Dear Parents and Friends

Today, 11 November, marks the commemoration of Remembrance Day. Wreaths were placed, on behalf of the College community, at local cenotaphs, during commemoration ceremonies. Year 9 students, as part of their Project Based Learning unit on World War I, researched and conducted Remembrance Day commemorations for every class across the College. Students wrote and rehearsed commemorations of the suffering and sacrifice of the men and women who served abroad and those who remained at home. In harnessing their historical knowledge, and displaying collaboration and communication skills, our Year 9s led this important commemoration in a powerful and meaningful way.

Year 12 students are well into their exams and the continued hard work of study and revision. Year 11 exams commenced this week, with Year 10 exams to follow next Thursday, preceded by a short Swot Vac to run from Monday to Wednesday. These days provide an important revision opportunity for Year 10 students in preparing for their examinations. The Years 7-9 exam program also commences next week, as outlined in this newsletter.

The Year 12, 2017 preparation program will run from Thursday 17 November to Thursday 24 November, with the Year 11, 2017 orientation days to follow on Friday 25 November and Monday 28 November. Well done to students and staff on the very successful College swimming carnival held last Friday. The balmy weather certainly made the idea of getting in the pool more attractive!

On the same day, it also was great to welcome Grade 4s and 5s from our parish primary schools, their teachers and parents, to the annual Emmanuel Soccer FunDay, held at St Paul’s Campus. Over 270 players represented their schools, giving their all for their team and displaying the spirit of sportsmanship that is a hallmark of the day. Well done to the Emmanuel Soccer Academy students who planned and conducted key aspects of the tournament, including refereeing all games.

The College Celebration of Excellence Evening will be held at the Atrium, at Flemington Racecourse, on Thursday 1 December.

On this Remembrance Day, we pray for those who have died in service of their country and, during the month of November, for the dearly departed, in our belief that their life is changed not ended.

Christopher Stock
Principal
Both students and staff have returned after the mid-term break re-energised and looking forward to the final month of their studies. The students are focused and knuckling down, both in class and at home. During this busy time of the year, it’s important that students put into practise all the organisational skills discussed in Learning Advisor and Homeroom sessions. It is also important that they regularly revisit their goals to remind them of the areas of challenge that they are working on this term.

ATTENDANCE and WHY IT’S NOT OK TO BE AWAY!

It is an important time for students to be at school every day and on time in order to finish the year well. Please bear in mind the cumulative effects of absence as outlined in the following article. While the effects of irregular attendance adversely impact directly on a student’s current progress and understanding, the long term scars to his/her learning are devastating. Just as research has proven that exposure to the sun as a youngster can cause irreparable damage to his/her skin that will emerge later in life, poor attendance mirrors this. The gaps in knowledge and understanding accumulated in Years 7 to 10 become a glaring problem in Years 11 and 12. Subject development is a sequential building process that relies heavily on a firm grasp of each section of material. When a part is missing, the student finds immense difficulty in learning the work and real frustration sets in; this effectively makes school life a genuine chore.

In many senior classes across all subjects, teachers spend much valuable class time trying to fill in the gaps in students’ knowledge caused through condoned parent absences. Time is lost on teaching the Years 11 and 12 subject material; a real disadvantage to our students. This situation can be substantially reduced if not eliminated by saying ‘NO’ to any student absences other than genuine illness or serious family issues. Let’s work together to make a difference to your child’s future.

Should you require support in saying ‘NO’ to your son/daughter in regard to any absences other than illness, please contact the relevant homeroom teacher or house leader/level coordinator. In some instances contact with Mr Barr, Ms Webster or a student counselor may be appropriate.

Let’s work together to support your child’s education and make a difference to their future.

Celebration of Excellence

The Celebration of Excellence Evening will be held on Thursday 1 December at Flemington Race Course. Students who will be receiving a Special Award or a number of Academic Awards have already received an invitation via Care Monkey. This night is a highlight in the College Calendar where student achievement is recognised by the College Community. Students are reminded that they are to wear formal school uniform on the night. The boys wear their blazer, tie and long pants and the girls their blazer, tie and kilt/slacks. No jumpers are to be worn. Please note that this is a ticketed event due to the large number attending.

Uniform

Families are asked to re-familiarize themselves with the uniform requirements listed in the front of the student handbook and to ensure that their children are adhering to them. Thank you to the majority of students who wear their uniform with pride, and whose appearance and behavior reflect positively on themselves, their families and the College. If you are experiencing difficulty in meeting uniform standards, please speak to, a House Leader, Pastoral Coordinator or Campus Leader. Some key reminders are:

Hats

The College cap/hat must be worn for all Physical Education and house sport classes, as well as any other outdoor activity. Students are also encouraged to wear this to and from school and during recess and lunchtime activities. Please ensure that if your child has misplaced or lost his/her hat/cap, it would need to be replaced as soon as possible.

Piercings

The student handbook clearly specifies that students may wear a single, simple ear-stud in the ear lobe only. Other earring or sleeper styles should not be worn. No other piercings are permitted. There has been an increase in the number of students with Eyebrow bolts. If students arrive at school with these and cannot remove them at school, they will be asked to go home to remove it.

