Dear Parents and Friends

The first meeting of the College Board for 2016, and Annual General Meeting, will be held on 16 March. Parents who are members of the Board for this year are Keith Brown (Chairperson), Karen Cook (Deputy Chairperson), Charles Gauci (Secretary), Ray Martin and Andrew Styzinski, with Kristy Ficior and Jack Wilson student members.

Over the next two weeks we welcome Kris Williams and Brad Scanlon from New Tech Network who will be working with us in our continuing implementation of Project Based Learning.

Congratulations to Retreat Leaders, Chris O’Malley and Sharon Mills, staff and students on the very successful Year 12 retreats conducted at Camp Rutherford, Blampied last week. The retreat is certainly one of the students’ most memorable experiences while at the College. We wish the Class of 2016 all success as they continue their dedicated hard work on their Year 12 studies.

Well done also to staff and students on the equally successful Year 7 camp conducted at Camp Portsea. The generous commitment of staff in making these valued opportunities available to students is much appreciated.

Congratulations to Winters House on winning this week’s NDC and SPC Athletics Carnivals. Well done to the House Leaders, Sports Captains, staff and students who made these events such impressive days of competition and team support.

Best wishes for all success to Michael Rossi who heads to Sydney next week, with his hip hop group ‘Raw and Rugged’, for the Grand Final of ‘Australia’s Got Talent’.

A reminder that Monday week, 14 March, is a public holiday.

Gerald O’Collins SJ, reflected on our continuing Lenten journey in the following way:

Let us help one another find what is true, meaningful and important in our lives. Some words from Thomas Merton express how we always need one another to keep going, and never more so than during Lent: ‘Love is our true destiny. We do not find the meaning of life by ourselves – we find it with one another.’

Christopher Stock
Principal

School Fees

A reminder that Semester 1 2016 school fees are due by 26 March 2016 unless a payment arrangement has been entered into with the school.

If you are the holder of a current healthcare or pension card you may be eligible for the Camp, Sport & Excursion funding of $225.00 per student. This funding can be used towards your 2016 school fees. Please contact the school for an application form or download from the following website http://www.education.vic.gov.au/about/programs/health/Pages/csef.aspx?&Redirect=1

Mario Puopolo
Business Manager
News from Campus Leaders

As the term rolls on, this is an important time to stop and take stock of the journey we have been on and where we are going. For many, it has been a fantastic start, full of enthusiasm and hard work. It is extremely important that this momentum continues for the remainder of the term and beyond. The study habits formed cannot fall away, but rather be built upon for students to achieve their personal best. The relationships formed in homeroom and classes can continue to grow allowing students to mentor, care for, and support other students, and be open to receiving support in return. We always ask students to remember to greet their teachers with a kind word or warm smile as they genuinely care and work hard to serve our community.

Congratulations to the team of teachers who facilitated the two Year 12 retreats. Many students commented that it was a unique experience to forge deep relationships with their peers, reflect on their life journey, explore their spirituality and have fun. We are very happy with the maturity and courage shown by so many to openly reflect on their past, current and future direction. Well done to the Year 7 students at NDC campus who enjoyed their camp at Portsea over this week. This time away provided an opportunity to continue working together, making new friends, treating others respectfully and having fun.

Congratulations to Winters House for taking out the Notre Dame House Athletics Carnival. A great day was had at the Newport Athletics Track with many students achieving personal bests. Many thanks to Ms Simmons and her team for facilitating a great carnival.

It’s hard to believe that the term is rapidly reaching its conclusion. As we move towards the first term break it is timely to remind parents that they should be looking out their child’s winter uniform which will be required for terms two and three. The final changeover date to winter uniform for 2016 is Tuesday 26 April (NDC photo day). This is the start of week three of next term so there are about seven weeks for you to ensure that all clothing still fits and to make arrangements for new garments if required. Please pay particular attention to appropriate hem length for girl’s kilts and that the neck size of white shirts allows plenty of room for both girls and boys to always have their top button done up comfortably.

Congratulations to Winters House for winning the St Paul’s Campus Athletics Carnival which was held yesterday. We were blessed with beautiful weather and students were amazing in the way they entered into the spirit of the day and participated so strongly in all facets of the carnival. Some personal best times were achieved and this augurs well for our participation in the ACC Athletics Carnival in coming weeks.

