Dear Parents and Friends

The College received the sad news, on Thursday evening, of the death, after a lengthy illness, of previous member of staff, Mr Greg Gray. Mr Gray held roles as both Leader of Faith Development and Winters House Leader at St Paul’s Campus, as well as teaching his beloved areas of Commerce and Religious Education. He was dedicated and passionate in his teaching, leadership of Faith and Religious Education and in his work in support of the wellbeing and pastoral care of the students with whom he worked. We express our deep condolences to Greg’s wife Katherine and family. May he rest in peace.

Welcome to new members of our teaching team, Mr Sweeney and Ms Davoli, as they commence appointments at Notre Dame Campus. Best wishes to Ms Lyons who commences leave.

The Italy tour group returned last week after their amazing experience of the culture, language and history of Italy, including a farm stay in Tuscany and the wonderful cities of Rome, Pisa, Assisi and Milan. Congratulations to students on their mature involvement and to Ms Webster, Ms Italia and Mr Willetts who made this wonderful opportunity possible.

It was great to see the many parents who attended last week’s Parent-Teacher Interviews. A reminder that you are most welcome to contact the relevant teacher or campus leader regarding any matters that arise as the year progresses.

Well done to our athletics team on their performance in last Friday’s ACC carnival, including victories in four events by Augustine Kadende and Matthew Hussey’s effort in winning the Open 3000m and backing up with victory in the U15 1500m.

Well done also to students and staff involved last weekend in the Relay for Life 24 hour event to raise vital funds for Cancer Council’s research, prevention and support services.

Best wishes to our ACC and SACCSS teams this term in soccer, football, golf, badminton, basketball, and netball, also to our singers, musicians and performers as they continue rehearsals for this year’s musical production High School Musical, and to our debaters in the DAV competition.

Time to Shine: the Catholic Schools Performing Arts Gala will be held at the Regent Theatre, Melbourne, on Saturday 30 April at 2.00pm and 7.00pm. It is a wonderful acknowledgement of our performing arts program that such a large group of Emmanuel students has been selected to sing in the choir performances. Limited remaining tickets for performances are available for purchase at: http://www.ticketmaster.com.au/Time-To-Shine-2016-tickets/.

It is also great to connect students with performances of Romeo and Juliet, Macbeth, and Refugee perspectives, as well as the Seasons of Excellence at the Melbourne Recital Centre, as part of the current College program.

A reminder that a staff professional learning seminar, regarding our College Marianist identity, will be conducted with Br Bill Campbell S.M. on 9 May. Classes at Notre Dame Campus will conclude at 230pm on that day.

Today students and staff gathered for an ANZAC commemoration and wreaths will be laid at each of the local community ANZAC services. Squadron Leader, Mark Brown and Flight Lieutenant, Laine Pearce addressed students and staff, and reflected on the ANZAC qualities that inspire them in their service to the nation as members of the Armed Services. The commemoration of the sacrifices at Gallipoli was a powerful experience for students given they are a similar age to that of many of the ANZACs.

While not glorifying war, we remember the many men and women who have given their lives in defending those threatened by tyranny and oppression.

May the joy and peace of the Risen Lord, who died so we may live, be with us during this Easter season.

Christopher Stock
Principal
Campus Leaders

It has been a smooth return to school at both campuses. Students and teachers have come back rested and refreshed from what was a very busy, yet exciting first term. The Anzac Service was a highlight of the past fortnight. It certainly brought everyone’s attention to the sacrifice that all soldiers make when venturing to war and the significance of Anzac Day in our calendar. Last week our first Parent Teacher Interview sessions for the year took place, and it was gratifying to see so many parents take the opportunity to meet with their child’s teachers to discuss their progress thus far and, where necessary, appropriate strategies to address challenge areas. Again, it is important that your son or daughter attend with you, as they are a key part of the partnership between student, parent and teacher.

Resilience Project Preamble & NDC Forum
On Thursday 16 June, forums will run at both campuses concurrently. SPC will host Hugh van Cuylenburg from the Resilience Project. A small overview of the project from the website follows:

THE RESILIENCE PROJECT – Helping Young Australians to be mentally healthy, inspiring students, empowering teachers, engaging parents
[taken from theresilienceproject.com.au]

We conduct emotionally engaging programs in schools for students, parents and teachers. We also provide curriculum for schools accompanied by teacher resources.

What are people saying?...........

“I have never felt this inspired as a teacher in my 16 years in the profession.”
Claire- Billanook

“So000 easily the best presentation we have ever had at our school.”
Taylah – Damascus College

“I cannot believe the presentation I watched tonight. I cried and I laughed. The most engaging 90 minutes I can remember. I could have listed to you talk all night”
Linda, Parent- St. Helena’s Secondary College

Hugh is an engaging speaker and brings a powerful message for all. He will present to students later in the year and this is an opportunity for parents to be active in their child’s education. This evening will be repeated at the NDC Campus in September.

NDC will run a parent information session on how to make the best use of the electronic communications provided by the school – specifically PAM [Parent Access Module] and CareMonkey, as well as touch on how to support your child to stay safe on line. Parents may like to BYOD for this evening, although this is not a requirement. In September the same sessions will offered again on the alternate campus. Further information will be sent via CareMonkey.

