACCSS Athletics before or are entered in an event which is unfamiliar to them such as Triple Jump. Specialist coaches will support students at training.

On 31st August, the Bus will leave NDC at 7.30AM. Students are asked to arrive at school by no later than 7.15AM. As it is still winter, students may bring warm/water proof jackets and blankets to keep themselves warm between events.

Upcoming events / Dates to remember:
SACCSS Senior Hockey day – AUG 10th
SACCSS Chess – AUG 20th
SACCSS Athletics carnival – AUG 31st
SACCSS Junior/Inter Tennis – SEPT 10th

Multi-Sport Tour 2016
We have extended the deposit date for this tour until 15th August. If you are keen for your son or daughter to attend this fabulous opportunity or would like to know more about it please email ksimmons@ecmelb.catholic.edu.au for an information pack.

School Sport Victoria
Please let me know if your son or daughter would like to participate in any school sport Victoria events. We are happy to assist with these entries. More details can be found on the website www.ssv.vic.edu.au

Have a great term of Sport

Kylene Simmons
Leader of Sport - NDC
The Emmanuel College Libraries would like to remind the school community about our Wheeler’s ebook lending platform. Staff and students can borrow an ebook for 2 weeks on a variety of compatible devices and apps. Year 7, 8 and 9 laptops have Adobe Digital Editions installed to enable the reading of ebooks. For other home PCs or Macs this software is free and can be installed. Mobile devices such as iPhones, iPads, Android devices or Samsung tablets just require the installation of a free ereader app. The link to these is available on the College’s ebook platform website http://ecmelb.wheelers.co. Use your school ID and password to login in. From the welcome page use the HELP tab or click on the GET STARTED button for additional instructions.

New series available

- Skulduggery Pleasant
- The Debt
- Department 19
- Endgame
- Pandora Jones
- Phoenix files
**Careers News**

**Dates for your Diaries**

- **Sun 9 Aug**: Australian Catholic University (ACU) (Fitzroy); Deakin (Geelong campuses); La Trobe (Bundoora); RMIT; William Angliss Institute, Kangan (Richmond); The Gordon
- **Sun 16 Aug**: Monash (Parkville – Pharmacy); La Trobe (Bendigo)
- **Sat 22 Aug**: Kangan (moonee Ponds), JMC Academy
- **Sun 23 Aug**: Box Hill Institute; Deakin (Burwood); Victoria Uni (Footscray)
- **Sun 30 Aug**: ACU (Ballarat); Federation (Ballarat & Gippsland)

** YEAR 12 NEWS -**

**VTAC APPLICATIONS -** Applications for university, VET and private provider courses for 2016 open on Monday 3 August through the Victorian Tertiary Admissions Centre website. Any Year 12 student wishing to apply for courses needs to visit www.vtac.edu.au. Timely applications close on 30 Sept. After that the application fee rises from $29 to $95. You can apply for up to 12 courses, placing them in the order you most want them. You will receive an offer early in 2016 for the highest course in your list for which you meet the requirements (eg ATAR). You will be able to change your application at various times from 3 August through to February 2016. Check out prerequisites and selection criteria for courses you are applying (eg is there an interview, audition, folio presentation?).

**SPECIAL ENTRY ACCESS SCHEME (SEAS)** - The Victorian Tertiary Admissions Centre (VTAC) 2016 Guide has a section about SEAS (pages 43-54), www.vtac.edu.au/who/seas.html. Find out about eligibility for special consideration for your course application. There are four categories of disadvantage.

**NOTE:** SEAS applications are made on the VTAC website, but can only be done after applying for courses (SEAS applications close: 6 October). Start getting your documents ready now and booking any appointments if necessary

**SNAP** - Our school is part of the SNAP program at RMIT. It is a program looking to assist students with course entry by adding up to 20 ATAR points for eligible applicants. If you are considering applying for an RMIT course speak to your Careers leader about SNAP.

***REMEMBER TO ATTEND YOUR CAREERS APPOINTMENT***

**MONASH UNIVERSITY NEWS**

**‘AT MONASH’ SEMINAR SERIES CONTINUES –** The series continues with: Theatre, Performance and Music on 18 August, Science on 27 Aug, Teaching on 1, 3 & 8 Sept, and Engineering on 17 September: all seminars are 6.30-8.00pm; Info/Reg’n at: www.destination.monash.edu/at-monash.