At Notre Dame the Stage 6 landscape program has commenced and will be finished for the start of term 3. This program will see the addition of 2 basketball courts, futsal court, down ball courts, cricket nets and passive recreation zones.

ATTENDANCE: IT’S NOT OK TO BE AWAY
How long would a person last in the workforce if he or she were to take 18 days off in “sickies”? Not long, that’s for sure. Well 18 days per year is precisely the average number of days absent that our students have each year; a totally unacceptable preparation for life in the workforce besides severely impacting on a student’s educational process. There is no doubt that the majority of parents do not role model these absence rates. Then why do your children do so? It is because you allow them to miss school for shopping trips, looking after younger brothers/sisters etc.? The way to develop in our children a positive and appropriate work ethic is not only to role model it, but to say NO absolutely to any absence other than genuine illness. Should you require assistance in saying NO to your son/daughter with regard to unacceptable absence, please do not hesitate to contact his/her House Leader. Let’s work together to make a difference to your child’s future.

Please be aware that the Campus car park is not to be used for dropping off or picking up students at either campus. You may however park there if you have other College business. If you are departing at the same time as student dismissal, you will be asked to wait for a few minutes until students and buses have cleared the area before you may leave. Supervision at both campuses commences at 8.10am, so please do not arrange for your child to arrive earlier. Students are also asked to enter the school on arrival and not to congregate outside the gates.

Drop Off and Pick up Areas
Notre Dame Campus
Parents are encouraged to drop off and pick up their child from the service access in Dummings Road. Foxwood Drive will be very congested at these times as both Notre Dame and the primary school adjacent have similar start and finish times.

St Paul’s Campus
Observe the no standing signs and be aware of our neighbours in small side streets. Arrange to collect students in Chambers road south of the bus zones or north across Blackshaws Road.

The Michael Grose article this week reminds parents how teenagers need their parents more than at any other stage, yet too often they are left to their own devices. We would encourage parents to take a moment and read this interesting article which is attached.

David Barr & Jennifer Webster
News from Leader of Faith Development

**Year 12 Retreat**
From Tuesday 23 until Wednesday 24 February our St Paul’s Campus Year 12 students, and Thursday 25 until Friday 26 February the Notre Dame Campus Year 12 Retreats ran at Rutherford Park Country Retreat, Blampied. Students were engaged in a program dedicated to reflecting on both their journey thus far, and the journey that still lay ahead of them. It was a memorable time for all and will be long remembered as a unique part of their Year 12 experience. Activities that included team building, personal reflection, and goal setting were the focus of day one, allowing students to take time out to work on these areas. Perhaps one of the highlights was Glenn Manton joining the retreats for the evening sessions with a particular focus on relationship building. Laughter, tears and fun were the agenda for Glenn and he did not disappoint, allowing the students to reflect upon their own relationship with each other as well as friends and family. The final day started with the opportunity for students to reflect on those dearest to them and affirm the friendships they have within their year levels. Concluding with liturgy, the Year 12s activity participated in understanding the presence that God has within their journey this year. Overall, the retreats were a wonderful experience for all and an event to remember as they move forward into 2016. Congratulations to all involved.

**Dr Rose Maree Prosser – Presentation (PhD BSc (Hons), BTheol, MTheol, Dip Ed)**
As part of enhancing our Catholic identity at Emmanuel College, we will be running two sessions by Dr Rose-Maree Prosser on the topics of Religion in post-modern societies and challenges facing Catholic schools today, on Wednesday 9 March, and ‘An introduction of Scripture’ for RE Teachers on Wednesday 23 March. Both of these sessions will be held at our St Paul’s Campus from 4pm – 7pm with a light supper provided. I would like to extend a warm welcome to any of the Emmanuel College Community to attend these wonderful sessions. Please email Mr O’Malley comalley@ecmelb.catholic.edu.au if you would like to attend either of these.

**Queen of Peace Mass**
On Sunday 6 March, student representatives from both Notre Dame and St Paul’s campus will join the Queen of Peace Parish in Altona Meadows for 11am Mass. This proves to be a wonderful opportunity for Emmanuel College to join with our local parish as one community. It can often be forgotten by both parishioners and students that we are all in fact part of the same community of faith, and in many cases, part of the same parish. I would like to extend a warm welcome to any families to join us all at 11am Mass.