Sports Jackets

Staff have been speaking to students about the state of their sports jackets. Where the jacket is needing attention parents will be notified by a letter being sent home.

The Michael Grose article which we have attached this week is about what it means to be a socially intelligent parent and offers five attributes that they have in common. We would encourage you to take a moment to read this informative article.

As the year is quickly drawing to a close, it is important that everyone remains focused as the curriculum will be delivered right to the last day. Students need to continue to work on their goals and their homework plans in order to develop the right habits to assist them in their transition to the next year level.

David Barr & Jennifer Webster
Leader of Faith Development

Matthew Talbot Soup Van – Christmas Party
I would like to take this opportunity to thank all those staff and students who have tirelessly supported the Soup Van throughout the year. We have regularly had 5-6 volunteers every fortnight when we run the van and it is this ongoing support that makes our support of the Soup Van possible. On Sunday 4 December, we have a number of staff who will be driving the buses to bring the clients of the soup van to St Augustine’s Hall for the Annual Christmas Party, a day that I am sure will be most rewarding for all. I would also like to thank all the staff and students from Queen of Peace Primary School who have kindly been donating school grown vegetables from their school veggie patch to the soup van. All these donations have been welcomed with open arms and much gratitude. Thank you.

Emmanuel College Fundraising
Throughout any given year, the Emmanuel College Community always come together to support very worthy organisations who support the most vulnerable in our community. “And the King will answer them, ‘ Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.’ (Matthew 25:40) Below is a list of the money raised this year by staff, students and parents of the Emmanuel College Community.

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Caritas</td>
<td>$5,209.95</td>
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<tr>
<td>Live Below the Line</td>
<td>$1,000.00</td>
</tr>
<tr>
<td>Winter Appeal</td>
<td>$2,686.30</td>
</tr>
<tr>
<td>Trivia Night</td>
<td>$3,504.85</td>
</tr>
<tr>
<td>Marianist Day</td>
<td>$1,295.80</td>
</tr>
<tr>
<td>Children’s Hospital</td>
<td>$1,687.95</td>
</tr>
<tr>
<td>Joseph’s Corner</td>
<td>$1,652.30</td>
</tr>
<tr>
<td><strong>2016 TOTAL:</strong></td>
<td><strong>$19,173.85</strong></td>
</tr>
</tbody>
</table>

St Vincent de Paul Christmas Hampers
Thank you to all those students and families who have brought in toys for the Christmas hampers. With only a few short weeks to go, the more toys, both new and pre loved (but good condition) we get are truly welcomed. If you would like to send them in with your children they will most certainly find their way to a needy child in our local community. 2017 will see many of the toys go to refugees and asylum seekers in the Western Region.

Defining Characteristics of a Catholic School
**“A Rigorous Academic Program”**
An excellent Catholic school adhering to mission provides a rigorous academic program for religious studies and catechesis in the Catholic faith, set within a total academic curriculum that integrates faith, culture and life. With this in mind it is important to be reminded of our own Emmanuel College Mission Statement.

Emmanuel College Mission Statement
Our values are underpinned by our commitment to bear witness to the following shared values as modelled by Jesus Christ and exemplified in the life of William Chaminade:-

<table>
<thead>
<tr>
<th>Value</th>
<th>Commitment &amp; Endeavour</th>
<th>Respect</th>
<th>Honouring Diversity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Justice</td>
<td>Commitment &amp; Endeavour</td>
<td>Respect</td>
<td>Honouring Diversity</td>
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<tr>
<td>Responsibility</td>
<td>Honesty</td>
<td>Compassion</td>
<td>Honesty</td>
</tr>
</tbody>
</table>

In bearing witness to these values we strive to fulfil the all aspects of our mission: The essence of the College is learning and teaching, with faith education as a primary focus.

Remembrance Day
On Friday 11 November we paused and reflected for those first Anzacs in World War I whose actions established the traditions we as a nation hold so dear today. When the time again came, the sons and daughters of our Anzacs came forward without question and accepted the responsibilities asked of them in defending and representing their country in World War II and in times of turmoil in Korea, Borneo, Vietnam, and the various UN campaigns and more recently East Timor, Afghanistan and Iraq. On Remembrance Day we remember the sacrifices of our brothers and sisters and recall the efforts of those who now sleep peacefully in faraway places. Thank you to all.

*Almighty God, Our Heavenly Father, we remember with thanksgiving those who made the supreme sacrifice for us during times of war. We pray that the offering of their lives may not have been in vain. May grace enable us this day to dedicate to the cause of justice, freedom and peace and give wisdom and strength to build a better world, for the honour and glory of your name through Jesus Christ Our Lord. Amen.*

Chris O’Malley
Exam Information

**Semester 2 Examinations Years 7, 8 & 9**
All Year 7, 8 & 9 students will undertake Semester 2 examinations, between Monday 14 November – Thursday 24 November.

Below are the dates and periods when students will sit for their core subject examinations Yr. 8 & 9 English, Religion, Science, Mathematics and Year 7 English, Mathematics and Humanities.

Students may not usually have this subject at this time. They will go to their normal classroom as scheduled and be supervised by the teacher who would usually teach them at that time.

Yr. 8 & 9, for their other elective subjects, teachers will inform students when they will undertake their examination. These elective subject examinations will take place in their normal class time.

