Dear Parents and Friends

As you may be aware, the State Government has recently outlined additional requirements for schools in ensuring the safety and wellbeing of students in their care. The safety and wellbeing of the young men and women of Emmanuel remains our first priority and in responding to the State Government requirements the College will continue to:

- **Uphold the primacy** of the safety and wellbeing of students, and
- **Empower members of the Emmanuel community** to have a voice and raise concerns in matters of child safety.

As well, the College will Implement simple, clear and effective practices in risk-management and employment regarding child safety.

Last week, Hugh Van Cuylenberg, leader of the Resilience Project, continued his work with the College, with presentations to students on the key elements of building resilience: gratitude, empathy and mindfulness. Students continue to practice these skills in the Emmanuel Resilience Program. Hugh’s second presentation to parents about the program will be held at Notre Dame Campus on 8 September at 7pm, with further details available closer to the date.

Well done to our senior girls hockey team as back-to-back SACCSS hockey premiers, and good luck to our SPC Year 12 debating team for their upcoming DAV semi-final debate.

Best wishes for all success to students in the Friends of Alice program who depart for Alice Springs next week to support the Reclink Australian Rules football tournament involving indigenous teams from remote communities. Students will also get to know members of the indigenous community in Alice Springs and learn about the hopes and challenges of the communities they meet.

Refugee and Migrant Sunday will be celebrated on 25 August. We pray that the successes of Australia’s migrant and refugee history inform our nation’s response to the current challenges confronting refugees to Australia.

*Christopher Stock*
Principal
A lot continues to be happening at both Campuses for students, parents and teachers. The Term 3 Learning Advisor session was well received by the students. The boys and girls used the time to reflect on their academic progress over the Semester in order to evaluate whether they have been working to their potential. From this process, the students reflected on their class and study habits to help them focus on their studies and put strategies in place that will hopefully assist them to improve on their Semester one results.

Resilience Project Preamble & SPC Forum
On Thursday 8 September, forums will run at both campuses concurrently. NDC will host Hugh van Cuylenburg from the Resilience Project. A small overview of the project from the website follows:

THE RESILIENCE PROJECT – Helping Young Australians to be mentally healthy, inspiring students, empowering teachers, engaging parents [taken from theresilienceproject.com.au]  Hugh is an engaging speaker and brings a powerful message for all. He will present to students later in the year and this is an opportunity for parents to be active in their child’s education. This evening received very positive feedback from the parents who attended the presentation at St Paul’s earlier in the year. Parents from St Paul’s may wish to attend this session.

SPC will run a parent information session on how to make the best use of the electronic communications provided by the school – specifically PAM [Parent Access Module] and CareMonkey, as well as touch on how to support your child to stay safe on line. Parents may like to BYOD for this evening, although this is not a requirement. Further information will be sent via CareMonkey.

Lost property continues to be of concern. Our expectation is that the students are responsible for looking after their own belongings. Self-responsibility is such an important skill to work towards. Please assist your child with this task by ensuring all items are clearly named. Your support in assisting your son or daughter with this task is very much appreciated.

It is pleasing to see that many students have deodorant in their bags and use it after a rather physical game of downball or basketball. However, we request that students only bring a roll-on deodorant as aerosols can trigger asthma for some students and are not as environmentally friendly. Thank you for your support in this matter.

Families are also reminded, that if your child comes home unhappy or worried about anything and they have not talked with someone at school, it is important that parents make contact. Sometimes something very small builds into something bigger because young people have not had support to manage an appropriate response. In certain situations, tactical ignoring or walking away is a good short term solution to diffuse a situation. However, it is not an appropriate long term response and it is important that your child develops ways to manage emotions so that they do not build up and develop appropriate responses to ensure that negative patterns do not continue.

Parents are also reminded that if your child contacts you to pick them up as they are not feeling well, or for some other reason, you should check with the office prior to attending the College. There are times when a student will make a decision and does not inform their teacher or the appropriate office staff about any problem or issue that they may have. If they are ill they should attend sick bay and the office will contact you as required. If there is another reason for your child to make direct contact with you, it may not be appropriate that the child is collected from the College. You should notify the College immediately of any contact from you child, so that the issue is followed-up and appropriate response/support provided. Please do not hesitate to speak to a House Leader, Pastoral Co-ordinator or Campus Leader if you have any concerns about this protocol.

Please note that the College celebrates Marianist Day on Friday 9 September and students are dismissed at 12.30pm. Normal bus arrangements are in place for this day.

