Dear Parents and Friends

It is great to see the excellent start made by many students to the 2017 school year and the impressive manner in which they are presenting themselves and engaging in their studies.

Today our Opening School Mass was celebrated at St Patrick’s Cathedral in East Melbourne, with principal celebrant, Father John Healy. Coming together as the Emmanuel community in the magnificent setting of the cathedral, with the wonderful singing and music led by our choir and musicians, was a powerful celebration of God’s call to each of us to be our best over 2017 and to respond in love, service, justice and peace to one another as we journey together over this year.

Best wishes for all success to St Paul’s staff and Year 7 students who head off to Camp Portsea next week and to Notre Dame staff and students for the Year 12 retreat to be conducted the following week at Rutherford Park, Daylesford. The Notre Dame Year 7 camp and St Paul’s Year 12 retreat will follow in coming weeks.

A reminder that the first Professional Learning staff seminar will be held on Monday 27 February, with classes concluding at 2:30pm.

An information morning for parents, including tours, will be conducted at Notre Dame Campus at 9:00am and St Paul’s Campus at 10:30am, tomorrow Saturday 11 February. For further information, or to obtain a copy of the College Prospectus, please contact the College Registrar, Donna Grech, on 83255119.

A reminder regarding Year 7 applications:
- applications for enrolment in Year 7, 2018 close on 17 February, 2017
- applications for enrolment in Year 7, 2019 close on 25 August, 2017

A reminder also that an application form must be submitted for all prospective students, including those with siblings currently at the College.

At next week’s College assembly, Ethan Harkins will be presented with the College Brophy Scholarship following his outstanding VCE performance in achieving an ATAR score of 98.35. The scholarship provides $1000 per year for the three years of undergraduate studies. Ethan commences his Bachelor of Arts studies at the University of Melbourne in March.

Best wishes for this term’s interschool competition to our senior ACC teams in Cricket, Volleyball, Tennis and Athletics, and SACCSS teams in Senior Cricket and in Year 10 Premier League: Basketball, Volleyball, Netball, Cricket, and Soccer. Best wishes also to our swimming teams in training for inter-school carnivals to be held later in the term.

We are called to be ‘salt of the earth and light to the world’ – may the Lord strengthen us in this work of being people of service, justice and peace for our families and the communities of which we are part.

Christopher Stock
Principal

School Fees

Please note that the early settlement discount of $250 per student applies to school fees paid in full before 28 February 2017. A reminder that if you are not in a College accepted payment plan you are required to pay Semester 1 before 31 March 2017 to avoid late fees.

If you hold an eligible Centrelink Health Care Card or Pensioner Concession Card or Veterans Affairs Gold Card your CSEF application needs to be lodged with the College during Term 1.

Mario Puopolo, Business Manager
Campus Leaders

The first day back at school for the students, parents and teachers at both campuses was very exciting. Watching the young men and women of Year 7 arrive at Notre Dame Campus with their mums and/or dads walking in the gate for the first time, full of anticipation and at times apprehension, highlighted the special journey we are all about to embark upon.

The young men at St Paul’s Campus demonstrated their confidence and connection with the College by bowling into the Jubilee Building, many without their parents, and sitting quietly until the morning commenced. They then moved to their homerooms with students they had met at Orientation Day. We are confident that you will find Emmanuel College to be a supportive community where each student will continue their learning pathway. We look forward to a long and happy association with you, and meeting with you at the various school activities throughout the year. It was also wonderful to meet so many parents who stayed to support their child as they begin this stage of their life journey.

The Year 7 Orientation days proved to be of great value for the students. As well as a scavenger hunt to familiarise themselves with the campus, they spent time getting to know their new class-mates and teachers, learning about college procedures and how to access the technologies available at the campus. We are certain the two days have been most beneficial in facilitating a smooth start to the year.