**Prayer**
You are holy, Lord, the only God, and your deeds are wonderful. You are love, you are wisdom. You are humility, you are endurance. You are rest, you are peace. You are joy and gladness.

You are all our riches, and you suffice for us. You are beauty, you are gentleness. You are our protector, You are our guardian and defender. You are courage, You are our haven and hope.

You are our faith, our great consolation. You are our eternal life, great and wonderful Lord, God almighty, merciful Savior. Amen.

Chris O’Malley
Deputy Principal – Faith and Staff
Chaminade House Reports

The 2016 school year has started with enthusiasm and fervour in the Chaminade House. The last four weeks have been packed to the rafters with events and activities for the boys to get involved in.

In week two, the Year 7s from Chaminade were lucky enough to experience the joys of camp. According to all reports, the boys enjoyed the new challenges they were presented with, along with the opportunity to get to know others in their House and year level better.

In week three, our Chaminade Leaders were formally presented to the College Community at our Opening School Mass at St Patrick’s Cathedral. I would like to once again congratulate these students for taking on such an important role with humility and an eagerness to assist those in their House.

In week four, our Year 12 students undertook one of the most treasured experiences the College has to offer through the Year 12 retreat. The Chaminade boys have returned from the two-day program feeling refreshed, revived and ready to take on the challenges that Year 12 will bring their way.

Also in week four, we had a Chaminade House assembly dedicated to Athletics Carnival sign-up. I am pleased to say that almost all spots, in every event, across the age groups have been filled! I am hoping that yesterday’s carnival gave the Chaminade House an opportunity to display to the rest of the College that our House spirit and determination to succeed is second to none.

Lastly, a huge welcome to the teachers who have joined the Chaminade team this year. We welcome Mr Clayton Zwanenberg who will lead the students in Fraser and Mr Edwin Bowers who will take care of those in Tasman.

Leanne Meilak
Chaminade House Leader SPC

What a start to 2016! I have been impressed by the students of Chaminade and how well they have settled into the new school year. Each student has been presenting themselves with pride, acting responsibly in and outside of the classroom, and involving themselves in the many activities that the College has to offer such as Year 12 Retreat, High School Musical, Choir, SAACCS teams, Opening of the School Year Mass, Year 7 Camp and Learning Advisor to name just a few!

Our Year 7 and new students have been warmly welcomed to their homerooms and are now valuable members of our school community. We also welcomed Ms Weekes, Mr Manoussakis, Mrs Diamond and Ms Llewelyn as new homeroom teachers to the House. This year we have also introduced a change to the structure of Homeroom with students participating in a number of different activities during the week to help build resilience, a sense of community, and instil pride. During the course of the week, students will complete an activity on mindfulness, gratitude and finally building relationship within their homerooms. This new structure also means that students are now responsible for ensuring they read student notices on their own as they will not be read out during homeroom.

This week the Annual Athletics Carnival was held at Newport Park. During the lead up, our Sports Captains, Shane and Aakrisi helped organise our students into events. We also had a fantastic team of helpers make a new banner to represent the house. It gave me great pride to see so many students get involved in the spirit of the day by dressing up in light blue, participating in many events, and by cheering and encouraging those participating. Although we did not win the carnival, we made a significant improvement from previous years finishing third, which is an outstanding achievement. Each and every Chaminade student who attended the event should be proud of their efforts. With such a great start to the term, I can’t wait to see the continued growth and development that will occur in all Chaminade students throughout 2016.

Kirra Spence
Chaminade House Leader NDC
Winters Homeroom Report

It has been great to finally make it to secondary school and survive our first few weeks at Emmanuel College (SPC). We are very lucky to be in Winters house and Exodus homeroom. Our homeroom teacher Mr Robertson has helped us settle in, understand our timetables, and keep us up to date with College events. He is the College Sports Leader and teaches HPE as well as coaching ACC cricket teams. Collins Huynh (Year 10) is our 2016 Peer Mentor and has also assisted in answering any questions we have about the College.

We have had the Year 7 swimming sports and the Year 7 camp and we are really looking forward to the Athletics sports hoping the Winters “green sox” can come in the top 3 houses! The highlights of the camp were: getting to meet new friends, the flying fox and the beach swimming activities.

In our homeroom we also have the Winters House Captain, Simon Bugeja. He speaks at all the house assemblies and inspires the house with music and motivational speaking. Kristian Mihos (Year 8 student leader), Trent Borg (Year 9 student leader) and Andy Dinh (Year 10 student leader) are also in our homeroom.