Senior students are reminded that they are not permitted to drive to school unless they have completed an application through their House Leader. Refer also to page 17 in student handbook. An application form must be completed and one can be collected from student services

Students are also reminded of the importance of being at school every day. The cumulative effect of absence has a significant impact on a student’s capacity to achieve their best. It’s not OK to be away, and it is important that families work with the College in ensuring students are only ever absent for genuine illness. Senior students and parents in particular are also reminded of minimum hours required for satisfactory completion of a unit in VCE. Please refer to the VCE Policies and procedures in the student handbook for all protocols related to assessment.

The Michael Gross article this week looks at how children’s sport has an amazing capacity to bring out the very worst in some parents. This is an interesting read and we would encourage parents to take time and read the article as if gives some tips for parents on how to behave.

As another busy fortnight comes to a close, it has been great to witness the continued enthusiasm and energy of both the students and staff.

David Barr & Jennifer Webster
Leader of Learning

**Progressive Feedback**
On August 29 you will be able to log onto PAM to view the feedback from teachers about the progress of your child in the completion of Assessment Tasks this term. Knowledge Banks on PAM can provide you with information on how to access this feedback.

As a College we have been focused on providing useful and timely feedback to students to enhance their learning. We have engaged in research that indicates that feedback is one of the most valuable tools in helping students learn (Hattie, J Visible Learning, 2009). To aid this, we have moved to a system of progressive reporting related specifically to Assessment Tasks rather than reporting on a whole Semester’s worth of work in one hit.

It is our belief that this will further enhance the relationship between parents and teachers in terms of supporting the learning for each child because we can be very specific about the skill, knowledge, success and challenges that students and parents can address. It has always been the College policy that students receive feedback from the teacher regarding successes and challenges and how they can improve their performance.

We believe that reporting periods should be sufficiently spaced so students have a chance to show growth and parents have an opportunity to support students at home. This spacing should also acknowledge the work of teachers in assessing and commenting on tasks.

An SMS message will continue to be sent to parents alerting them to comments being open.

**Year 12 Interim Reports**
In the week beginning 29 August all parents of Year 12 students will have access to an Interim report outlining the progress of your child. This information is a general snapshot and does not contain grades or specific information on individual assessments. If you have any concerns after reading the Interim Report you are urged to contact the House Leader as soon as possible to follow up.

You should be seeing your child completing 3 to 4 hours per night of homework which includes study and practice exams. Students should now be using practice exams as part of their study routine and submitting them to their teacher for feedback. We are now entering the most significant period in terms of exam preparation.

**Year 12 Trial Exams – September Term Break**
During the September term break all Year 12 students will have the opportunity to complete trial exams for all their subjects in order that they can get feedback from their teachers. These exams are very important preparation and give students a sense of how well they are timing their responses and areas in which they need to focus their revision. English will be held in week one and all other exams on the Wednesday and Thursday of week two.

Please strongly encourage your child to attend all trial exam sessions.

**Subject Selection**
Thank you to all parents and students for your support of this very important process. Students have now finalised their selections and the job of creating a timetable and marrying all the student options together begins. Students will have their subjects confirmed towards the end of Term 4.

Thank you to all who attended our information evenings, contacted or visited our Careers Co-ordinators or followed up with teachers in the process.

Judith Weir
St Mary’s Altona
On Sunday 7 August, a number of staff and students joined with St Mary’s at 10.30am mass. This is a wonderful opportunity for Emmanuel College to maintain a strong connection with our feeder parishes and for students who attended St Mary’s primary school. A special thanks must go to Fr Shabin for making us feel so welcome and to the parents who also joined us.

Defining Characteristics of a Catholic School
We have been asked to be in, yet not necessarily of, the world. We have increasingly become a body of lay people in a Church that has a strong clerical leadership structure. Our schools work to meet the dual demands of both excellence and equity. We live and work in the worlds of both Church and State, and often find ourselves the servants of two masters. We address ethical dilemmas that require us to differentiate between not the good and the bad, but to choose the better of two goods, or the lesser of two evils. We are challenged, in the words of The Catholic School on the Threshold of the Third Millennium to write “on the very souls” of human beings, and yet to account in detail for quantified approaches to learning. We try to exercise empowering, shared leadership, while presenting ourselves as strong and capable people. We seek to ensure that our staff and students experience the very best of pastoral care, while often neglecting care of ones self. We find ourselves juggling the ideals of the Good News of Jesus with the press of demand from an increasingly secular world.