**MEDICINE, NURSING AND HEALTH SCIENCES FACULTY UPDATE –** To be considered for Medicine, Physiotherapy and Radiography & Medical Imaging, VTAC applications must be made by the close of VTAC’s timely application period. These courses cannot be added to an applicant’s preference list after this date, due to the interview requirements. However, as long as an applicant has at least one of the MBBS codes on their preference list by the close of timely applications, they can add other MBBS codes after this time. Applicants for Medicine will be required to undertake an 8 station MMI (Multiple Mini Interview) while applicants for Physiotherapy and Radiography & Medical Imaging will undertake a 4 station MMI.

**Interview dates for 2016 entry: for onshore international applicants** – Fri 20 and Mon 23 November 2015; for VCE, IB and National Dean’s Rural List and Dean’s Indigenous List applicants (DRL and DIL relevant to MBBS applicants only) – Tues 5 - Fri 8 January 2016.

**BUSINESS OPEN HOUSE -** Monash has a new city campus and invite you to check out the Bachelor of International Business at Open House. Learn about degrees, meet students, do a tour. When: 11am-3pm, Sun 9 Aug; Where: 271 Collins St; Info/reg’n: http://destination.monash/business-open-house.

**PHARMACY OPEN HOUSE -** See the Parkville campus; take a tour, attend an info session, talk to staff/students, and so on. When: Sun 16 Aug; Info: http://destination.monash/pharm-open-house.

**RMIT NEWS**

**SEPTEMBER HOLIDAY SHORT COURSES –** Those on offer are: Ableton Live Music (Music software program), Audio Production – Studio Recording, Production, Lighting for Live Events, Food Photography and Folio Preparation in Photography. Information: 9925 8111, enquiries@rmit.edu.au and www.shortcourses.rmit.edu.au – get in early!

**WOMEN IN ENGINEERING EVENT –** For National Engineering Week, RMIT is hosting an event for women considering a career in engineering. Hear from a range of engineers and gain insights into the career. When: 1pm, Sun 9 Aug (RMIT Open Day); Where: Story Hall, Building 15, Level 7; Info: http://openday.rmit.edu.au/event/3371/women-in-engineering .

**RMIT FLIGHT TRAINING DAY –** Students interested in a career as a pilot are invited to the RMIT Flight Training Open Day at Point Cook. Meet experienced flight instructors and learn about careers. When: 10am-4pm, Sun 23 Aug; Where: RAAF Williams Base Point Cook.
PATHWAYS TO UNIVERSITY – Some students who would like to study at university do not obtain a high enough ATAR to access their preferred course. What happens then? Many universities offer pathways into university. For example, Deakin has Deakin College, Monash has Monash College, La Trobe has La Trobe Melbourne and Swinburne has UniLink. These institutions can be accessed with lower ATARs and often provide pathways into university.

Many other pathways exist. For example, Monash offers some diploma programs (in business, science, education & nursing), the University of Melbourne offers a Diploma of General Studies as a pathway, ACU offers courses through ACUCom, and Swinburne, RMIT and Victoria Universities offer certificate and diploma courses in their VET divisions, often offering pathways to university. Some VET providers (eg Box Hill) have formal pathways to university.

Keep in mind as well, as noted in previous issues, that some universities allow students to access their courses on a lower ATAR as a result of their involvement in their communities (eg Aspire at La Trobe and the Early Achievers Program at ACU).

REMINDER – SOME USEFUL WEBSITES –

A.Silipo & S. DiMaggio
Careers Leaders
## Principals List

Celebrating outstanding effort, persistence and academic achievement.

**Semester One 2015**

To further support learning at the College and to recognise outstanding effort, persistence and academic achievement the Principal’s List was established. The Principal’s List is based on a student’s combined Semester results reported across all Key Learning Areas.

Students in Years 7 – 11 who have shown an outstanding level of effort, persistence and academic achievement, have earned a place on the Principals List. The Principal’s List will be on display at the College. The list is updated each Semester according to students’ reported effort, persistence and academic performance.

Congratulations to the following students on the Principal’s List for Semester One 2015 who were presented with a Certificate of Merit at the College Assembly Monday 27th July:

**St Paul’s Campus**

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<td>Nicholas Bervanakis</td>
<td>Christian Adamcewicz</td>
<td>Anthony Khalil</td>
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<td>Nathan Boicos</td>
<td>Cooper Lofting</td>
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<td>Hung Lam</td>
<td>Timothy Dinh</td>
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At the 1990 ACC Swimming Carnival, St Paul’s College won the Junior Cup, Juvenile Flag, Junior Flag, Senior Flag and Total Aggregate Flag in Division B. Nick Bjazevic (back row, second left) won four races, and was named swimmer of the year.