Kayhan Abdul-Gaffar, Daniel Dinh, Alexander Stefos, Ethan Ward
Year 7 Exodus students SPC

Music News

I am pleased to report that four Year 7 classes at NDC and two Year 7 classes at SPC are making great progress with their instrumental music experience. We look forward to the great sounds that these students will make as we work towards a public performance in term 2. Even after a busy start for the Choir with Opening School Mass commitments, the Choir are now working on material for the Catholic Education Melbourne Gala "Time To Shine". It is important to acknowledge that the EC Choir is one of only three school Choirs selected from all the catholic schools in Melbourne. This is a tremendous accolade for the College. The Choir will be performing twice on Saturday 30 April for the Gala. Much like the 'State Schools Spectacular', this Gala will be recorded and televised.

Clearly we have a strong vocal program at Emmanuel College and encourage others to join. The Choir rehearses at NDC on Fridays after school until 4:15pm. Prospective Choir members are invited to contact me at cpuglisi@ecmelb.catholic.edu.au to register.

Carmelo Puglisi
Director of Music
Sports News

Last Monday we held our annual **NDC House Athletics carnival** at the Newport track. The weather was on our side and after a slight delay in starting we were soon all-stations-a-go with Track and Field. It was great to see so many students dressed in the theme of their House Colours.

Final Results for the day are as follows:

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<thead>
<tr>
<th>Rank</th>
<th>House</th>
<th>Points</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Winters</td>
<td>470</td>
</tr>
<tr>
<td>2</td>
<td>McCoy</td>
<td>443</td>
</tr>
<tr>
<td>2</td>
<td>Cassidy</td>
<td>443</td>
</tr>
<tr>
<td>3</td>
<td>Chaminade</td>
<td>436</td>
</tr>
<tr>
<td>4</td>
<td>McCluskey</td>
<td>433</td>
</tr>
</tbody>
</table>

Our next major event will be the **House Cross Country** carnival at Brimbank Park. This is to be held on Friday 11 March. Students will be running the 3.7km walking loop of Brimbank. It's a bit early for Cross Country but never too early to start training for it. Top 10 students per age group are invited to the SACCSS day on 3 May next term.

Early in the term was the **SACCSS Golf day**. Juniors played at Tullamarine Golf Course whilst the seniors were at Werribee. Competition was tough this year with a lot more participants and schools than in the past. Whilst we didn’t come away with a team result, we did have some individual performances. Congratulations to Patrick Farley for the Longest Drive and to Zoe Heron for winning Best Junior Female for the second year in a row.

**SACCSS Swimming carnival** is on the 23 March this term. Team lists will be available soon for qualified students. Please watch out for Caremonkey requests over the coming weeks.

**Premier League**
With two rounds already down in Premier League this term, going into our third round we have the bye. The game to follow Round 4 will be the Year 10 Girls Football, as EMC comes up against the ladder leaders CRC NK. To check scores and where your team sits please go to: www.sacss.com.au

![Western Conference Table](image)

**Year 8 Sports Day**
The date for the Year 8 Sport program this term is Tuesday 15 March. On this day all Year 8 Students will participate in the Fitness Worx program. Students are to come to school in their HPE uniform, and bring a drink bottle and their College caps. Some activities will be inside but most will be outdoors. This is a House event and team scores go toward the end of year House Championship.

**Around in Sport**
On the 22 February I was privileged to take a small group of 15 competitors to the Victorian Lifesaving School Surf league event at Cozy Corner. The squad had been training under the wonderful guidance of Mr Barry Warton since October last year. It was a fabulous day to see so many talents NDC students excel in their domain against some very strong coastal schools like St Josephs, Geelong College and Sacred Heart College all from Geelong. Students competed in any of the beach, board or water events, with some giving all areas a go.
Sports News cont’d

There were too many events to list but here are some of the results listed below:

**U15 Girls** –
- 3rd Board Relay
- 5th Board Rescue
- 5th Wade Race - Ciara Singleton
- 4th Flags – Meg Matthews
- 5th Surf Race - Kayla Hammersley

**U15 Boys** –
- 5th Wade Race – Zac Santullo

**SEN Boys** –
- 2nd Beach Relay
- 1st Beach Sprint – William Warton
- 4th Beach Sprint – Merhawi Minassi

I would like to thank the Warton, Santullo and Baber families for giving their time to this event. Their involvement enabled a safe and successful carnival for all students involved. We look forward to more students participating in Surf League in 2017.