Year 11 Seminar Day
On 8 August our Year 11 students had their Social Justice Seminar Day on both campuses at the Encore Events Centre. The day was hosted by Mr Andrew Kitchen, an Ambassador for World Vision, song writer and general advocate for social justice. The students were engaged throughout the day by Andrew’s stories, experiences and talent as a musician based around the theme of social justice. This was a wonderful day for both students and Year 11 RE teachers involved. We also covered the topic of resilience with Hugh van Cuylenburg.

Year 8 Retreat Day
The Year 8 students from Notre Dame Campus participated in their Retreat Day which saw them have a presentation from Values for Life on Man Up and Skin Deep looking at things that challenge young people in today’s society. They shared a liturgy together and heard from our World Youth Day representatives who spoke to them about their experience in Poland. The day then focused on their faith journey with the National Evangelisation Team presenting and Mrs Mills and Mr O’Malley working with them on who they are and challenges that they will face in life and how to cope. Overall, the day was a lot of fun covering many important topics. Thank you to all involved.

A Prayer to Our Lady
Immaculate Virgin, Mother of Jesus and our Mother, we believe in your triumphant assumption into heaven where the angels and saints acclaim you as Queen. We join them in praising you and bless the Lord who raised you above all creatures. With them we offer you our devotion and love. We are confident that you watch over our daily efforts and needs, and we take comfort from the faith in the coming resurrection. We look to you, our life, our sweetness, and our hope. After this earthly life, show us Jesus, the blest fruit of your womb, O kind, O loving, O sweet virgin Mary.

Chris O’Malley
Deputy Principal Faith and Staff Development
Cassidy House Report

It has been a busy start to Term 3 for both staff and students of Cassidy House. In Learning Advisor and in Homeroom, students have been working closely with their homeroom teachers reflecting on their performances in Semester 1 and setting subject specific goals for the remainder of Semester 2. Year 8-11 students have also been liaising with teachers regarding their subject selection choices for 2017.

In Term 2 students tested their general knowledge every Friday in homeroom in the weekly Trivia Competition. Cassidy I was the winning homeroom. The Term 2 winner of the homeroom point’s competition was Ms Lo Bianco’s Cassidy E who celebrated their win with a pizza lunch.

On Friday 5 August and Monday 8 August, the students of Year 7-11 were spoken to by Hugh from the Resilience Project about practicing mindfulness and gratitude each day. To assist the students we have been working on mindfulness and gratitude in homeroom on Monday and Wednesday respectively. By practicing these two things students can increase their resilience which will help them deal with the situations they encounter at school and in life in general, and become stronger people.

The mindfulness and gratitude activities are just an example of the importance of attending homeroom on time. Students are expected to be in their homeroom at 8.30am. Homeroom is an important part of our Pastoral structure.

As a house we will be monitoring attendance at homeroom and overall attendance at school. The mark we have set this semester is an attendance rate of 85%. If your child’s attendance falls below 85% we will be contacting you to let you know. An 85% attendance over a semester equates to 15 days missed or 60 periods that the student will need to catch up the work for.

I wish all Cassidy students the best for Semester 2 especially Year 12 as they are nearing the business end of the year.

Rebecca Chester
Cassidy House Leader NDC

During the first weeks of Term 3, Cassidy students have been hard at work playing ACC sport, participating in the Showcase, going on excursions and finishing assignments. It has been wonderful to see so many smiling faces each morning as the boys arrive for homeroom, with their shirts tucked in, their blazers buttoned up and their ties neatly tied. To top it off, they even say “Good Morning Sir”, and I think how much these boys have grown up this year, and what a transformation some of them have gone through. This was certainly not without some tears and tantrums but the hard work and persistence has certainly paid off.

Prior to the last holidays I had the pleasure to read all of the Cassidy end of Semester reports. I was amazed by the number of hard-working, dedicated and enthusiastic students Cassidy is blessed with, and this was recognised with nine Cassidy students across all year levels gaining recognition by being appointed to the Principal’s List for 2016. I hope the boys continue with this outstanding work until the end of the year, especially the Year 12 students who have only a matter of weeks left.

Over Term 2 and 3, I have been giving out “Random Acts of Kindness” awards. These have been placed randomly on students lockers. They can then redeem these special acts of kindness for chocolates. I am trying to install in the boys that the world is about giving, and giving to those who need it the most. I have been sharing stories of random acts of kindness and allowing them to feel the same special warm feeling when someone does something nice for them. This truly paid off when it came to the Winter Appeal, the amount of food brought in was amazing; this generosity was truly outstanding and it showed the compassion and spirit that Cassidy boys have towards those less fortunate. Later in the year we will have the Christmas appeal and I hope the passion and generosity is also extended to this wonderful and needed appeal.