Parents often ask what they can do at home to assist their children at school. Besides supporting the Homework program, another way you can help is to set aside a few minutes a week with your child to talk about goals achieved and to help develop goals for the next week. This provides constructive planning time, draws on the wisdom of more than one, and provides you with insights on how to support your child and above all, shows you have a genuine interest in your child’s education. In regard to homework, please take the time to look in the Student Handbook at the information regarding expectations. If your child is doing too much or too little, this could be an indication that there is an issue to be addressed by the student. Please contact the subject teacher, homeroom teacher or House Leader if you have any concerns in this area.

As the winter weather is upon us it is timely to remind students to check the uniform requirements for this term. Students are reminded that the girls summer dress and boy’s summer shirt is not to be worn for the remainder of this term and Term 3. Students are also reminded that they must not wear the sports uniform to and from school if it is incorrect, and a uniform pass will not be issued. On these occasions, students are then required to wear their formal uniform and bring clothes to change for their PE class. As your son or daughter moves into winter uniform you may have noticed that your child has grown out of their summer uniform. If you have no further need for these items, the College would appreciate any donations for spare uniform items in case of accidents or for our needy families. Please leave any such items at either College reception.
Campus Leaders cont’d

School photos will be taken on Friday 29 April at the St Paul’s Campus, and at Notre Dame Campus on Tuesday 26 April. Students are expected to be well groomed, with appropriate hair styles. **Formal uniform must be worn on this day.** If your child has a PE class they should bring their sports clothes to change into after photos have been taken. Please note that students cannot wear summer uniform - girl’s dress and boys summer shirt – from next week. Business shirt, tie and blazer is the only outer wear for boys and girls should wear their kilts, navy tights, shirt, tie and blazer.

This week’s article from Parenting Ideas provides insights into easing children’s anxiety. Anxiety is normal and part of everyday life. There’s no better time than childhood for learning to cope with anxiety. Please take the time to read the attached article. Don’t forget that parents can register themselves to receive regular newsletters from Michael Grose at parentingideas.com.au

Since returning to school after the term break a few unacceptable hair styles have been noticed and we would like to refer you to the student handbook with regard to those rules.

- All students are expected to be well groomed at all times. Hairstyles and colour should reflect a moderate and neat image **befitting the look of the College uniform. Hair colour should be natural looking. Hair styles should be neat and tidy and worn off the face with long hair clean and back.**
- Excessive styles are not acceptable and some examples are dreadlocks, matted style, tails, shaved or severe undercuts or lines, asymmetrical styles with excessive volume and messy styles, long fringes and mohawks. When longer hair is tied back, it should be gathered neatly at the back of the head, as it is not appropriate for hair to be in a sumo-style top knot. If hair is not long enough to accommodate this style an appropriate haircut will be required. If clippers are used, do not go below number three.
- Socks- White only with HPE uniform and summer dress, grey only with boys shorts and black or grey for boys with long trousers.
- Hair accessories are restricted to school colours—red, navy, sky blue and white.

**Piercings**

Students may wear a single, simple ear stud in the ear lobe only. Other earrings or sleeper styles should not be worn. No other piercings are permitted. Students will be sent home if they attend the College wearing piercings in other areas that they cannot or will not readily remove.

**REMEMBER:** Due to a joint staff meeting with Br Bill Campbell classes at Notre Dame Campus will conclude at 2.30pm on Monday 9 May.

We look forward to a very productive and satisfying Term 2.

David Barr & Jennifer Webster

School Fees

Semester 1 2016 fees are now overdue, late fees of $50.00 per student will be applied to all outstanding accounts on 25 April 2016. If you have any queries regarding payment of your account please contact the Finance Officer on 9394 2418.

Mario Puopolo

Business Manager
Leader of Faith Development

ANZAC Day
On Friday 22 April we, as a College, took time to remember in a special way all Australians and New Zealanders who have died in war. We were privileged this year again to have representatives from the Australian Defence Force talk to our students including Flight Lieutenant Laine Pearce of the Royal Australian Air Force talk at Notre Dame Campus on the importance of days like ANZAC Day and why it is important to pause and reflect upon those who have given the ultimate sacrifice for us all. We at Emmanuel College remember this past history of war, and pray that, in the future, all people will work to make peace, not war.

Resurrection Reflection
Let us not forget that our Easter season is not complete and we must remember that Easter celebrates not only the resurrection of one man, but the resurrection of the whole human race. Jesus’ resurrection from the dead was the climax of his earthly life and it was also the event that demonstrated beyond doubt that Jesus was God’s son, however; the resurrection is not the end of the story. For Jesus, there was still his ascension to heaven, his priestly intercession in heaven and his return in glory. The resurrection was the end of his earthly mission, but not the end point of his great work of reconciling heaven and earth, the resurrection of Jesus is also unfinished business for the believer. Through our faith in Jesus we share in His death and resurrection but, this is not a matter of just sitting around. Paul makes it clear that our share in the resurrection means a present and ongoing responsibility in the Christian life. We are now to start living in newness of life keeping our mind on things above as we live God’s way on earth below.