<table>
<thead>
<tr>
<th>YEAR 7</th>
<th>YEAR 8</th>
<th>YEAR 9</th>
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</thead>
<tbody>
<tr>
<td><strong>Monday 14th November</strong></td>
<td><strong>Wednesday 16th November</strong></td>
<td><strong>Monday 14th November</strong></td>
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<tr>
<td><strong>ENGLISH</strong></td>
<td><strong>ENGLISH</strong></td>
<td><strong>ENGLISH</strong></td>
</tr>
<tr>
<td><strong>Wednesday 16th November</strong></td>
<td><strong>Thursday 17th November</strong></td>
<td><strong>Wednesday 16th November</strong></td>
</tr>
<tr>
<td><strong>HUMANITIES</strong></td>
<td><strong>SCIENCE</strong></td>
<td><strong>MATHEMATICS</strong></td>
</tr>
<tr>
<td><strong>Tuesday 22nd November</strong></td>
<td><strong>Friday 18th November</strong></td>
<td><strong>Friday 18th November</strong></td>
</tr>
<tr>
<td><strong>MATHEMATICS</strong></td>
<td><strong>RELIGIOUS EDUCATION</strong></td>
<td><strong>RELIGIOUS EDUCATION</strong></td>
</tr>
<tr>
<td><strong>Wednesday 23rd November</strong></td>
<td><strong>Monday 21st November</strong></td>
<td><strong>HUMANITIES</strong></td>
</tr>
<tr>
<td><strong>HUMANITIES</strong></td>
<td><strong>SCIENCE</strong></td>
<td><strong>MATHEMATICS</strong></td>
</tr>
<tr>
<td><strong>Thursday 24th November</strong></td>
<td><strong>MATHEMATICS</strong></td>
<td><strong>HUMANITIES</strong></td>
</tr>
</tbody>
</table>

If you have any questions, please do not hesitate to contact Mr Vince Crimi at Notre Dame Camus and Mr Stephen Lunardelli at St Pauls Campus.

Vince Crimi & Stephen Lunardelli, **Campus Organisers**

Music News

We congratulate the over 40 students who performed at the Instrumental Music Concert at NDC on Thursday 3 November. The event featured the College Concert Band, String Ensemble, Choir and a variety of instrumentalists either performing solo or with their instrumental tutors. We thank the instrumental tutorial team, especially Asha Henfry, Jonathan Harvey, Matthew Sutherland, Michael Mills, Justin Bernasconi, Adam Coad and Emma Rudin who were there to lead ensembles and offer assistance in the smooth running of the event.

Our next major event on the music calendar is the **Semester 2 Year 7 Concert**. This concert will involve all students from roll classes 7A, 7C, 7E (NDC) and 7A SPC. The College Concert Band will also perform on the evening. This concert will take place on **Thursday 24 November, at 7pm in the NDC Bordeaux Gathering Space**. The students will showcase their achievements over the semester by playing their instruments, which they have only been learning since term 3. Several students have composed music for their class to play. We encourage all parents and family members to come along to this authentic educational experience.

All students from these classes are reminded that all musical instruments will be collected on the night of the performance. **Ongoing concert band students are to likewise return their instruments if owned by the College. These all must be returned by Friday 25 November 2016.**

Concert Band and Instrumental Music students with rental instruments from Gr8Sounds Learning can retain their instrument for 2017.

We encourage all students of the College to consider either to start learning, or (In the case of Year 7 students) continue to learn a musical instrument. Information concerning this is now available online at [https://goo.gl/Q2EBa6](https://goo.gl/Q2EBa6) This document also provides links to paperless, online registration for music lessons into 2017.

Carmelo Puglisi, Director of Music
The first six weeks of this term have been busy with a high focus on our Year 12 cohort. We have fare-welied our Year 12s in an assembly, where each Year 12 student was presented with a memento to remember their time at the College, and we celebrated their success at Graduation. It is also that time of year where student leaders are being elected for relevant Year levels, and the passing of the spirit stick to 2017 Cassidy Leadership team has been deliberated and I would like to congratulate Chelsea Borg, Darren Rozario, Lauren Tidmas and Aaron Rees. I would also like to congratulate Paige MacGibbon for being appointed College Liturgy Captain and Chelsea Borg for being elected College Captain.

In our homeroom points competition this year, we had students gaining points for their homerooms through participation in all College activities. I would like to congratulate Ms Lo Bianco and her homeroom of Cassidy E for winning the Cassidy Crusaders Shield.

At the final College Assembly the winning house was announced and whilst we did not take home first place we were awarded second place and most importantly took home the House spirit award for the third year running, which was the goal set at the beginning of the year. I am really particularly pleased with the pride and participation in all College events this year by our students, and it is this pride in both the College and the house that have helped us win this award.

At the swimming carnival held last Friday at Lara pool we once again came second. Special mention to the following students for their efforts in swimming in nearly all of the events for their age groups: Robert Bell, Thomas Blassis, Julian Kochanski, Georgia Lovell, Sophie Aquilina, Ava Coughlin, Mervin Manlagnit, Gabriel Lawton, Michelle Nguyen, Michael Schofield and Alexander Ung. Their efforts typify the house spirit we expect in Cassidy.