Overall, I would like to thank all of the Cassidy boys for being so caring and understanding and for making the most of every opportunity that is presented to them. Life is what you make of it, and if the start of the year is anything to go by, the students of Cassidy House are going to be presented with many wonderful and exciting opportunities.

Tony Muller
Cassidy House Leader SPC
McCoy Trivia Winners – McCoy B
During Term 2 all of McCoy had a trivia competition. We were asked all different types of questions, some harder than others. To answer these questions, we could only use our common knowledge. McCoy B won this competition, therefore they were awarded a pizza lunch for the Homeroom.

By Isabella Meilak and Stephanie Di Maggio
NDC Students

McCoy Dodgeball Winners – McCoy I
In dodgeball, McCoy I competed in the grand final undefeated. We versed McCoy C and McCoy F. The homeroom worked great as a team with almost everyone coming to play. As a reward for winning dodgeball, McCoy I received a pizza lunch.

By Jasmin Shields-Harris
NDC Student

Deakin homeroom is an incredible homeroom to be a part of!

I have only recently returned to school due to some health issues I faced and the moment I walked through the door in the morning of my first day, I knew I was back at school. I was welcomed back with open arms, everyone cared and asked how I was feeling and showed true compassion.

Being in Deakin homeroom feels like a smaller community inside the larger community that is Emmanuel College. The teacher in Deakin is Miss Warne, she is a supportive and trustworthy person. She is always willing to help all of the students in her homeroom deal with the issues they are facing.

Socialising in homeroom is very important, we are always encouraged to socialise with students of all ages and year levels. Every morning there are new and enthusiastic conversations amongst all of the students.

Deakin homeroom is a very compassionate and warm homeroom, and each day I am thankful to be in that homeroom.

By Joseph Rigazzi
Sports News

SACCSS AFL Div 2 Finals
The Senior AFL Division 2 game was played at Galvin Park Reserve in Werribee on Thursday 23 June in what was a strong finish to the season for the boys. Emmanuel College defeated CRC Sydenham in this match by 73 points, promoting Emmanuel College into Division 1 for 2017. Congratulations to George Abboud from Emmanuel on being named Best Player in the Grand Final.

SACCSS HOCKEY 2016 – By the Senior Girls Coach - Mr Vince Crimi
The Notre Dame Campus entered a Senior Girls and a Senior Boys Team in the 2015 SACCSS Hockey Carnival, held on 10 August. The Boys Team have had a tough previous two years. However, the original core of players was still keen to give it another go and welcomed the addition of a number of new players. These boys put in an outstanding effort winning two games and finishing third in the competition. Our goal scorers for the day were Cody Pitcher with 2 in the game against St. Monica’s College, Anikin Samuels who scored goals against CRC Sydenham and MacKillop and our team captain Jordan Themelkos who also scored against MacKillop. A special commendation to Liam Attard who, despite being unable to play on the day, ran our bench like a smooth machine.


The Senior Girls Team was able to carry on its good form from 2015, winning the Carnival for the third year in a row. With only limited hockey experience in the team, each player was able to play her role to perfection. In the first game, an early goal to St Monica’s saw us on the back foot. However, a great short corner conversion goal from our captain, Ashleigh Brooker, saw us snatch a draw. The team were a lot more convincing against CRC Melton, with goals to Ashleigh Brooker (2) and Lori Arkison getting us through to the semi-finals.
Sports News cont’d

We played tournament favourites Marymede in the semi-final. All of the players stuck to the team plan brilliantly and we were able to nullify the Marymede forwards. We had a number of scoring opportunities ourselves but were just not able to put the ball in the back of the net. A drawn game resulted in extra-time and, finally, a penalty shoot-out. Goalkeeper Kristy Ficior rose to the occasion and the Marymede girls were not able to score a penalty goal. Kristy’s sister, Elise, converted her opportunity and we were on our way to the Grand Final.

We were up against St. Monica’s in the Grand Final and after we were lucky to draw with them in the first game, we again started as underdogs. But the NDC spirit shone through and we were able to get the jump on them early, scoring two first half goals. St. Monica’s challenged strongly in the second half but we were able to hold them out, winning by the 2 – 0 score.

All players should be congratulated, especially those who joined up at the last moment when it looked like we would go into the competition a few players short. Let’s hope everyone comes out for another run in the team next year to defend our title.

Senior Girls Hockey Team

SACCSS Senior Football
The NDC Senior Boys Football played their final round match this week against Marymede finishing on top of the ladder undefeated. The final will take place on Wednesday 24 August. The outcome of the girls Senior Football hangs heavily on the result of their Friday 19 August game. So watch this space...