Relay for Life
A special thank you must go to staff and students who gave so generously of their time to support the 2016 Relay for Life. This is a wonderful cause to raise well needed funds for cancer research, something that has not only affected so many within our College community but the wider community. Twenty-four hours of walking for cancer is a sobering event and to witness the wonderful atmosphere in doing this was truly humbling. So far a total of $1612.00 has been raised and if you would like to still donate to the cause you can follow the link attached. Thank you again. https://secure.fundraising.cancer.org.au/site/SPageServer?pagename=relay_for_life#/search-teams?team_name=emmanuel%20college&search_type=donate

Reclink Australia – Community Champions Run
Emmanuel College has a strong connection with Reclink Australia, working with the marginalised in our community through the links of sport and the arts. Every year we send students to Alice Springs to work with the Indigenous Community which always proves to be a wonderful experience for all involved. On Sunday 1 May, Emmanuel staff and students will be supporting Reclink with their “Community Champions Run” in Werribee, providing an opportunity for all to support those in need. If you would like to participate, there will be a 2km, 5km, 10km and 21km run and walk. The run starts at 8am from Chirnside Park in Werribee. You can register for the run on www.reclink.org/communitychampionsrun

Reflection
Loving God, You sent your Son Jesus into this world to be an example to us all.
From a young age He followed Your will. He preached, healed and led people to You. He suffered, He died and He rose. We pray for us, the youth and young adults of Emmanuel College.
Give us knowledge, courage and a willing heart to be the disciples of today.
To learn God’s will, to share God’s message and to be God’s people. To follow the example of Christ Jesus.

Chris O’Malley
Deputy Principal Faith and Staff Development
McCoy House Report

“Education is the most powerful weapon which you can use to change the world” – Nelson Mandela

In the McCoy House Assembly this week, we discussed the importance of our studies and of taking our education seriously. At Emmanuel College, we pride ourselves on encouraging students to live “life to the full”, and to make learning as fun and interesting as possible. However, we also addressed the reality that sometimes you might not want to study; that is a natural and understandable part of being a teenager! However, students need to persevere and stick with their study schedule if they want to succeed in their subjects and achieve great results.

Aside from getting good grades, an education sets up our students to be well-informed and knowledgeable citizens. Education is a privilege that not everyone around the world is afforded, and it is our responsibility to make the most of the opportunities we are given.

We discussed five achievable and realistic ways students can improve their study habits and I hope to see the students of McCoy House take these on board for this term, as we head towards mid-year exams.

Choose a time and place – set aside a place for study that is quiet and free from distractions. Set this space up with everything you need and use it at a certain time each day.

Set time limits – set yourself time limits so you stay on track. For example, 40 minutes on English, 15 break, 40 minutes on Maths.

Improve your note-taking – don’t just passively read and highlight; this won’t help you retain information. Write out some general summaries or important definitions, and then explain this to a friend.

Take care of yourself – you can’t be at your best when you haven’t slept or eaten properly. Many students have stated that they are not sleeping for 7-8 hours a night and I have seen first-hand students who are too tired to focus in class.

Figure out what type of learner you are – in Homeroom this week, we are completing a quiz to determine our individual learning styles. There are suggestions to help you study depending on your result, for example, if you are a visual or verbal learner, or if you prefer working alone or in groups.

I wish all students a great Term 2 and I encourage all McCoy Students to participate in our lunch time soccer tournament, as well as our Footy Tipping competition.

Our Students of the Week are:
Mitchell Csono and Michael Lau, for their excellent contributions to the Year 10 Romeo and Juliet performance.
Benjamin Bethke, for his contributions to the “Bikes for Bibles around the Bay” 2 day bike ride.

Sophie Korosidis,
McCoy House Leader, SPC
McCoy House Report

Welcome back to Term 2. I hope everybody has had a relaxing and happy Easter break. It is pleasing to see that students have started the term with enthusiasm and focus. Parent teacher interviews were held last week and hopefully this was an opportunity for you, as parents, to meet with many of your son/daughter’s teachers. Please feel free to contact me if you have any ongoing questions that involve McCoy students.

As this is my first House Report for 2016, I believe it is important to speak about some things that occurred last term. I would like to welcome new students to McCoy House, especially our Year 7s and new staff, in particular Homeroom teachers: Ms Rebecca Seery, Ms Nadia Tati, Ms Kelly Sellner and Ms Rhona Van Veldhuisen.

Towards the end of Term 1, there was an opportunity to raise money for Project Compassion. A big thank you to the McCoy students who did bring money along to support this very needy cause. In particular, a big congratulations needs to go to McCoy H who as a homeroom raised $523.50 and McCoy I with $406.75. The competition between these two homerooms was fantastic and I look forward to seeing this same level of competitiveness with our Term 2 activities.

Starting this week, each homeroom is competing in a trivia competition. Every week there will be a new set of questions and at the end of term we will have a trivia winner. Also, this term we will be competing in a dodgeball competition. Stay tuned to see how these two activities go.

During homeroom, each class is involved in a variety of different activities that we have introduced this year. The activities revolve around resilience and looking at mindfulness and gratitude and it is pleasing to see so many students getting involved with these different activities.

Finally I would like to introduce the student leaders for McCoy 2016. I know they are very proud to represent their House.