In 2010, the swimming team from NDC took out the Junior Girls’, Junior Boys’ and Aggregate Pennants in Division 2 at the SACCSS Swimming Carnival, in only their third year of competition.
<table>
<thead>
<tr>
<th>Date</th>
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<tr>
<td>10 August</td>
<td>SPC Year 8 Sports Day</td>
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<td>NDC Year 7 Project Day (HPE) MCG Group 1</td>
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<td>11 August</td>
<td>SPC ACC Year 10 Basketball/Table Tennis/Hockey DLS v EMM</td>
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<td>NDC Year 9 Premier League Rd 4 CRC STA v EMM</td>
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<td>12 August</td>
<td>Parent Teacher Interviews 3.30pm–8.30pm</td>
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<td>Students dismissed early—SPC @ 2.45pm and NDC @ 2.20pm</td>
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<td>SPC ACC Senior basketball/Hockey/Table Tennis EMM v DLS</td>
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<td>NDC Senior Female Football EMC v Caroline Chisholm</td>
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<td>13 August</td>
<td><strong>STUDENT FREE DAY</strong></td>
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<td>Parent Teacher Interviews 1pm–8.30pm</td>
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<td>14 August</td>
<td>NDC Year 7 Project Day (HPE) MCG Group 2</td>
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<td>17 August</td>
<td>NDC Year 10 Drivers Ed Group 1 and 2</td>
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<td>SPC ACC Year 10 Basketball/Table Tennis/Hockey EMM v MAZ</td>
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<td>NDC Grade 6 Testing</td>
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<td>NDC Year 9 Premier League Rd 5 EMC v CRC CS</td>
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<td>19 August</td>
<td><strong>Notre Dame students finish at 2.30pm</strong></td>
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<td>Board Meeting @ St Paul’s</td>
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<td>SPC ACC Senior Table Tennis Bye</td>
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<td>20 August</td>
<td>SPC ACC Open Chess @ Simonds (St Brigids Campus) 10am–2pm</td>
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<td>SPC ACC Year 8 Basketball/Hockey EMM v CBC</td>
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<td>SACCSS Chess</td>
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<td>Senior Rock Concert 7.00pm – 9.00pm @ St Paul’s</td>
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<td>21 August</td>
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<td>NDC Seminar Day—Out Community @ Werribee Park</td>
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BECOME A FOSTER CARER!

All sorts of people make great Foster Carers. They are tradesmen, nurses, sales reps, shop assistants, teachers etc. They are couples, singles, from different cultural backgrounds, with or without their own children. They are people who have the desire to give a child a safe and welcoming place to stay.

Our next information session is on
Thursday 13th August 2015 6.30pm-8pm
In the Yarraville area. Come along to find out more & have your questions answered.
To book or to receive an information package please contact
9396 7400 or email Carer.Info@anglicarevic.org.au
It is easy to become an Anglicare Foster Carer, call us NOW to talk about how

You will make all the difference!

Prayer and Spirituality Days
at
St Joseph’s Convent
61 Melbourne Rd
Williamstown 3016
on
20th August

Afternoon Session: 1:30pm - 3:00pm
(Repeat) Evening Session: 7:30pm – 9:00pm

**20 AUGUST** "You have ..a great history still to be accomplished "
Year of Consecrated Life --To look to the past with gratitude. St Pope Paul 11 and reinforced by Pope Francis -- You have not only a great history to remember and to recount, but also a great history still to be accomplished. Scripture: (Luke 18:15 – 17) Jesus blesses the little children. Sr Cath Quirk

Join the Sisters of St Joseph for afternoon tea at

Mary Mackillop Heritage Centre Open Day

To celebrate the 125th anniversary of the Victorian Foundation
Afternoon tea will be served in the delightful grounds of the Heritage Centre
Between 1pm and 3pm

On
Saturday 8th August
At
362 Albert Street, East Melbourne Tel 03 9926 9300
Raising a critical generation

In a digitally literate world of ‘likes’ and social criticism Lakshmi Singh looks at how parents can foster critical spirit in a constructive, healthy and balanced way.

American keynote speaker, author and educator Tim Elmore recently penned an article observing a trend amongst kids dishing out careless criticism of processes, ideas and institutions.

From criticising classes to sports programs, the food offered on campus, administration or accommodation in some colleges and universities, students were increasingly displaying what Elmore calls, a ‘critical spirit’.

Time magazine also ran a feature discussing the narcissistic tendencies amongst Millennials, contributing to a feeling of entitlement amongst youngsters.

So, is there a generational change brewing, where more kids go about criticising anything and everything, becoming self-absorbed in the process?

Experts say that a critical spirit has and always will exist in all of us, it is just that the nature of today’s society and the easy accessibility of forums through which criticism can be provided that has given it more opportunity to be heard.