All students should have started revising for their exams and I wish them all luck in achieving their personal best. I ask them to remember this quote “The only place that success comes before work is in the dictionary”. So if you want success you need to put in the work.

I would like to wish our Cassidy Year 12 students for 2016 all the best in their future endeavours and ask them to remember this quote: “Don’t be afraid of fear because it sharpens you, it challenges you, it makes you stronger and when you run away from fear, you also run away from the opportunity to be your best possible self.”

Rebecca Chester
Cassidy House Leader NDC

Hannah Luna, Dylan Lopez, Naina Singh, Paul Tiktikakis, Alice Growden & Ms Chester
Cassidy House Report cont’d

It is hard to believe that it’s Term 4 already. We have fare‐welled the 2016 Cassidy Year 12s with a wonderful and inspiring celebration Mass at St Patrick’s Cathedral, and a wonderful dinner at the Sofitel Hotel. It was nice to see the boys dressed up in their suits looking so proud of their achievement and the smiling faces of their parents. I wish all the 2016 Cassidy boys the best in their upcoming exams and I hope all their dreams come true in the next exciting journey in their lives. I would like to thank Ethan Harkins and Luke Dawson for their dedication as Cassidy House Captain and Vice‐Captain this year. They have done a wonderful job and been a positive role model for all to follow. I would also like to acknowledge the hard work and dedication of Josh Tang, Cassidy Sports Captain. He has always lead from the front and been a great Sports Leader this year. It has been a pleasure having Ethan, Luke and Josh as Cassidy Leaders for 2016, and I thank them for hard work and dedication. Well done boys.

As one group leaves the College, the next year’s leaders step up and take the reins. It is with much pleasure I announce the 2017 Cassidy Leaders; House Captain: Liam Murray, House Vice‐Captain: Mthabisi Mpofu and House Sports Captain: Ayden Norman. I know they will continue the long and proud tradition of representing Cassidy House and being positive role models for all students in Cassidy. Even though we have formal positions of leadership in Cassidy, all of the Year 12s have taken an active role in the learning and personal growth of the younger students throughout the year. This has been a positive step for everyone involved and I know the Year 7s have particularly enjoyed listening to them in Homeroom every morning.

I would like to thank the boys of Cassidy on the way they conduct themselves when faced with difficult situations. I was informed the other day of a young Year 7 Cassidy boy who was involved in an altercation with a friend, and instead of standing there and making the situation worse he calmly and quietly walked away, diffusing the entire situation which had the potential to escalate. This was such a mature and wise decision that we can all follow in the future.

On a final note good luck to all the boys on their upcoming exams, keep studying and working.

Remember “you only get out of life what you put in”.

Tony Muller
Cassidy House Leader SPC

McCoy Homeroom Report

A big thank you to all NDC McCoy Homerooms on winning the Champion House for 2016. This honour is based on a variety of activities such as cross country, athletics carnival, Showcase and the musical. All McCoy Homerooms have been involved in some way to achieve this great honour. We look forward to continuing this success in the future.

Tess Blassis
McCoy House Leader

Jasmin Shields‐Harris and Jack Amourous & Mrs Blassis
McCoy Homeroom Report

A Day in the Sun

Last Friday 4 October the students of St Pauls spent the day at the Werribee swimming pool, the sun was out and it was looking like a great
day. There were many excellent swimmers and most people participated with a high amount of cheering. Hearing the roar of the crowd, the
swimmers got changed and ready to swim. Everybody was enjoying watching houses clash against each other which also encouraged the
courageous swimmers that they were competing against the opposing house colours. Besides all of this, there was a rising star belonging to
the majestic house McCoy, who were commanded by the bubbly Miss Sophie Korosidis. McCoy was a force to be reckoned with, being led by
the MVP of the day Nicholas Prassinos. He led the team to victory by getting multiple wins in first place every time! In the end the
monumental house McCoy won first place, followed by Winters coming in second.

Thomas Nguyen, Year 8, Deakin Homeroom SPC

Year 9 Outdoor Ed Camp

On Wednesday 26 to Friday 28 October we embarked on a journey that would challenge us physically and mentally. To be honest, I was
extremely anxious about going to camp even though I had a clear understanding of the activities that we would be doing. I went anyway
because I wanted, in some sense, to be brave. Then, I learnt that being brave doesn’t mean you aren’t scared. Being brave means that you
are scared, really scared, badly scared, but you do it anyway.

Camp was a positive experience for many reasons. This, however, does not mean that it didn’t have its ‘downs’ as well. I personally wasn’t very keen to go river sledding
because of the ‘potential’ dangers associated with activities like that but after going down my first rapid I realised just how much fun and exciting it actually was. I wanted
to go 10 more times. All I can say about the three days for me it was a strong,
character-building week. During those three days, many people faced fears and tried out new things. I for one, had a fear that I faced which, with the support of my peers,
I overcame. And I’d go as far as to say that it was one of the best experiences of my
life so far. I can speak for everyone when I say, this camp not only taught us about self-confidence, but throughout the three days we learnt leadership, teamwork, and
environmental education in an enjoyable and electrifying way.