Year 12: Jack Amourous & Jasmin Shields-Harris
Sport: Jacques Ozone & Sanari Dharmapala
Year 11: Jared Laurilla & Maria Cayayan
Year 10: James Bozinovski & Lucy Di Maggio
Year 9: Jake Aquilina & Riley Brown
Year 8: Noah Luppino & Abigail Dinan
Year 7: Matthew Bell & Emma Pisani

Tess Blassis
McCoy House Leader
Chaminade Homeroom Reports

In Term 1, Bradman homeroom decided to implement Technology Tuesday’s and Thursday’s, where the boys are only allowed to use technology of any sort on those two days. This idea gives the boys an opportunity to build friendships with boys they do not speak to often, and to communicate more in homeroom. To start the morning off every day with a positive, some of the kids are picked to tell the homeroom what they are grateful for and this could range from anything, whether the bus driver waited for them and even having clean water and a good education as well. First term was a busy term for Chaminade, as we started off the year playing handball as the homeroom competition, with Bradman homeroom beating Fraser, 6-4 in the final. We’ll see how Term 2 ends up playing out on the soccer field. Footy is back, and that means Footy Tipping, beginning at the end of last term, with one of our Year 9 leaders running the competition.

Callum Doyle and Thomas Lutovac
Bradman Homeroom

Overall, a vibrant and positive environment is created in the mornings to ease students into their day. The aim of cultivating this homeroom culture is to encourage a constructive space for students to socialize in. Mr Bowers emphasizes, with admirable effort, the element of self-reflection near the end of homeroom where students then share moments in their lives which they are grateful for. Furthermore, homeroom sport participation has been a great motivation for this homeroom in getting students out in the yard and active during lunch times. Casual dress has become known as the “Royal Rumble”. Students are encouraged to bring in a fistful of whatever coins they have managed to gather in support of the tradition (Caritas gold coin donation) on the day in competition with the other homerooms. Tasman’s on track.

Dayne Langley Year 11
Tasman Homeroom SPC

Being a Year 7 in homeroom is amazing. It is really different compared to primary school. Every day we come together and get to know each other. Every Monday we have Mindful Monday where we might colour in a picture or just relax while chatting to our mates. Mindful Monday helps us to think about what we have during the week and relax before the week ahead. Every Wednesday we have Grateful Wednesday where we take a few minutes to think about what we are grateful for and how this influences us. On Fridays we have Fun Fridays we can play games or go outside and pretty much just have FUN and get to know the people in our homeroom. Being a part of Chaminade B this year as a Year 7 is amazing because we have all of our peers to help us through the new things that we might need help with. We share our thoughts and make friends with people from all levels. In homeroom, we have those people for all our high school years so we are able to create some really good friendships with them. Homeroom is the best part of my day.

Allanah Anderson
Chaminade B NDC
Year 7 Camp NDC

During Term 1, the Year 7s from NDC experienced the highlight of the Year Calendar—Camp! The camp provided an opportunity for everyone to come together from a large variety of primary schools, to interact with new people and build friendships that will span across their time at Emmanuel College. Here are a few testimonials from our Year 7s below of the highlights of their trip:

At camp I really liked the activities and my favourite activity was the giant swing. I liked this activity because it was really exhilarating and fun at the same time. Another activity that I liked was the beach. I liked this activity because we got to meet new people and have fun. The thing that I didn’t really like was the snorkelling because we had it straight after breakfast and the water was really cold.

**Dylan Malkocer (McCluskey)**
I liked how the activities were different, interacting with other people and making new friends. The bunks were really good but I would’ve liked if we got to spend more time in our cabins. I found the beach walk to be pretty exciting. The disco on the last night was enjoyable and exhausting at the same time because some of us nearly lost our voice singing (bad singing). The giant swing was probably the most electrifying thing about camp and it made sure that I was living to the full!

**Emily Siljanovski (McCoy)**
I liked how we got a chance to make new friends and meeting new teachers too. I also enjoyed the disco. The most fun thing to do at camp was going on the beach walk and going in the water because we would just stay in the water for hours. It was really relaxing. The flying fox was awesome because you go really high and you felt like you were flying.

**Layla Duraku (McCluskey)**
I really enjoyed snorkelling around the pier. It was a good opportunity to see a lot of fish and an octopus. I thought that free time was fun because we had about 30 minutes to 1 hour of free time after dinner. In free time, we could play a whole load of different games, play sports and talk to each other. One thing I didn’t like was we didn’t get to do every activity.

**Noah Sykes (McCluskey)**
At camp I really enjoyed the giant swing. It was really fun and it was something I wouldn’t normally do. It was really fun having it at the start of the year because we got to meet new people in our group when we all just started high school.

**Joshua Duffas (Cassidy)**
The opportunity to complete activities in water at the beach gave us a whole new type of fun allowing us to experience something different. Instead of the chefs giving us the food, we were able to select what we wanted, whether a different type of food or quantity.

**Jackson Zahra (Chaminade)**
An activity I really enjoyed on the Year 7 camp was the “Giant Swing” activity because when you were sitting there watching other people do the activity I felt scared and nervous for when I would be going on it. When it was finally my turn on the “Giant Swing” and I was pulled up to the top just waiting to fall, I think that was the scariest part because you’re just sitting there looking at the area around you and then all of a sudden you drop. At first, it felt like I was just falling but once the rope reached its end I was hauled back forcefully and just glided back and forth looking over the trees at the ocean. So I believe this was my most enjoyable experience of the Year 7 camp.

**Alexander Rutkowski (Winters)**
English Incursion

REFLECTING ON THE 400TH ANNIVERSARY OF THE DEATH OF WILLIAM SHAKESPEARE AND YEAR 10 ENGLISH INCURSION (PERFORMANCE OF ROMEO AND JULIET)

23 April, 2016, marks the 400th Anniversary of the death of William Shakespeare (1564-1616). Today, we continue to be inspired and entertained by Shakespeare’s timeless tales, charming characters, poetic prose and licentious language.