While experts say that cultivating a spirit of thinking critically about problems and situations is important, it is also necessary to foster a healthy decision-making process.

**The age of entitlement**

Parents have always wanted the best for kids, but taking the “you deserve the best, this/he/she is not good enough” mentality a bit too far can also be detrimental, says parenting and education expert Ronit Baras.

“The rules of education are very simple, judgmental parents will raise judgmental kids. Why? Because judgment is a coping mechanism to fight inadequacy. Judgmental people have weaknesses [and] judgment is their way of hiding. ‘If I find faults in others, I will be able to hide mine.’ If parents model this mentality, kids will adopt it.”

Similarly projecting a “my child is special and they need to know that” vision by over-supplying them with activities, commodities and even praise can lead to an unhealthy sense of entitlement, says Dr. Ash Nayate, clinical neuropsychologist.

“Narcissism (i.e. a feeling of entitlement) is a sign of unhealthy self-esteem. Narcissistic people don’t see themselves as equal to others, they see themselves as better than others - and the reason they hold this belief is to cover up their fear of ‘not being good enough’,” she says.

Judging people helps alleviate that fear, she says. To help stop the cycle, she believes parents need to lead by example.

“Developing a healthy self-esteem is critical. If as a parent you have low confidence and low self-esteem, your kids are going to pick up on that as well. If you want your kids to be resilient and confident, then you need to work on the confidence and self-esteem within yourself.”

**Readily accessible forums to dish out criticism**

It is no secret that Millennials are more digitally literate than the rest of us. With most having access to their own mobile phone, laptop and social media accounts, the stage through which they can communicate with others is wide and always available.

“Social media encourages us to be more vocal about criticism. So instead of just judging people quietly, in our mind, we can do it aloud, behind the safety and anonymity of a computer screen,” says Dr. Nayate.
The privacy that social media affords also brings to the fore a trait that Baras calls a “brain fart”.

“In my program we consider it a “brain fart” when you do not consider others or the outcome of what you say and only want to say it, at all cost,” she says.

She believes the problem is intensified in a society that values external standards and imposes them on the education system through set metrics. “Teachers use marks, tests [and] they flush with standards and rules and this is far away from teaching critical thinking. So, no wonder kids are learning that everything in their life needs to be judged.”

From teacher review sites to specialist groups and threads on social media forums, kids today can critique anything about their school, programs or individual people, making up their mind whether something makes the cut or not.

A culture that accepts criticism

With the prominence and popularity of reality TV shows comes the hard truth that our culture is now one of judgement and criticism.

“People are evaluated on the basis of what they’re missing, how they’re not good enough or worthy enough, and what’s ‘wrong’ with them,” says Dr. Nayate.

To compound the situation, today’s society is more geared towards materialism and capitalism, she says.

With the aim of being ‘better’, ‘richer’ and ‘more successful’ comes the habit to indulge in self-criticism, another trigger for engaging in a dialog centred around “I am better than this guy because ...” or “I am so hopeless at this compared to ...”.

“Self-criticism is the first step towards judgement of others. We can only judge others if we’re somehow judgemental of ourselves,” says Dr. Nayate.

**Striking a balance**

So, how do we turn all this ‘judgement’ into something that is more considered, evaluated and more respectful of the people and practices involved in the process?

By understanding the difference between informed decision-making or critical thinking and straight judgement, says Baras.

“Critical thinking is when we present kids with options and teach them to evaluate and consider the advantages and disadvantages between options. Criticism/judgment is considering yourself above others and rating them based on your own individual standard.”

The good news is that critical thinking skills can be developed without being critical of others says Dr. Nayate.

“It’s about adopting an attitude of openness and healthy curiosity. Just like a three year old who always asks “why” - the child isn’t doing it out of judgement or maliciousness, it’s simply a raw desire to learn more about the world.”

While critical thinking skills depend on the maturity of the child, Dr. Nayate believes parents can nudge kids in the right direction by role modelling it.

1. **Verbalise** the thought-process involved in everyday decisions – for example choosing healthier food options (“When I eat fries, I feel a bit sick in the stomach, and the next day I get a headache from all the salt and grease. And then I feel sluggish and lazy, and I just want to sit around at home all day instead of going to the playground with you.”)

2. **Assist** with decisions and evaluations – implement this as a two-step process, she advises: first, acknowledge kids when they have demonstrated critical thinking. For example: “that was a good decision to do your homework before you went to your friend’s house. That way, you can really have fun and you don’t need to rush to get home.”

Secondly, help them assess whether the decision they made was because they accept an idea or because it came from a person they accept. As an example, many teenagers tend to accept information as credible when it comes from their peers or celebrities more so than their parents.