I’d like to thank all of the staff and students for making the Year 9 Outdoor Education Camp 2016 a most pleasurable and worthwhile time
not just for me but for everyone who attended. I sincerely hope that in years to come, we continue to share the stories and memories that
we were able to make on our camping experience.

Augustine Kadende, Year 9 SPC
Sports News

Well it’s difficult to believe that we are only a month away from the summer holidays. The weather has definitely not indicated this, but we did have a sneak peak last Friday for our annual House Swimming carnival. Whilst attendance was disappointing, those who did attend the day were most enthusiastic bringing house spirit and plenty of cheer for their competitors in the pool.

From the very first race, Winters took the lead and never let it go eventually winning with almost 100 points ahead of the next team. Below you will find the House Championship results and Individual winners. Congratulations to Fionn Lodge and Gabriel Lawton for taking home a joint award as ‘Best House Male Swimmer’ and to Paris Fenech for the ‘Best House Female Swimmer’.

House Swimming Championship Result:
1st place: WINTERS 253 points
2nd place: CASSIDY 164 points
3rd place: MCCOY 138 points
4th place: MCCLUSKEY 118 points
5th place: CHAMINADE 102 points

House individual Year level Swimming champion results:

<table>
<thead>
<tr>
<th>Total Score</th>
<th>Boys Age Champions</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>20</td>
<td>Fionn Lodge 10/01/2003 M</td>
<td>Winters</td>
</tr>
<tr>
<td>18</td>
<td>Dominic Azoppoor 15/06/2003 M</td>
<td>Chaminade</td>
</tr>
<tr>
<td>16</td>
<td>Robert Bell 2/05/2003 M</td>
<td>Chaminade</td>
</tr>
<tr>
<td>17</td>
<td>Anto Jakobson 25/02/2003 M</td>
<td>McCoy</td>
</tr>
<tr>
<td>17</td>
<td>Nathan Gray 30/09/2002 M</td>
<td>McCoy</td>
</tr>
<tr>
<td>15</td>
<td>Sean Gatt 14/10/2002 M</td>
<td>Winters</td>
</tr>
<tr>
<td>15</td>
<td>Gabriel Leatton 1/01/2002 M</td>
<td>Winters</td>
</tr>
<tr>
<td>14</td>
<td>Sebastian Sapnikczyk 4/08/2001 M</td>
<td>McCoy</td>
</tr>
<tr>
<td>14</td>
<td>Daniel Maser 13/09/2001 M</td>
<td>McCoy</td>
</tr>
<tr>
<td>13</td>
<td>Michael Schielf 15/09/2000 M</td>
<td>Winters</td>
</tr>
<tr>
<td>13</td>
<td>Alexander Ung 6/12/2000 M</td>
<td>Winters</td>
</tr>
<tr>
<td>9</td>
<td>Alex Berba 23/12/2000 M</td>
<td>Winters</td>
</tr>
<tr>
<td>7</td>
<td>Georgia Leal 21/09/2003 F</td>
<td>Cassidy</td>
</tr>
<tr>
<td>15</td>
<td>Sally Bresy 17/01/2003 F</td>
<td>McCluskey</td>
</tr>
<tr>
<td>14</td>
<td>Georgia Wedding 19/04/2003 F</td>
<td>Cassidy</td>
</tr>
<tr>
<td>15</td>
<td>Zachra Patterson 1/02/2003 F</td>
<td>Winters</td>
</tr>
<tr>
<td>17</td>
<td>Ava Coughlin 26/02/2003 F</td>
<td>Cassidy</td>
</tr>
<tr>
<td>15</td>
<td>Yonne Vangja 27/02/2002 F</td>
<td>Winters</td>
</tr>
<tr>
<td>15</td>
<td>Michelle Nguyen 13/06/1997 F</td>
<td>Cassidy</td>
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<tr>
<td>15</td>
<td>Lauren Fisher 9/12/2001 F</td>
<td>Chaminade</td>
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<tr>
<td>15</td>
<td>Ciara Singleton 22/06/2001 F</td>
<td>McCuskey</td>
</tr>
<tr>
<td>15</td>
<td>Paris Fenech 5/08/2000 F</td>
<td>Winters</td>
</tr>
<tr>
<td>12</td>
<td>Kayla Hammersley 12/10/2000 F</td>
<td>Chaminade</td>
</tr>
</tbody>
</table>

Premier League
By the end of Wednesday 9 November two teams will have played in the Finals for the Year 8 Premier League team. Those teams are the Girls Volleyball and the Boys Soccer. I wish them every success having both knocked off the top of the ladder team in the Northern Conference, and look forward to reporting to you these results next newsletter.

SACCSS Luncheon
Each year SACCSS holds an awards afternoon, to acknowledge students and teams for their achievements throughout the year. This year CRC Sydenham will host the luncheon on 17 November. Seventeen students from NDC have been invited and have received their invitation via email or mail. If your son or daughter was fortunate to receive an invitation, please ask them to RSVP as soon as possible. If they cannot attend but are receiving an award, we can arrange for another student to collect the award on their behalf.