This term both Year 10 and 11 students of Emmanuel College are studying Shakespearean plays – Romeo and Juliet in Year 10 and Macbeth in Year 11 – as part of their English courses. Last term, Year 12 Literature students studied Antony and Cleopatra as part of their VCE Unit 3 Literature course.

Below are some of our Year 10 students’ reflections on their recent English Incursion, which was a performance of Romeo and Juliet by a visiting acting troupe, Complete Works Theatre Company, held at both campuses of Emmanuel College. On 29 April, our Year 11 students will participate in a similar English incursion by watching a performance of Macbeth by the same company.

(Ms Emma Llewellyn – Assistant Leader of Learning – English)

On Tuesday 12 April, I had the privilege of playing Sampson in the Year 10 English Incursion, which was a performance of Romeo and Juliet. I think that Romeo and Juliet is a text which needs to be read aloud, to truly capture its meaning, which these actors did. It was brilliantly acted, with the outstanding part being the emotion and emphasis used throughout the entire play. Whilst I am reading Romeo and Juliet in class, I find it very easy to visualise the play, this is a testament to how entertaining it was. All in all, the performance properly conveyed the meaning of Romeo and Juliet, whilst making the entire play easier to comprehend.

(Eleni Sathiaseelan – WING – Year 10 NDC)

My overall experience of the Romeo and Juliet performance was very enjoyable! I really loved how the actors put their own spin on the story whilst still staying true to the original script. They portrayed the characters with conviction and brought Shakespeare’s words to life. Myself and three of peers participated in one scene of the performance which was something I’ve never done before. At first, I was nervous and apprehensive but I began to enjoy it more as we practiced our lines. The actors were friendly and helpful as they walked us through our rehearsals and during the performance made us feel as though we were one of them. I’m grateful for the opportunity to be a part of this experience and thank everyone who made it possible.

(Daniel Cook – CHDD – Year 10 NDC)

To begin the Romeo and Juliet project off with a performance of the play was a really great way of understanding the context of the play, its time, and the roles that people played etc. I think the actors did a wonderful job of portraying the characters and the play managed to bottle the essence of the story in a much more condensed format. Having people who had already studied the play and the story thoroughly was also a great addition as it meant that we could ask questions about the way that the play treated themes such as love, loss and the overall concept of romance. Being able to act in the play gave me an insight into the way that the play was written, how the language has meter and how words and phrases have changed and evolved which is an interesting experience.
English Incursion cont’d

I thought that the play was a great way to start off the unit because it gave us an insight on how to read the language and how the characters were portrayed - much of the personality in the text is lost so it was great to see it brought to life in the production. We got to act a small part which was fun, getting us out of our comfort zones, but it also gave us more insight into what the language has to offer and how phrases can have extra meaning, which is portrayed through acting out the scenes. I thought it was good fun and would recommend that more people take that extra step to really get the most they can out of every opportunity they are presented with.

(Tatiana Vanden Houte – MCKC – Year 10 NDC)

For some of the ways in which our marvellous city of Melbourne will be celebrating this special anniversary, check out:

http://shakespearetwentyscore.org/
http://shakespeare400.unimelb.edu.au/

Emma Llewellyn
Assistant Head of English

Campus Photo Days 2016

Home teachers have distributed envelopes for Campus Photo Day to each student in their homeroom.

Notre Dame Campus Photo Day Tuesday 26 April
St Paul’s Campus Photo Day Friday 29 April

Each envelope has individual student’s names printed on the front. Spare envelopes are available from Sarah Dinan (Student Services) at St Paul’s and Nicolette Williams (Front Office) at Notre Dame for any student that does not have an envelope with their name on it or for students who misplace their envelope.

Year 7 - 11s default Composite photo is a Home Room Group Photo. An option of a Roll Class photo, will be available at a later date for Year 7 – 10 students.
Year 12s default photo is a whole Year Level Group photo.

Ordering Photographs
Photographs can be ordered online as per instructions on the Aussies School Photos envelope, where an individual Web Logon Code is provided, or Credit/Debit Card details to be completed on the order form or Cheque or Cash – (Correct money must be included no change will be given).

Students need to bring the envelope to school on the day of photographs being taken.

Students are to be in formal school uniform. For boys this means blazer, tie, white shirt with top button done up, clean shaven and neat hair. For girls this means kilt, white shirt with top bottom done up, tie and blazer. Girl’s hair must be tied back and off the face. Girls should not be wearing makeup or nail polish.

Students with VET Sport or PE classes must wear their formal uniform and change into sportswear if required.

All students will have their photograph taken whether they are purchasing a photograph or not.

Stephen Lunardelli & Vince Crimi
Campus Organisers
Music News

Launching an Ensemble-Based Program (EBP) at Emmanuel College

Emmanuel College is making sure that every student is given an opportunity to develop in all dimensions of the educational experience. With music widely recognised as a unique form of intelligence in itself, active participation in a School Instrumental Music Program, through creating, performing and listening encourages the development of thoughtful students who contribute positively to the environment and community around them.