Kylene Simmons
Leader of Sport NDC
What a huge couple of weeks in sport at SPC!!! Friday night saw the ACC Swimming Squad travel down to MSAC to compete in the Swimming Championships. All those that came along competed fantastically, with a special mention for Michael and Nicholas Prassinos for their efforts on the night. And on Thursday, the House Athletics Championships were held, with a few years of hard work finally coming to fruition for Winters house, who took out the prize convincingly from McCluskey. ACC Senior Sport is also moving to the business end of the season, with the Volleyball team in contention for a hard earned finals berth.

Brad Robertson
Leader of Sport SPC

Edward Coombes in action
Expressions of Interest to Provide 4 weeks Temporary Accommodation.

This is to advise you that we will have an Italian Language Assistant at the College as of late April 2016. The Language Assistant is a qualified University Graduate from Italy, with an excellent knowledge of the English language.

The Language Assistant will be involved in supporting the Italian teacher in the classroom. It is very exciting for our Languages Faculty as it will provide our students with a very contemporary and authentic perspective of Italian life and of course a great support with the learning and appreciation of the Italian language.

Our Italian visitor will be with us all of 2016. In order to support her with the transition, the College is required to find accommodation for our assistant for a few weeks, from 16 April, while they organise their permanent accommodation for the remainder of the year. It would be for no more than 4 weeks. **This is purely voluntary.**

If you would like to help and are able to provide suitable accommodation complete the slip below and return it to me.

Thank you in advance for your support of Languages at the College

Anna Italia  
**Leader of Learning, Languages**  
83255100

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I am the parent / guardian of:  
Student Name:______________________________________________

Year Level:______________________________________________

Campus:______________________________________________

We are interested in volunteering to host the Italian Language Assistant for 4 weeks, while she finds accommodation for the rest of the year.

(PRINT)  
Parent/Guardian:________________________________________

Signature_______________________________________________

Contact No._____________________________________________
**Career News**

**HOW CAN I FIND OUT ABOUT UNIVERSITY AND VET COURSES ON OFFER?**

School students who *do their research* usually find it *easier to make critical career/course decisions* than those who do not. What research is recommended?

- Go to the Victorian Tertiary Admissions Centre (VTAC) website at [www.vtac.edu.au](http://www.vtac.edu.au) and do a Course Search (eg find where a particular course is taught, what is this year’s ATAR, what are the prerequisite VCE subjects?)
- Go on-line and search for courses on institution websites
- Read brochures/pamphlets about courses available in the Careers Room
- Go to career events such as Career Expos; eg VCE Careers Expo 2016 at Caulfield Racecourse (see info later in this newsletter)
- Go to institution Open Days (usually on Sundays in August) – dates later
- Go to events such as ‘Inside Monash’ (previously called ‘At Monash’) – details later in this newsletter, and ‘Focus on Melbourne’ (University) – details later
- Attend school holiday programs run by some universities and other organisations (eg the Zoo and Healesville Sanctuary)
- Search the Job Guide at [www.jobguide.education.gov.au](http://www.jobguide.education.gov.au); this site also offers links to other useful careers websites (eg Job Outlook). Find out what a particular job involves, and what is the likely rate of employment upon graduation
- Attend events run during the year which focus on particular careers (eg sports related careers, dietetics, psychology careers seminars have been held in the past) – details in this newsletter as they come to hand
- Talk to people who work in careers which interests you; What do they like about their careers? Are there disadvantages? How did they qualify?

**DO YOU WANT TO FIND OUT ABOUT STUDYING AT MONASH UNIVERSITY?**

Monash is once again holding a Seminar Series where you can find out what it is really like to study at Monash. The seminar series this year is known as ‘Inside Monash’. The series kicks off with Business and Economics on 9 March, then Science on 10 March and Arts, Humanities and Social Sciences on 15 March. **When:** 6.30pm-8.00pm, 9 March through to 13 September; **Where:** Clayton, Caulfield or Peninsula campuses; **Book/Info:** [www.monash.edu/inside-monash](http://www.monash.edu/inside-monash); **Other Information:** Call 1800 MONASH.