Kylene Simmons, Sports Leader NDC
ACC LOGO COMPETITION
We are delighted to announce that Thien Nguyen from Year 11 at St Pauls has won this competition. More information can accessed via the following link: http://www.accmelb.com.au/?p=3552

The article read as follows:-

Congratulations to THIEN NGUYEN of Emmanuel College on winning the logo design competition for the 2017 ACC Art & Technology Exhibition. The competition was held during Term 3 and was open to students from all of our member schools, with around 30 entries short listed for the consideration of the ACC Arts Committee. After much deliberation, Thien’s entry was selected as the best design and will therefore feature in all promotional activities for next year’s event.

The Exhibition returns to Federation Square during late May / early June, with items on display in The Atrium and Deakin Edge. There will be around 240 items featured in the Exhibition and it is sure to attract much interest from within our schools and the wider Arts community.

Some background details about the winning logo design have been provided by Thien:

“I spent many hours working on designs that were quite formal and intricate and then just for a bit of relief I started to play around with shapes. I quite liked what I came up with.

The layered geometric shapes are a good representation of both art and technology and the bright colours of the logo create a festive, playful air which effectively represent the celebratory nature of the exhibition”.

Thien Nguyen
Year 11 Visual Communication and Design student at Emmanuel College, St Paul’s campus.

Further information about Thien’s entry were provided by Sophia Wolan, Assistant Leader of Learning – The Arts, at St Paul’s Campus of Emmanuel College:

“Thien Nguyen is in Year 11 (2016). He is a hard-working and talented student who has a great sense and appreciation of the aesthetic and functional dimensions of design. He often spends hours making minute changes to his work in order to achieve the optimal result. He was not able to undertake Studio Art in Year 11, so during lunchtimes and early leave days he would come to the art room and create pieces such as his sculpture of a Roman centurion which is part of the exhibition. In Year 12, Thien will be undertaking Studio Art, Visual Communication Design and Product Design Technology and is hoping to study Industrial Design in 2018”. Congratulations once again to Thien and to Emmanuel College.

Sophia Wolan
Assistant Learning Leader Art
Our names are Olivia Cinco and Mikayla Zahra, we are a part of the Year 9 Honours Program which involves us working as a team to create a community connection. As we are both very interested in and passionate about gender equality, we decided to get in touch with Global Goals. Global Goals is an organisation which has a set of goals that they hope to achieve by 2030, one of which being gender equality. We communicated with three people from the organisation via email and discussed ways which we could contribute to promoting and achieving gender equality, and kept them updated with our progress.

Ultimately, we decided to make our community connection through a social justice group at a local primary school, Lumen Christi. After arriving at the primary school and we met with the Grade 6 Social Justice Committee, showed them a video about gender equality (from the perspective of students), went through a presentation and brainstormed ideas. Our presentation consisted of questions which we discussed with the students in order to promote open mindedness, understanding and discussion about gender equality and its importance. We wanted the students to understand how important it is to see people for their gifts and personalities, not their gender. The students are learning in an environment where gender equality is mostly present. Although, the students where amazing at showing empathy for those suffering with inequality and producing incredible ideas and understanding. Some of the student’s ideas and comments included:

**What is gender equality?** ‘Everyone is the same, we are all human’, ‘No one should be judged, no matter what gender anyone is’ and ‘Where everyone has equal rights and opportunities’

**What is gender inequality?** ‘When people judge us because of what we like (regarding gender norms) and our gender’ and ‘Where boys and girls are judged differently and unequally’

**Do you think Boys and girls deserve to be equal?** ‘Yes, we are all human beings’ and ‘Yes, even though we all have different ways and minds we should still treat others the same, no matter who they are’

We finished our presentation by brainstorming and discussing ways in which the students could encourage gender equality. We felt that if they could encourage gender equality within their own groups and communities, then our community connection would continue to reach more people and make a larger impact. The students suggested standing up for one another, treating each other fairly, educating others, raising awareness, supporting organisations and charities, respecting each other’s talents and skills and to spread the word about what equality means. The incredible response which we received from the students meant that we had achieved our own goals and positively influenced others in our local community as well as supported an amazing organisation through our community connection.

Our work has been featured on @Theworldslesson on Instagram, check it out at: https://www.instagram.com/p/BL1gBrGBqUy/
Library News

LIBRARY LINK APP

Students can access the extensive range of online resources on the library homepage as well as search the library collection, check and renew their loans, view new resources or reserve popular book titles via the LIBRARY LINK APP once installed on their phone or device. Follow the instructions below.

**STEP 1 - Open the library management system OLIVER first and login in**
To access OLIVER in SIMON
Click the Simon menu
Click library resources – the library homepage opens
Click on login – top right hand side, use your school username and password
Once logged successfully
On the left-hand side, click My portal
Click details
Scroll down to view your individual QR code

**STEP 2 - Download the Library Link App for Apple or Android devices**
Launch Library Link on your mobile device
Go to setup
Click SCAN setup code – The mobile’s camera should activate. Hold the mobile over the QR code you opened in Oliver (step 1 above) to “scan” it
This automatically fills in all fields except your password
Enter your password
Click save

**STEP 3 - Set up manually If scanning the QR code fails**
Library Web Address: [https://library.ecmelb.catholic.edu.au:443/oliver](https://library.ecmelb.catholic.edu.au:443/oliver)
Username: student ID
Password: current school password
SAVE
If you have problems, please speak to the library staff at either campus.