The process of sharing with others is the key to success in music. Musical instruments are designed to be played together, and it is in an orchestra or band that the most powerful and expressive music experience in relation to impact on education can be found. Playing in groups has long been considered an ideal way for children to learn music skills and experience an enriching social atmosphere.

Emmanuel College has implemented a compulsory instrumental music program at Year 7 that is yielding excellent results. We encourage all students from Years 8 – 12 at both campuses to consider what impact learning a musical instrument can do for them. We invite you to hear more:

Emmanuel College Ensemble-Based Program Information Evening

Tuesday May 24 2016 7pm

NDC Bordeaux Open Space

The information evening will include the opportunity to gain advice from experienced instrumental music teachers, handle and try a range of musical instruments and enrol for this new co-curricular program. Please put this date in your calendar. This is a unique, once-in-a-schooling opportunity that will not be repeated.

Carmelo Puglisi
Director of Music

TIME TO SHINE
CATHOLIC SCHOOLS PERFORMING ARTS GALA 2016

The big moment has arrived! Nearly a year has gone by since our choir successfully auditioned for this spectacular show. Since then, they have spent countless hours rehearsing and we are extremely exited to see them perform at Melbourne’s iconic Regent theatre. We also have two graduates from 2015 performing their own act, best of luck to Stephanie and Michelle Nguyen, as this will be their second time performing at this gala event.

A very big thank you also to the music staff, especially Ms Seery, Ms Lyons and Mr Puglisi for all your hard work in preparing the choir. Congratulations and good luck to:

Jasmine Ahmar
Madeline Bailey
Jade Davis
Natasha Griffiths
Joshua Morton-Galea
Georgia Wedding
Jordan Neil

Allanah Anderson
Olivia Cincotta
Claudia Doan
Crystal Jacob
Kara Morton-Galea
Benjamin Sparks
Spyridon Papazisis

Demi Angelos
Anika Clancy
Angelica Emerton
Kelsey Jobe
Han Nguyen
Christopher Koulis
Gabriel Sathiaseelan

Sophie Aquilina
Shakira Clancy
Racheal Fox
Julia Laurilla
Clara Nowinski
Mthabisi Mpofu

Catholic Education Melbourne proudly presents
SPC Book Chat
Another successful Book Chat was held recently with Simon Bugeja from Year 12 as our guest speaker and resident expert on all things related to Zombie literature. Regular chats and activities are determined by the reading interests of the group. We meet at lunchtimes 2-3 times each term and welcome new members from all year levels.

Foreign Language collections
Italian and Japanese language picture books, fiction and non-fiction titles now make up small but growing collections at each library and are available for student loan. Titles include ‘Where the Wild Things Are’, ‘Dragon Ball’, ‘Diary of a Wimpy Kid’ and some of the ‘Harry Potter’ series.

NDC Library
To maximize space and learning opportunities our new shelving has revitalised the NDC library, now offering a welcoming reading space, quiet study area for senior students and a dedicated and functional classroom/research space.

Book Talkers
The NDC library’s lunchtime timetable is designed to provide study and recreational options for our different student populations with Quiet Study only on Mondays and Fridays, games available on Tuesdays and Thursdays and Book Talkers, Debating, Chess and Sewing alternating on Wednesdays.

Chess and UNO tournaments
NDC library ran its annual library chess competition in Term 1. It was fantastic to have many Year 7s join in and we will hopefully be adding some new faces to the SACSS Chess competition this year. After a fierce round robin the grand final was held on Tuesday 12 April between Year 12 Danesh Balachandar and Year 8 Charles Orum. Charles, showing the skill he wielded to win the medal for Best Jr Male at the SACSS competition in 2015 defeated Danesh in an intense game. Lachlan Collins in Year 7 came third, a great achievement and thanks to all who participated. Term 2 sees the running of the annual UNO competition- always popular we have 47 students signed up for the round robin that begins this week.

Barbara Brown and Larissa Lever, Library Leaders
Upcoming dates:

- **Undergraduate Medicine and Health Sciences Admission Test (UMAT)** – Register by: 3 June; Test date: 27 July (required by undergraduate Medicine at Monash University)

- **VCE and Careers Expo** – Caulfield Racecourse; Thurs 5 – Sun 8 May; Cost: $10, $25 families; Info: [www.vceandcareers.com.au](http://www.vceandcareers.com.au)

- **Year 10 Work Experience** - June 20-24 Return forms ASAP

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The Age VCE and Careers expo is running May 5-8. Melbourne’s Biggest Careers Expo held at Caulfield Racecourse $10 Single Entry or $25 for families

- Information and resources for the VCE
- Information about university, TAFE and training courses
- Career advice
- Study advice
- International exchange and gap year programs

All year 10s will be attending as part of their Careers Education Program.

CHECK OUT MONASH UNIVERSITY – Monash is offering more ‘Inside Monash’ Seminars in the next few weeks. These are a great way to obtain insights into their courses and careers:

- 26 April – Architecture
- 27 April – Interior Architecture
- 28 April – Psychology

Information and Bookings: [www.monash.edu/inside-monash](http://www.monash.edu/inside-monash)

WHAT IS HAPPENING AT THE UNIVERSITY OF MELBOURNE?