3. **Help** them put their higher values in perspective – while some children may value hard work or aim for certain levels of achievement, they would also value acceptance, connection with others, happiness, fun and adventure, she says. For example, a child who values health and fitness highly might override them in favour of other values like fitting in with their peers who smoke and thus take up that habit. Encourage them to see when decisions are made based on what we value, rather than on impulse or what feels good at that moment.

Sources:
- Tim Elmore’s blog on ‘Curing a critical spirit in students’ - http://growingleaders.com/blog/curing-critical-spirit-students/

Lakshmi Singh
Dear Parent,

As you know we take the health and safety of our students very seriously. As a result we have adopted the CareMonkey system. We will be using CareMonkey in the best interest of the children whilst also reducing the burden on parents to fill out the same information on multiple forms throughout the year.

CareMonkey offers the school and families the following:

SECURITY:
- The data can only be viewed via an authorized staff member with their login and password making data more secure than paper forms.

The CareMonkey system is located in a highly secure environment in Australia, and, for our Australian Customers, the CareMonkey data will always reside in Australia.
- It uses sophisticated security measures to keep data safe and it is backed up every hour.
- There is an automatic audit trail.
- The data in CareMonkey will never be shared with any other person or group without your consent.
- Parents control the data that is available and can remove access at any time.

UP TO DATE EMERGENCY INFORMATION:
- You have the ability to update the data at any time and ensure your child’s details are correct. This should be done whenever there is a change in information (such as a new emergency contact number or new medical condition).
- It is important to ensure these details are up to date before a camp or excursion to ensure staff are well prepared to care for your child.

MOBILE ACCESS:
- CareMonkey allows our staff to access your child’s emergency details on mobile devices while they are on excursions and camps. This saves time and reduces medical errors in emergency situations.
- Data is more secure than paper forms. If a mobile device with CareMonkey data is lost or stolen the data cannot be viewed as it is in encrypted (scrambled) format.

ELECTRONIC PERMISSION FORMS:
- Parents are able to receive electronic permission forms for excursions and camps and can reply instantly without filling in a single form.

MULTI-USE CARE PROFILE FOR FAMILIES:
- Once you have shared the care profile for your child with the school you can share it with other people who you untrust to care for your child such as family, friends and sports coaches. You can also create care profiles for other family members.
- You and others can download the free CareMonkey app for iPhone and Android smartphones and iPad and Android tablets and have access to your family care profiles on these mobile devices.
- If your child’s club uses CareMonkey you will be able to share the same care profile with the club. You only need to maintain one care profile for your child and it can be shared with our school, clubs, grandma, family, friends, babysitters...anyone you trust...and they are all instantly updated when you update the data.
EMMANUEL COLLEGE

TRIVIA NIGHT

FUNDRAISER

PRIZES RAFFLES AUCTIONS LOTS OF FUN

2015 IMMERSION TEAMS - Alice Springs & Cambodia

FRIDAY 21ST of AUGUST 2015 7PM
NOTRE DAME CAMPUS
BORDEAUX BUILDING (LSC)
B.Y.O. FOOD & DRINK

ALL FUNDS RAISED WILL BE SHARED BETWEEN THREE WORTHY ORGANISATIONS:
RECLINK AUSTRALIA, JOSEPHS CORNER & CATHOLIC MISSION

$10 ENTRY: TICKETS FROM:
Living Resiliently Now

A five week group education program
presented by Joseph's Corner

Are you interested in....
○ learning how to live resiliently, mindfully and gratefully?
○ moving toward valued life directions?
○ enhancing your sense of well-being?

Program overview
In this 5 week program experienced group program facilitator and psychologist Charles Thermos will focus on the following five topics, drawing on insights, strategies and practices from the fields of Acceptance & Commitment Training (ACT), Mindfulness and Positive Psychology.

Session 1
Creating meaning and purpose: valued living
Session 2
Connecting with the present moment: being here now
Session 3
Recognising and allowing what is: thoughts and emotions
Session 4
Living with gratitude and appreciation
Session 5
Developing meaningful relationships

Session dates / times
- Tuesday 29 September; & 6, 13, 20 & 27 October 2015
- All sessions are from 9:30am-12:30pm

Who is this program for?
Any person who is interested in learning to live resiliently in the present and in alignment with what deeply matters to them.

Program fee
$50.00. Other options available if this is unaffordable.

Venue
The Laverton Community Hub
95 - 105 Railway Avenue, Laverton

Enquiries and Enrolments
Contact Joseph's Corner:
T 9315 2880
E contact@josephscorner.org.au

Joseph's Corner
A counselling service for families living with alcohol and drug addiction