Premier League – Year 9
With the conclusion of the season, all teams have a BYE next week (23 August) and will play Cross over finals on 6 September. We are still waiting to hear final results but at the time of print, the Year 9 Boys Basketball and Year 9 Girls Soccer teams were definitely assured of a finals play off. This information will be posted to the Student Daily Notices.

Upcoming events
30 AUGUST – SACCSS Div 1 Athletics
5 SEPTEMBER – SACCSS Junior and Intermediate Tennis

Kylene Simmons
Leader in Sports NDC
Visit of Maltese President to Hobsons Bay-

Emmanuel College Students speak and report: Robert and Andrew Milich

Robert Milich from Year 10 St Paul’s campus was invited by the Maltese Association-Hobson’s Bay to speak when the Maltese President visited Altona North.

Below is an excerpt of Robert’s Speech

A primary issue facing our modern society is the threat of global terrorism. We ask that you use your influence to help promote peace between nations. We hope that you can help foster an environment, in which this issue is looked at with honest eyes and that prevents the trading of what makes our countries great, our freedom for security. We strive to live in a peaceful, free world which is understanding of all values and beliefs. Our aim is to foster a society which is tolerant toward all people but firm in our core values.

Andrew in Year 9 wrote an article for the local newspaper- an excerpt of which is published below:

On 23 of July her Excellency, Marie Louise Coleiro Preca, the President of the Republic of Malta, visited the Maltese Association - Hobsons Bay in Altona North. Her Excellency has visited Perth, Adelaide, Sydney and Melbourne to meet with the Maltese communities of Australia. Her visit to Altona North was her final stop before heading back to Malta on 24 July. Her Excellency wished to meet with as many third generation Maltese Australians during her visit. Robert Milich, a 16 year old Maltese Australian student from Emmanuel College St Paul’s Campus Altona North, spoke on behalf of the third generation Maltese Australians about the issues facing young people today.

We congratulate both students for their outstanding contribution to their community and the ways in which they both represented Emmanuel College.

Judith Weir
Deputy Principal - Leader of Learning
Year 9 Advanced Maths Video Competition

During July, our Year 9 Advanced Maths groups entered a video competition which was being run by The Australian Mathematical Sciences Institute (AMSI) and the BHP Billiton Foundation. The competition required students to produce 3 to 5 minute videos with the theme of “Maths is more than just numbers”. Our students enjoyed having the opportunity to get creative and investigate areas of mathematics outside their Year 9 curriculum.

The CHOOSEMATHS AWARDS celebrate mathematical creativity, achievement, excellence and encouraging students to get involved and step outside of the classroom. We certainly did this, and our students demonstrated their talent by exploring problem solving and applying their skills to real life situations.

Below is an idea of the kinds of things our students looked into. Problems that required them to prove and show why things happen the way they do.

The Missing Square Puzzle – What’s happened??

A great experience all round.

Lisa Degnen and Melinda McKeegan
Maths Teaching Staff
What Is VCAL? The Victorian Certificate of Applied Learning (VCAL) is a ‘hands-on’ option for students in Years 11 and 12. Like the VCE, the VCAL is a recognised senior secondary qualification. Unlike the VCE however, which is widely used by students as a pathway to university, the VCAL focuses on ‘hands-on learning’

VCAL is available at three levels - Foundation, Intermediate and Senior. This year’s Year 11 VCAL students are attempting either the Foundation or Intermediate certificate, while most of the Year 12 students are attempting the Senior Certificate.

VCAL students are taught a number of skills through their various subjects. These subjects are:

- Literacy skills
- Numeracy skills
- Industry specific skills
- Work related skills (SWL)
- Personal Development skills

A lot of the learning in VCAL is done through project work. Examples of project work so far this year are:

- Amazing Race: where the students had to learn how to use the public transport safely and knowing the local area.
- Fitness: where the students had to plan and organise an activity about being active and staying fit and healthy.
- Coffee Shop: students had to make and sell coffees to the teachers and students.
- Literacy cooking project: where the students had to plan and cook for a teacher of their choice and had to set up an instant restaurant.
- Barista training: students undertook a barista course.
- First aid: where students had to go through some training with first aid in real life situations and then we had to do a test and have to get an 80% or more to receive a certificate.
- Fit to drive: teaching the students to drive safely on our roads and going through the statistics of how many people have died on our roads.
- Bunnings trip: once a month we went to Bunnings and some people who work at Bunnings teach us about how to undertake small jobs around our house.
- Garden: The students worked with the school landscapers to design and build a new garden near the Notre Dame car park.