Barbara Brown
Librarian SPC
PE & Sport at Emmanuel College - Then and Now

1966

1985

1999

2014

Penny Cook
Emmanuel College Archives
### Calendar Term 4 Weeks 7B & 8A

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tr>
<td>14 November</td>
<td>Year 7, 8 &amp; 9 exams commence</td>
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<tr>
<td></td>
<td>Year 10 SWOT Day</td>
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<tr>
<td>15 November</td>
<td>Year 10 SWOT Day</td>
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<tr>
<td></td>
<td>Year 11 exams conclude</td>
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<td></td>
<td>Celebration of Excellence Ticket sales commence</td>
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<td>Meet the Principal Twilight Tour @ NDC @ 6pm</td>
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<tr>
<td>16 November</td>
<td>Year SWOT Day</td>
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<td>17 November</td>
<td>Year 12 2017 Orientation</td>
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<td></td>
<td>Year 10 exams commence</td>
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<td></td>
<td>NDC SACCSS awards</td>
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<td></td>
<td>SPC ACC Year 8 Cricket/Tennis/Volleyball Finals</td>
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<tr>
<td>18 November</td>
<td>Year 12 2017 Orientation</td>
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<td></td>
<td>Year 12 exams conclude</td>
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<tr>
<td>21 November</td>
<td>Year 12 2017 Orientation</td>
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<td>22 November</td>
<td>Year 12 2017 Orientation</td>
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<td>23 November</td>
<td>Year 12 2017 Orientation</td>
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<tr>
<td>24 November</td>
<td>Year 12 2017 Orientation</td>
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<tr>
<td></td>
<td>Year 7, 8, 9 &amp; 10 exams conclude</td>
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<tr>
<td>25 November</td>
<td>Year 11 2017 Orientation</td>
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<td></td>
<td>Year 9 Project day 1—Social Justice</td>
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### OTHER DATES FOR YOUR DIARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tbody>
<tr>
<td>1 December</td>
<td>Celebration of Excellence @ Flemington</td>
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<tr>
<td>6 December</td>
<td>Year 7—9 classes end at 3.10pm</td>
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Community Notices

Hobsons Bay International Friendship Association
2017 Annual Student Exchange

The Hobsons bay International Friendship Association is currently inviting applications from interested teachers and students wishing to participate in a student exchange program with the City of Anjo, Japan. A chaperon and four students are required for a two week period in August 2017.

To be eligible, the chaperon must live or work in Hobsons Bay (applicants living in Hobsons Bay would be an advantage). Also past Hobsons Bay International Friendship Association exchange students, not living within Hobsons Bay are able to apply. The students must be aged between 14-17 years of age and must reside in Hobsons Bay.

If you are interested or would like more information please contact Student Exchange Coordinator at Hobsons Bay, John Whittington on 0402 520 424.

Wynbay Blue Light Disco
11th November 2016
Superheroes theme
Point Cook Community Centre
7pm—9.30pm
https://www.facebook.com/bluelightvic
www.bluelight.org.au

Prayer and Spirituality Session
St Josephs by the Sea
Thursday 17 NOVEMBER

Afternoon 1.30pm - 3.00pm
Evening (repeat) 7.30pm - 9.00pm

CELEBRATING JULIAN TENISON WOODS
RSVP By Wednesday 16 November
Email: admin:sjbtsw@sosj.org.au
Phone: 9397 6012

Mary McKillop Heritage Centre Open Day
Saturday 19 November
10am—4pm

362 Albert St, EAST MELBOURNE

• Mary MacKillop Walking Tour available @ 11am
• Enjoy a ‘Christmas’ Morning or Afternoon Tea
• Visit the Gift Shop Take a tour of the Museum
• Pray in the Chapel

Retreat Day on the Universe Story
St Josephs by the Sea
Sunday 13 November 2016
10am-4pm
St Joseph’s By The Sea
16 Esplanade Williamstown
Cost: by donation
BYO lunch
RSVP: P: 9397 6012 or admin.sjbtsw@sosj.org.au

Youth Services - Street Surfer Bus survey for young people
Youth Services are trying to get some thoughts surrounding the current Wyndham Street Surfer bus and ideas around any potential future possibilities for the Street Surfer.
https://www.surveymonkey.com/r/2PY27SZ

This survey is for young people aged between 12-25 who live, work, study or reside in Wyndham.

It will only take about 5 minutes to complete and it would be really valuable to have your input.

The survey and competition closes on 23 November.
Ten year-old Elle liked to be active, but one weekend things got out of control. A jazz ballet concert, a game of netball, and a family visit to her cousin’s house meant no time to herself. And she let her parents know it with constant moaning, as well as a tantrum or two.

Her father held his tongue for most of the weekend, but couldn’t help but give her some fatherly advice on Sunday night. “You’ve spent the whole weekend moaning about how busy you are. Maybe you need to drop one of your activities, if they are stressing you out so much!”

A tantrum followed…from Elle.

Elle’s mum took a different tack. She had a hunch that something was bothering her daughter. “You sound like something is bothering you big-time. What’s up?”

“I’ve got to give a talk at school on Monday in front of the whole school and I haven’t time to prepare. It’ll be awful and everyone will laugh.”