**NEW APPROACH TO TEACHING DESIGN** – The University is introducing a new undergraduate Bachelor of Design degree in 2017. This degree will create new pathways for students who are passionate about the use of design and creative approaches across a wide range of disciplines and professions, and give students contemporary opportunities for their graduate and career prospects. Majors available will be: architecture, construction, computing, civil systems, digital media, landscape architecture, mechanical systems, property, spatial systems, urban planning and visual and performance design.

‘FOCUS ON MELBOURNE’ – ‘Focus on Melbourne’ University seminars offer you the chance to take a closer look at the courses you would like to study at Melbourne. The seminar series include sessions for every undergraduate course at Melbourne. Hear from current students and find out about majors and degree structures, pathways to further study, employment prospects, entry requirements and application, and the unique Melbourne experience. The series kicks off with

- **Focus on Engineering** on Tuesday 17 May (6.30-8.00pm),
- **Focus on Veterinary Science** on Wednesday 18 May
- **Others to follow**

To find more information and sessions, and to register to attend, go to: [http://futurestudents.unimelb.edu.au/focus2016](http://futurestudents.unimelb.edu.au/focus2016).
LA TROBE UNIVERSITY NEWS -

‘ASPIRE’ EARLY ADMISSIONS PROGRAM (EAP) – this program has been well received by students, with 587 community-minded students receiving an offer under the program, an increase of 23.6% on the inaugural year. The university is planning to expand this program (more detail later). Some universities are looking at the need to restructure their admissions practices to promote greater ethical engagement among aspiring students and to reduce pressure on academic achievement. For information about this program see: www.latrobe.edu.au/aspire.

STEM AN AREA OF STRENGTH AT LA TROBE – For those who are unsure, STEM stands for Science, Technology, Engineering and Mathematics. As you can see below, this is an area the government is wishing to promote. La Trobe University plans to introduce important initiatives in relation to these course and career areas.

RESTORING THE FOCUS ON STEM IN SCHOOLS – The Federal Government committed an extra $12 million to restore the focus, and increase student uptake of, science technology, engineering and mathematics (STEM) subjects in primary and secondary schools in the 2015-2016 budget. This built on the $5 million allocated in the 2014-15 Budget. Restoring the focus on STEM subjects is about ensuring Australia’s young adults are equipped with necessary skills for the economy of the future.

STEM is everywhere: our homes, transport, food, health, jobs and leisure to name a few, are all profoundly shaped by technological innovation.

Four key elements of the program are:
• providing innovative mathematics curriculum resources
• supporting the introduction of computer coding in schools
• an innovative approach to education based on the US ‘Pathways in Technology Early College High School (P-TECH) model
• Summer schools for STEM students to increase the number of girls and disadvantaged students attending.

Students need to be encouraged to study STEM subjects to help secure the nation’s future. Starting this interest at the school level will hopefully help increase the number of students taking up STEM subjects in higher education and in their careers, and help keep Australia competitive internationally in these important fields.

Amanda Silipo & Sol DiMaggio (information provided by M Walker)

Careers Leaders
Science at Emmanuel College - Then and Now

1967

1979

1995

2012

Penny Cook
Emmanuel College Archives
## Calendar Term 2 Weeks 3A & 4B

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>25 April</td>
<td>ANZAC DAY HOLIDAY</td>
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</table>
| 26 April | SPC ACC Year 10 Football SAL v EMM  
SPC ACC Year 10 Soccer SJG v EMM  
NDC Campus Photo Day |
| 27 April | SPC ACC Senior Football EMM v DLS  
SPC ACC Senior Soccer PAR v EMM  
NDC Year 7 Premier League Rd 2 CCCC v EMC |
| 28 April | Year 12 Seminar Day—Social Justice  
SPC ACC Year 8 Football EMM v SAL  
SPC ACC Year 8 Soccer EMM v SBM  
SPC ACC Year 7 Soccer PAR v EMM |
| 29 April | SPC Campus Photo Day  
NDC Year 11 Macbeth Period 1  
SPC Year 11 Macbeth Period 4 |
| 30 April | Time to Shine Gala 2016 @ Regent Theatre |
| 3 May | SPC ACC Year 10 Football EMM v PAR  
SPC ACC Year 10 Soccer EMM v SAL  
NDC SACCSS Cross Country |
| 4 May | Refugee Performance - **SPC** – Periods 1 – 2A & **NDC** – Periods 2B – 3  
SPC ACC Senior Football EMM v SBE  
SPC ACC Senior Soccer DLS v EMM  
NDC Year 7 Premier League Rd 3 EMC v CRC MEL |
| 5 May | Casual Dress Day—Reclink  
SPC ACC Year 8 Football BYE  
SPC ACC Year 8 Soccer MAZ v EMM  
SPC ACC Year 7 Soccer EMM v SBM |
| 6 May | Year 10 “The Age” Careers Expo Excursion  
SPC Year 8 Sports Day |
COMMUNITY NOTICES

FOSTER CARERS needed!

Can you offer a home for a vulnerable child? Anyone can become a carer. They are couples, singles, from different cultural backgrounds, with or without their own children. They are people who have the desire to give a child a safe and welcoming place to stay.

Next information session will be held in Wyndham Vale on Thursday April 28th.
For further information please call Liesl Trenfield on 93967400 or email liesl.trenfield@anglicarevic.org.au

COME AND JOIN US FOR HIGH TEA

Where: Mount St. Joseph’s Girls College
129-133 Maidstone St, Altona.