By Dylan De Marchi and Brandon Manitta (Year 11 VCAL – 2016)
Principal’s List

Celebrating outstanding effort, persistence and academic achievement.

Semester One 2016

To further support learning at the College and to recognise outstanding effort, persistence and academic achievement the Principal’s List was established. The Principal’s List is based on a student’s combined Semester results reported across all Key Learning Areas.

Students in Years 7 – 11 who have shown an outstanding level of effort, persistence and academic achievement, have earned a place on the Principals List. The Principal’s List will be on display at the College. The list is updated each Semester according to students’ reported effort, persistence and academic performance.

Congratulations to the following students on the Principal’s List for Semester One 2016 who were presented with a Certificate of Merit at the College Assembly Monday 25 July:

St Paul’s Campus

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Career News

OPEN DAY DATES:
- Sun 21 Aug – Box Hill (Lilydale campus); Deakin University (Waterfront & Waurn Ponds); University of Melbourne; Monash (Parkville)
- Sun 28 Aug – ACU (Ballarat): Box Hill Institute (Box Hill); Deakin University (Burwood); Federation University; Victoria University (Footscray campus)

YEAR 12 NEWS -
You are reminded that applications for courses for 2017 are now open on the VTAC website. You will need your VCAA student number to create an account, the first step in the application process.

Timely applications close on 29 September (cost $32.00). Late applications cost $100.00. GET YOUR PAYMENT IN ASAP
Special Entry Access Scheme (SEAS) applications are also open and can be completed following a VTAC course application (close 4 October).

Scholarship applications done through VTAC close on 14 October.

You can change your VTAC course application as much as you wish at no extra charge.

EQUITY AND ENTRY PROGRAMS FOR EMMANUEL COLLEGE STUDENTS

SNAP at RMIT
At RMIT competition for programs can be strong with many eligible applicants competing for a limited number of places. So when you apply via an equity access scheme it means that you may receive a boost to your position in the selection process, if you are eligible. Category 1 in SEAS

PPP at Vic Uni
The Portfolio Partnership Program (PPP) is an alternative entry program for Year 12 students who attend one of our partnership schools. PPP is about VU assessing you as an individual and not just your ATAR. Category 1 in SEAS

VU Achievement Scholarships
Merit based scholarships for students from Melbourne’s west.
Two scholarships are awarded to Emmanuel College students.

- One for the highest achieving Year 12 student who enrolls in a VU Higher Education (HE) undergraduate course
- One for the highest achieving Year 12 student who enrolls in a VU Vocational Education (VE/TAFE) course.

ACU Equity Pathways
Principals Recommendation Program provides consideration for entry to eligible students. Written Application see Careers Leader

YEAR 9 STUDENTS
Start thinking about and planning your Year 10 work experience. Places fill up quickly so it is important you start contacting potential employers this year to secure a spot for 2017. Places like the zoo, police force and aquarium applications are open NOW for 2017 so get in quick.