Her mum replied, “You sound like you might be pretty nervous. That makes sense. Giving a talk in front others can be nerve-wracking.”

Elle dropped her shoulders, smiled and said, “You bet!” She was relieved because her mum understood how she felt. In fact, her mum had unlocked the problem for her and reflected back how she felt.

Elle’s dad focused on her behaviour and responded in kind (with well-meaning advice about her future behaviour), while her mother focused on the feelings that acted as a possible driver to her daughter’s behaviour. She took an emotionally smart approach, which turned out to be the right one in this circumstance.

Emotionally intelligent parents don’t dismiss children’s behaviour and allow kids to do as they please. There are times that we need to focus on a child’s behaviour. A child who is rude in public should be reminded in no uncertain terms that poor manners are inappropriate.

However, there are times when smart parents need to look beyond the obvious behaviours to get a good understanding of what’s happening to their child, and to help a child better understand and manage their emotions.

So what does an emotionally intelligent parent look like? And importantly what is the impact on kids, parents and families of this approach?

Emotionally intelligent parents have the following five attributes in common. They will usually:

1. **Listen more and judge less**

There is nothing better than being understood. Parents who operate from an emotionally-smart mindset are more likely to listen to their kids when emotions are high, trying to access what may be going on, rather than clamping down their behaviour or closing them down with well-meaning advice.

**Impact:** Better, more open relationships.

So what does an emotionally intelligent parent look like? Here are five attributes that emotionally intelligent parents have in common.
... What it means to be an emotionally intelligent parent ...

Accept strong emotions
Anyone who lives with teenagers will know that emotions can run very high. They can say the worst possible things to each other and, at times, to you. Ten minutes after delivering a hateful tirade they can be cuddling up to the person who was the butt of their anger, frustration or anxiety. Emotionally intelligent parents know that feelings need to be expressed rather than bottled up, and allowed to fester. They also believe there is nothing so bad that a child can’t give voice to in a family, however there are behaviours that are not unacceptable.

Impact: A healthy expression of emotions.

Focus on the present
Most parents are rightfully future-focused. We focus on the homework that needs to be handed in tomorrow; the washing that needs to be done; the meal that needs to be cooked. That’s part of everyday life. Children generally focus on the here and now. That of course can be frustrating to a task-oriented future-focused mother or father. However when we lower our gaze we are more likely to pick up how kids are feeling, and importantly help them understand and manage their moods and emotions.

Impact: Happier families and less stress felt at home.

Use rules rather than their moods to determine discipline
Some parents discipline according to their moods. If they feel good then they give children plenty of lenience. If they are feel bad then they pick their kids up on every little thing. It’s better to stick to the family and house rules; that makes you more predictable, which kids really crave.

Impact: More consistent parenting

Develop a language around feelings
A family develops a vocabulary around the things that are important to them. Kids in a sport mad family will inevitably have a rich vocabulary around their chosen sport. The same holds for emotional intelligence. Families that truly value building emotional smarts will develop in kids a rich palette of words that will help them describe how they feel. This vocabulary will inevitably stay with them for life.

Impact: Better relationships later in life at work and in their own families.

At a time when anger and anxiety has never been so high in families, there is a massive need for a parenting approach that includes emotional intelligence. Many parents struggle in the area of helping children understand and manage their emotions because we’ve never had any training in it. We didn’t learn it from our parents, and more than likely haven’t learned it at work. Emotionally intelligent parenting can be learned. At Parentingideas emotional intelligence is central to the work we do with parents. We know firsthand that kids who have parents versed in emotional intelligence are more likely to raise kids with the skills to be happier, enjoy better relationships and experience more success at school.

Michael Grose
ROAD TRAUMA GRIEF AND LOSS SUPPORT / INFORMATION EVENING - FREE EVENT

THURSDAY 1ST DECEMBER
WYNDHAM CITY COUNCIL FUNCTION ROOMS.
REGISTRATION at 6.45 PM CONCLUDE AT 9PM.

We have engaged Dr. Michael Carr Gregg, who is one of Australia’s highest profile psychologists as our expert presenter to work with the adults attending. He is the resident parenting expert on Channel 7’s Sunrise as well as psychologist for the Morning Show with Neil Mitchell on Radio 3AW. He is married with two children and is a Special Patron of the Hawthorn Football Club.

The needs of grieving teens can be impacted by any number of things including but not limited to, their unique relationship with the individual, how the individual died, their support system, past experiences with death, and their own unique strengths and weaknesses when it comes to dealing with stress, adversity, and high emotion. This is why we have engaged Youth Facilitator Viv McWaters who will work with the youth cohort using appropriate interactive activities. Viv is very innovative when working with groups, and organisations as she will disrupt patterns of thinking and acting whilst exploring serious issues playfully. The participants will not be subjected to a ‘talk at’ experience as Viv will work with them to validate what they feel.

How long will I feel like this?
Am I doing and saying the right things to my teenager whose best friend died in a road crash?

Many parents worry that grieving can have a negative impact on their teen’s future mental health.

OUR LIVES WILL NEVER, EVER BE THE SAME.

CONTACT – 0412 707 623 OR facebook.com/roadtraumafamiliesvictoria