**NOTE:** In April there are seminars on Pharmacy, Design and Fine Art, Physiotherapy and Occupational Therapy, Global Studies, Nursing and Midwifery, Architecture, Interior Architecture and Psychology. Seminars on other courses will follow from May to September. See the above website for details and bookings. These Seminars are highly recommended for learning more about the course/career which interests you.

**FOCUS ON DEAKIN UNIVERSITY** - Deakin is the seventh largest university in Australia with over 53,000 students. It offers over 700 courses and careers at its four campuses:

- the largest campus is in the Melbourne suburb of Burwood
- there are two campuses in Geelong, one at Waurn Ponds and the other on the Geelong Waterfront
- a campus is located at Warrnambool.

Deakin offers real choice about how and when you learn, and it is possible to fast-track your degree by studying additional units in Trimester 3. You can choose from a wide range of study areas and select from the huge range of elective units offered in many courses, including, in some cases, the option to choose elective units from a different field. You can also choose how you study. Cloud (online), the fifth campus, provides flexibility, enabling you to study where and when it suits.

Deakin is somewhat unusual in offering three semesters (trimesters) per year. This means that it is often possible to complete a three-year degree in two years by studying in January and February.

Deakin does not offer VET courses in the way that RMIT, Swinburne and Victoria Universities do. However, Deakin has formal arrangement with a number of VET providers offering pathways into their degrees. For example, Bendigo TAFE, Box Hill Institute, Chisholm, Melbourne Polytechnic, Riverina TAFE, South West TAFE and The Gordon (Geelong) have formal pathways.


Another pathway to Deakin is from Deakin College. The College offers Diplomas in Commerce, Computing, Engineering, Health Sciences, Management, Media and Communications and Science. Students who perform well in these one-year diplomas are able to transition to the second year of a similar degree at Deakin University.

A great new resource for exploring courses and careers at Deakin can be found at: [explore.deakin.edu.au](http://explore.deakin.edu.au). Featuring more than 700 courses and careers, this mobile tool will help you discover the myriad of future options available to you. You can scroll, select and save favourite courses and careers for later reference. See: [http://explore.deakin.edu.au](http://explore.deakin.edu.au)
Careers News cont’d

OPEN DAYS AT HOLMESGLEN – Most tertiary institutions hold their Open Days in August (dates will be provided in the next Newsletter so you can get them in your diary). However, Holmesglen has Open Days throughout the year. Holmesglen is mainly a VET provider (some degrees) with campuses in Chadstone, City, Moorabbin and Waverley. **Dates of Open Days** are: 17 March, 12 May, 16 June, 11 August, 15 September, 27 October and 15 December. **On-line bookings** are essential at [www.holmesglen.edu.au/open](http://www.holmesglen.edu.au/open).

SWINBURNE UNIVERSITY NEWS – Swinburne is a provider of higher education and vocational education and training (VET) courses. Its main campus is in Hawthorn, with small campuses in Croydon and Wantirna. 2016 saw the introduction of 11 Professional Degrees in areas such as Arts, Business, Computer Science, Engineering, Games and Interactivity, Health Science, Information and Communication Technology, Media and Communication, and Science. These degrees are for high-achieving students and incorporate a guaranteed, paid, full-time work placement. They feature a mandatory 12-month work placement which is normally undertaken during the third year of study. Students receive academic credit and gain valuable skills that will make graduates job-ready. The university will find appropriate placements for students. UniLink is quite a recent development at Swinburne. UniLink offers one-year courses for students who are unable to reach the required ATAR for Swinburne degrees. Around 80% of UniLink students are able to move into appropriate degrees at Swinburne in the following year.

BIG CAREERS AND EDUCATION EXPO COMING – Attending the VCE and CAREERS EXPO 2016 is a great chance to collect information from a huge range of providers at the one location. Exhibitors include: VCE resource providers, universities and TAFE and training colleges. In addition, there will be seminars on VCE subjects, tertiary courses, career, gap year and study advice. **When:** 9am-3pm, Thurs 5 & Fri 6 May; 10am-4pm, Sat 7 & Sun 8 May; **Where:** Caulfield Racecourse; **Cost:** $10 per person, $25 for families; **Info:** [www.vceandcareers.com.au](http://www.vceandcareers.com.au). Put the date in your diary now! **NOTE:** Events such as these are great for collecting general information from many sources, so are particularly good for Year 10-11. Open Days at individual institutions will provide more specific course information.