Amanda Silipo and Sol DiMaggio
Sports Teams at Emmanuel College - Then and Now

1965 - Volleyball

1979 - Soccer

2000 - Hockey

2015 - Cross-Country

Emmanuel College Archives

Penny Cook
## Calendar Term 3 Weeks 7B & 8A

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>22 August</td>
<td>NDC Year 10 Drivers Ed Roll Class E &amp; F</td>
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<td>23 August</td>
<td>NDC Year 10 Drivers Ed Roll Class E &amp; F</td>
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<td>NDC Year 9 Premier League Rd 6</td>
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<td>24 August</td>
<td>SPC ACC Senior Hockey Semi Finals</td>
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<td>SPC ACC Intermediate Debating &amp; Drama Workshop @ Mazenod</td>
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<td>25 August</td>
<td>Friends of Alice Trip to Alice Springs departs</td>
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<td>SPC Year 10 Social @ Marian College</td>
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<td></td>
<td>SPC ACC Year 8 Basketball/Hockey/Table Tennis EMM v PAR</td>
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<td></td>
<td>NDC Drivers Ed Roll Class G</td>
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<td></td>
<td>NDC Senior Football Male/Female Grand Final</td>
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<td>26 August</td>
<td>SPC Year 11 Values for Life (Sexuality)</td>
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<td></td>
<td>NDC Year 10 Drivers Ed Roll Class G</td>
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<tr>
<td>29 August</td>
<td>Friends of Alice Trip to Alice Springs returns</td>
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<td>SPC Year 10 Drivers Ed Roll Class A &amp; B</td>
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<td>NDC SACCSS Athletics Div 1</td>
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<td>30 August</td>
<td>SPC Year 10 Drivers Ed Roll Class C &amp; D</td>
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<td>SPC Year 12 Legal Studies County/Supreme Court Visit</td>
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<td>NDC Year 11 Values for Life (Sexuality)</td>
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<td>31 August</td>
<td>Ski Trip (SPC &amp; NDC)</td>
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<td>Senior Rock Music Concert 6pm-8.30pm</td>
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<td>SPC ACC Senior Hockey Finals</td>
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<td>1 September</td>
<td>Ski Trip (SPC &amp; NDC)</td>
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<td>Year 10 Seminar Day—World Religions</td>
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<td>SPC ACC Year 8 Basketball/Table Tennis/Hockey WFD v EMM</td>
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<td>2 September</td>
<td>Ski Trip (SPC &amp; NDC)</td>
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<td>SPC Year 10 HPE Excursion Group 1</td>
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FREE KIDS PILATES CLASS
MONDAY 22 August 4pm-4.45pm
Seabrook Community Centre
15 Truganina Ave
Seabrook
Contact Catherine Parker
On 0410 921 241
inlinepilates@hotmail.com
BYO MAT AND TOWEL

POINT COOK’S CRICKET CLUB REGISTRATION DAY
Sunday 21st August
8.30am—11am
Saltwater Reserve, Point Cook
For more information contact:
Paul Harmer on 0412 547 553

Newport Community Hub Open Day
On
Saturday 3 September
10am to 1pm
Lots of fun activities
Further information will continue to be updated via the Facebook event

ALTONA CITY SOCCER CLUB
Spring Programme from October to December
For more information contact:
Joe Tanti 0425 120 019
Or
Sebastian 0423 643 146

JOSEPH’S CORNER TRIVIA NIGHT
SATURDAY 15TH OCTOBER 2016
St Mary Primary school Hall
Cecil Street, Williamstown
$10 per person
Bring own drink and nibbles
For booking contact Debbie Di Genova
On 9315 2680 or 0413 987 514

PRAYER & SPIRITUALITY DAY
ST JOSPEHS BY THE SEA
ESPLANADE, WILLIAMSTOWN
MONDAY 15th SEPTEMBER
Afternoon session from 1.30pm
Evening session from 7.30pm
To attend please RSVP on 9397 6012 or 9397 0344

GOVERNMENTFUNDED AUTISM WORKSHOPS
Werribee Racing Club
2-10 Bulban Road, Werribee
30th & 31st August 2016
9.15am—3pm
To register go to:
http://www.positivepartnerships.com.au

Government Funded Autism Workshops
Would you please behave!

Children’s sport has an amazing capacity to bring out the very worst in some parents – here’s some tips for parents on how to behave.

“How do I get my kids to behave?” is a perennial issue for parents.

However, talk to coaches of children’s sports teams and they’ll tell a similar story but with one major difference. They’ll replace ‘kids’ with ‘parents’. I spent some time with a group of football coaches recently and they were swapping stories of parent interference; some that bordered on the bizarre! Like the mum who asked the Under 12 football coach to have two full forwards, to accommodate her son as the position (her son’s preference) was already filled. Huh!

Then there was the story of the dad who would race onto the ground at every break in play to conduct a private coaching session with his son. This may have been acceptable if he would just stick to giving advice to his son. However, this dad like to share his thoughts with players on the other side as well as the officials on the ground.

But for pure ridiculousness you can’t beat the parent who at the start of the year handed her daughter’s football coach a list of preferred positions, as well as a list of positions that didn’t suit her child. The midfield was in, but defence and attack were out, which somewhat restricted the coach’s options.

There is nothing like kids’ sport to bring out the worst in parents. Whether it’s parent meddling with coaches; abusing the opposition; giving advice to the officials; or simply being super-competitive it seems that it’s parents, not the players, game plans or tactics that keep junior sports coaches awake at night, and potentially away from continuing in their volunteer roles.

If you’re a parent who can relate to any of the above, here’s some advice guaranteed to help:

1. **Get a job**
   Junior sport is run by volunteers so there is no shortage of jobs. My coaching mates tell me that parents who are volunteers rarely behave poorly. Presumably, this is due to the fact that they see the bigger picture. That children play sport for many different reasons including to make friends, be part of a team and have fun. While winning increases in importance the older kids become most participants see well beyond winning as reasons for sports participation. So if you struggle to contain yourself at your child’s sport then it’s simple – volunteer to help. Even offer your services as a coach.