When: Sunday 1st May 2016
   Time: 2pm – 5pm
   Cost: $30.00 per person

There will be music, raffles, door prizes, guest speakers, party planners, great food and lots more.

All funds raised will go to Joseph’s Corner.

For bookings please call Joseph’s Corner on 9315-2680 or Tania on 0439 165 660.

YOUTH MENTAL HEALTH FIRST AID TRAINING

When: Saturday 7 and Saturday 14 May 2016
Time: 9am to 5.30pm

Where: Hobsons Bay Civic Centre
115 Civic Parade
Altona

Cost: $50

Bookings: Bookings are essential as places are limited
Call 9932 4000
jnolan@hobsonsbay.vic.gov.au

WESTGATE INDOOR SPORTS

Indoor Soccer Season starts Friday 29th April

All teams and individuals welcome

Sign up and join today at westgateindoorsports.com.au

Or Call 9369 6888

Improving the Diagnosis and Treatment of Gastrointestinal Dysfunction in Autism Study

In order to participate in this study you must:
Have a child who has had a typical development OR has been professionally diagnosed with autism? The child must be between the ages of 6-17. It is preferable for the child to have experienced gastrointestinal symptoms such as: diarrhea, constipation, bloating, heart burn, etc but not required.

Why Participate?
Participants will be provided with a free genetic profile, focusing on gastrointestinal dysfunction based on their child's cheek swab. The primary benefit of this study will be to the autism community as a whole, improving the quality of life for children with autism.

For more information please contact the principal researcher Anya Shindler at 03 9479 1277 or alternatively, email her at aeshindler@students.latrobe.edu.au

The Laverton Community Centre & Neighbourhood House is running a

6 week “Anger Management for Men” course

Starting date: Thursday 19th May 6.30pm – 8.30pm
$120

Why do you get angry? When is anger a problem? Ways to manage your anger & the opportunity to practice your anger management skills in a safe environment with your peers.

Bookings 8368 0177
Email: reception@lcis.org.au
Easing children’s anxiety

Anxiety is normal and part of everyday life. There’s no better time than childhood for learning how to cope with anxiety.

For those with no personal experience of anxiety it can be hard to understand how debilitating it can be. “Come on, get on with it,” seems so obvious. Of course, this response is nowhere near adequate.

Most kids experience some anxious moments or have fearful thoughts and feelings from time to time about certain events. These thoughts and feelings prompt them to proceed with caution.

But anxiety and fear can be paralysing. Some kids simply can’t stop their ‘bad thoughts and feelings’. They can’t silence the voice of fear that whispers to them continually.

Staying calm
Anxiety is a normal part of life and can be managed, but it takes time. It’s also contagious so it’s the job of parents to stay calm, think clearly and role model confidence when kids get anxious.

CALM is created through your words, voice and facial expression. When children become anxious, help them recognise what’s happening. Some kids get angry, some become upset and others withdraw. Work out the pattern for your child and help them recognise when they are anxious.

ACCEPT your child’s anxious feelings. Your child needs to trust that you are with them, and then they will be more willing to let you help them cope. It’s hard sometimes to differentiate between what may be a bad case of negative thinking and true anxiety.

Is a child being negative when she doesn’t want to join a new club because she thinks no one will like her, or is there something more going on? Try to confirm whether there is any validity in their fears. If not, point out diplomatically, that they may be catastrophising. If you feel there is reason for concern, help them to overcome their anxiety.

CHALLENGE the validity of your child’s fears and anxiety, using logic and rational thinking. Don’t allow kids to wallow in self-pity. Move their thoughts towards the future rather than allow them to mope around.

Making a plan
ENCOURAGE your child to overcome their anxiety through action. Vanessa came up with a creative solution to help Ruth, her seven-year-old daughter, overcome her reluctance to attend birthday parties without her. Initially Vanessa attended parties with her daughter so she wouldn’t miss out, but Ruth was becoming too reliant on her, so it was time to make a change.

The next time Ruth was invited to a party, Vanessa put a plan into action. First, she set up a little birthday party scenario at home using dolls and teddies as friends, so her daughter would know what to expect. Vanessa explained that she would leave her at the party for a short time. Vanessa let her daughter know that she had no doubt that she’d cope.

The little plan worked a treat. Vanessa arrived at the party an hour after the start to find Ruth involved in a game. She acknowledged her mum, but she didn’t leave the game. Later, at home Vanessa made a fuss over her daughter for being brave. Ruth agreed that next time she was invited to a party she would go for the whole time without her mum.

Anxiety is normal and part of everyday life. However, it can be debilitating unless it’s managed. Anxiety management takes time for kids to learn, but it’s one of those valuable life skills that parents can teach their kids.
Catholic Education Melbourne proudly presents

TIME to SHINE

CATHOLIC SCHOOLS PERFORMING ARTS GALA 2016

SATURDAY 30 APRIL 2016

2.00 pm and 7.00 pm
Regent Theatre
Collins Street, Melbourne

Tickets on sale now through Ticketmaster
www.ticketmaster.com.au
EMMANUEL COLLEGE’S PRODUCTION OF

Disney

HIGH SCHOOL MUSICAL

ON STAGE!

BASED ON A DISNEY CHANNEL ORIGINAL MOVIE

MAY 19TH – 20TH 2016
ST. PAUL’S CAMPUS, ALTONA NORTH

TICKETS: http://tinyurl.com/h47q8sj

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