Amanda Silipo & Sol DiMaggio  *(information provided by M Walker)*

**Careers Leaders**

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**SPC Fare Evasion on Public Transport**

The College has recently been contacted by the Bus Association Victoria & CDC Altona Pty Ltd (Westrans Altona) in relation to [Fare Evasion](http://www.westrans.com.au/). It has been reported that many students are ignoring the fact that they are required to “Touch On” and have a valid ticket before travelling on these buses.

**Of concern is that PTV regularly monitor bus patronage, and students not touching on and off would indicate low passenger demand for that bus route, which could result in a loss of that service.**

Highlighted by both organisations were the following responsibilities of our students:

**To have a valid Myki when boarding or purchase a Myki ticket from the driver**

To “Touch On” at the Myki reader or “Top Up” their Myki by giving cash (between $1 to $20) to the driver

It is the student’s responsibility, not the drivers to ensure that you have a valid Myki card. The College expects all students travelling on these buses to have a valid Myki card.

**The College supports the actions of these companies in arranging for “Authorised Officers” to issue “on the spot fines”, to students found to be without a valid ticket.**

**The College also supports any action by drivers to leave students behind if students continue to ignore the requirements to travel with a valid ticket.**

**The College will also arrange appropriate disciplinary consequences to students identified by authorities, which include the removal of a student’s privilege to travel on these designated buses.**

Stephen Lunardelli

**Leader of Campus Organisation SPC**
Athletics at Emmanuel—Then and Now

1966

1986

1999

2015

Penny Cook
Emmanuel College Archivist
## Calendar Term 1 Weeks 6B & 7A

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 March</td>
<td>Year 7 Immunisation SPC</td>
</tr>
<tr>
<td>8 March</td>
<td>NDC SACCSS senior cricket semi finals</td>
</tr>
<tr>
<td>9 March</td>
<td>SPC ACC senior cricket EMM v SBM</td>
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<tr>
<td></td>
<td>SPC ACC tennis &amp; volleyball semi finals</td>
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<tr>
<td></td>
<td>NDC SACCSS Senior Day</td>
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<tr>
<td>10 March</td>
<td>Casual Dress Day—Project Compassion</td>
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<td></td>
<td>SPC Year 8 Sports Day</td>
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<td></td>
<td>NDC Year 10 Premier League Rd 4 CRC NK v EMC</td>
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<td>11 March</td>
<td>SPC Year 12 Psychology @ Epworth Sleep Lab Incursion</td>
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<td></td>
<td>NDC House Cross Country</td>
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<tr>
<td>14 March</td>
<td><strong>LABOUR DAY</strong></td>
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<tr>
<td>15 March</td>
<td>NDC Year 8 Sports Day</td>
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<tr>
<td>16 March</td>
<td>Year 7 HRC Parent Presentation 7pm</td>
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<tr>
<td></td>
<td>SPC ACC senior cricket, tennis, volleyball finals</td>
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<tr>
<td>17 March</td>
<td>St Patricks Day</td>
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<tr>
<td></td>
<td>NDC Year 10 Premier League Rd 5 CRC CS v EMC</td>
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<tr>
<td>18 March</td>
<td>NDC SACCSS senior cricket grand final</td>
</tr>
<tr>
<td>24 March</td>
<td><strong>Term 1 Ends @ 3.10pm</strong></td>
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NEW VOLLEYBALL CLUB IN WYNDHAM

When: 6:30pm, Tuesday 15 March 2015
Where: VICSEG Offices - 3-4/67 Watton St, Werribee (between Chatterbox Cafe and Amcal Chemist)

For any access requirements or more information contact:
Lewis Tuck - Acting Leisure Projects Officer
Email: lewis.tuck@wyndham.vic.gov.au
Phone: 9742 0840

FEMALE PLAYERS WANTED
Newport Power Football Club

Junior Football Club Registration Day and Pre-Season Kick Off on Sunday February 21 from 10am to 12pm

For more information go to:
https://newportpowerfootballclub.teamapp.com

FC Williamstown Junior Registration 2016
Thursday 3rd of March from 6.00-8.00pm
Thursday 10th of March from 6.00-8.00pm

Training will start in March on Tues/Wed/Thurs nights from approximately 6pm to 7pm for juniors turning 6-16 this year. These times and days will vary due to coach availability. The first round of the season starts 10th April and finishes mid September.