2. **Watch someone else’s child**
   One of the biggest problems with junior sport is that most parents tend to focus on their own children. While their eyes are firmly focused on their child they dissect every move their youngster makes. Sound familiar? If so let me suggest you are taking your role as a parent too far. Better to keep it simple. That is, encourage your child’s participation; provide the means for them to participate well; and encourage them to behave well toward participants on both sides. If you struggle with this, then I suggest that you start tracking another child’s form for a game or two – any child, but your own.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.
... Would you please behave! ...

This may help you take your child’s sport less personally and enjoy it for what it is—a healthy endeavour that should be enjoyable for everyone.

3 Say this
If you find yourself offering your child plenty of well-meaning advice before, during and after a game you may actually be turning your child off sport. It’s the coach’s job to coach and mentor, while it’s your role to support your child and, of course, the coach. That’s a great formula for success. Rather than give advice say, “I love to watch you play.” It’s a simple statement of approval that says to your child “I don’t care how well you play, I just love the fact that you are taking part.” That’s it.

4 Play yourself
My coaching mates also tell me that it’s often the parents that have never, or rarely played sport that are the worst in terms of interfering, abusing or overstepping the parenting mark. That makes sense. When you’ve participated in a sport or game you appreciate how hard it is to master and also have a healthy level of respect for the game itself, which carries over to being a spectator. So consider participating in sport yourself so you can gain some perspective.

5 Model right
Kids take many of their cues from their parents, including how they should behave at sports. As a valued role model your behaviour is on show. If you want your child to be a solid citizen then you need to model socially acceptable, even generous behaviours and attitudes when spectating at your child’s sporting events. If you struggle, then do all you can to change.

6 Take a break
Most children love it that their parents are interested in their sports and interests. And they generally enjoy it when you witness many of their firsts (kick, goal, win, backhand, etc.) and other big moments. On the other hand, kids often benefit from a little parental space, so consider taking a raincheck on occasions rather than go to every game. Instead let your child tell you about the game and of course, take a genuine interest in their blow-by-blow match report.

Junior sport is an integral part of an Australian childhood and it’s wonderful that most sporting bodies currently report that children’s participation rates are up. In an era when childhood obesity is a genuine concern as a community we need to do all we can to make sure children are participating in healthy endeavours, including sports. The attitude and behaviour of parents at sport can have a massive impact on children’s immediate enjoyment as well as their long-term participation. If you overhear your child’s coach or worse, your child, saying “How do I get my parents to behave?” then it may be time to rethink your behaviour at your child’s sporting events, particularly if you want to encourage their long-term participation in sport.
Celebrating 50 Years
Sunday 11 September
St Paul’s Campus 12.00 - 3.30 pm

All former students, staff and friends of St Paul’s College and Emmanuel College are invited to celebrate 50 Years of Marianist Education at the St.Paul’s Campus.

• Take a guided tour of the campus
• View photos and memorabilia from the College Archives
• Reconnect with former classmates and teachers
• Light refreshments will be provided

For further information:
Email alumni@ecmelb.catholic.edu.au or call Michael Pichner, Leader of Community Relations on 8325 5197
RSVP by Monday 5 September, 2016
Showing You Our BEST *

Sunday 11 September

St Paul's Campus 10.30 am - 1.30 pm  Notre Dame Campus 11.00 am - 2.00 pm

We are passionate about helping each student achieve their personal best in ALL aspects of life. Our dedicated and hard working teachers, Catholic tradition and well equipped facilities ensure each student can achieve their best. Come see how by visiting the College on 11 September at our Open Day.

Emmanuel College comprises our St Paul’s all-boys campus and Notre Dame co-educational campus.
YOU ARE INVITED...

to attend a presentation focused on developing resilience in school age children.

The night will be conducted by Hugh van Cuylenburg the founder of the Resilience Project on behalf of Emmanuel College. The Resilience Project helps young Australians to be mentally healthy by inspiring students, empowering teachers and engaging parents. Hugh is an inspiring speaker who brings a powerful message for all.

When: Thursday 8 September, 2016
Time: 7.00 pm
Where: NOTRE DAME CAMPUS
Bordeaux Building (Gathering Space)
2-40 Foxwood Drive
POINT COOK
RSVP: Please respond to the CareMonkey request to confirm your attendance.

“I’ve never been so enthralled, engaged and inspired. I could have listened to Hugh speak all night...So grateful to the school for realising the importance of involving the parents in this wonderful program. My kids have not stopped talking about it!” (parent feedback)