Please contact Brett Blakemore (0407602875) for further details or check out our website www.fcwilliamstown.com.au or email any enquiries to info@fcwilliamstown.com.au

BARNSTONEWORTH UNITED JUNIOR FOOTBALL CLUB
WHERE: J.T. Gray Reserve, Kororoit Creek Rd, Williamstown
WHEN: Registrations now open
Pre-season: JK Grant Reserve, Sugargum Drive,Altona
SEASON: Sunday 10th April to 4th Sept

MORE INFO: www.bujfc.com
All new members welcome. Come and try out for Barnies!
Call Helen: 0487 916 590 secretary@bujfc.com

Invitation to Victorian Parents Council 2016 Annual Seminar 18 March 2016

The Victorian Parents Council are again proud to be hosting our 5th Parent Seminar on Friday 18 March this year at Xavier College, Kew. The Seminar is free to VPC members, tickets for non members are $80.

Bookings can be made through:

Places are limited

Volunteers wanted to support 2016 Point Cook Fire Brigade & Community Good Friday Appeal collection

For more information email:
goodfridayappeal@pointcookcfa.org.au

Or contact Alison on 0408 243 523
Teen Time

Teenagers need their parents more than at any other stage, yet too often they are left to their own devices.

The Myth of ‘I don’t need you’
Ken and Margaret Mellor, in their wonderful book Teen Stages, dispel the myth that teenagers don’t need their parents. The authors state that teenagers need their parents, but they won’t let on.

My experience raising three teenagers supports the fact that teenagers want their parents to succeed in managing, guiding, nurturing and supporting them. Adolescence is too hard for them to go through on their own. They benefit from the close physical presence of a parent – not in a smothering way – but someone who is monitoring their wellbeing and supervising their behaviour.

This can’t be done by mobile phone. Yet most teens won’t show their gratitude if you provide the close parenting they need. It’s not until they reach their early to mid twenties that they come clean and deliver a sort of belated apology to their parents. In the meantime, you need to hang in there.

Parenting Teens Is Tiring
While parenting toddlers can be physically tiring, responding to the mental and emotional demands of teenage children is equally if not more exhausting. If you come home totally fried by the demands of work, the last thing you want to engage in is mind games with a tricky but needy teenager. You’ve got to be fit and focused (on them) to parent teens well!

Minimise Being Home Alone
Late afternoon is a recognised danger zone for adolescence. Toddlers stay in long daycare and primary-aged kids use after-school care or are happy to be picked up by others. However, for teenagers who are testing their independence this is a tricky time.

Teens who are left to their own devices are more prone to engage in risk-taking behaviours, lose themselves online or in some cases become addicted to computer games. The world is trickier than when we grew up. Cyber-bullying, self-harm and depression are now part of the adolescent landscape.

Teenagers still need supervision, whether it’s through structured activities such as sports training or after-school or holiday programs. They also need parents who check up on them, make sure homework is completed and ensure that they have fulfilled their family obligations including completing their chore list.

Turn Conventional Wisdom On Its Head
It’s time to turn conventional wisdom on its’ head and start dedicating more rather than less time to raising teens. That way we’ll go a long way to giving them what they need, that is, parental guidance, management, nurturance and support to help them safely negotiate the twists and turns of the developmental journey from childhood into adulthood.

“The younger the child, the more they need their parents” has been traditional wisdom for some time. Many parents respond to this mantra by spending as much time as they can with babies and toddlers, then ramping up their careers as their kids move into school age. The older the children, the less time is put aside for them appears be the current practice.

The Twists and Turns of Development
This notion assumes that child development and children’s independence is a linear process where parents can increasingly step back as kids get older. BUT this is wrong!

A child’s development is full of twists, turns and reversals so that a 10-year-old who is beginning to experience the confusion that can come with early adolescence has a far greater need of her parents than she did at eight.

While toddlers are very adaptable and can be satisfied with attention from caring adults, teenagers are far more in need of the special care and supervision that their parents provide.

The age between 10 and 14 is a particularly needy time. Friendships become complex and the challenges of school can overwhelm children at this stage. They benefit a lot from late afternoon and evening chats with a parent. Mornings are too rushed for the types of conversations they need.