Camps
The venues for camps during this term are as follows:

<table>
<thead>
<tr>
<th>Year 7 – Portsea</th>
<th>SPC 15-17 February and NDC 1-3 March</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 12 Retreat – Rutherford Park</td>
<td>SPC 1-3 March and NDC 22-24 February</td>
</tr>
</tbody>
</table>

All families should have already responded to the Care Monkey request for the SPC Year 7 Camp. If this has not been done please give this your urgent attention or contact Ms Sarah Dinan at the College. Further information regarding the other camp/retreats occurring this term will be sent via Care Monkey in coming weeks. Please respond promptly when you receive this alert.

Polo Tops/ Sports Uniform
A reminder that students are required to be in the correct polo top, a uniform pass will not be issued for incorrect sports uniform. As outlined in the student handbook, students are to wear formal uniform and bring alternative clothing to change into for sport or physical education class.

Uniform Shop
A reminder that our uniform supplier is located at 54 Old Geelong Road, Hoppers Crossing. This location has ample and easy parking and is located between Vic Roads and Spotlight. Due to building works, there is no longer a uniform shop located on site at the St Paul’s Campus.

Piercings
Students and families are reminded that students are only permitted to wear a single stud in the ear lobe only. All other piercings are to be removed or they will be confiscated. Please refer to the student handbook for further clarification.

Canteen
The College canteen is now in full swing. Students can access the canteen before school and at recess and lunch time. Students will be informed of yummy specials via the canteen noticeboards at each campus.

Student Handbook
All students have received their student handbook. Please ensure you have read and signed the front section to acknowledge you are aware of the expectations and responsibilities of belonging to the Emmanuel College community. It is important that this is done annually because while some things are unchanged, there are always some changes, developments or additions. **We ask that all families have signed this section by Friday 17 February.**

Information Meetings
An information evening session is planned at both St Paul’s and Notre Dame Campuses for Monday 13 February for Year 7 and 12 parents, as well as new parents to Emmanuel College across the other year levels. This session will provide the opportunity for Year 7 and new parents to meet with their child’s Homeroom Teachers/House Leaders and hear details of what is in store for their child in the year ahead. Year 12 Parents will experience a presentation from Elevate that will support parents with assisting their son or daughter over the challenging year. Please mark this date on your calendar now and use this time to make a positive start to the year ahead. Please confirm your attendance via the Care Monkey invitation so that we are able to prepare effectively for this evening.
Campus Leaders cont’d

Year 11 and 12 2017 Orientation
Please note in your diaries the dates for 2018 Orientation held after the final exams. Year 12 Orientation will commence on Thursday 23 November 2017 and conclude on Thursday 30 November 2017. Year 11 Orientation will be held on Friday 1 December 2017 and Monday 4 December 2017. Please note that this is a compulsory program and all students are required to attend.

Student Support Team
We welcome two members to the student support team. Our two new interns in 2017 are Catherine Black, who will be at NDC on Tuesday and Thursday, and Alexandra Glass, who will be at SPC on Thursday and Friday. Tori Etherington continues at NDC on Monday to Thursday. Allison [Ally] Matheson, Nathan Trevitt and John Kalka continue in their roles, with Ally and Nathan full time at NDC and SPC campuses respectively. John will be at NDC on Mondays and at SPC Tuesday to Friday. The College continues to work in partnership with Catholicare to provide these services to the College. The College has also been the recipient of state government funding for the chaplaincy program and John Kalka and Jennifer Webster will work with the Counselling and Support Team to enhance the connectedness and resilience of all members of the College community.

Drop Off and Collection of students
NDC - In order to improve traffic flow at the start and end of the day in Foxwood Drive, the Council has installed No Parking signs on the eastern side of the road. This means that you can still drop off and collect your son or daughter, however you cannot park and leave your vehicle. If you have an appointment or need to visit the office, please park in the College carpark, Dunnings Rd or Inverloch Drive.

SPC – Parents are reminded that due to the building works in McCoy Hall, the College Car Park is not drive through and is limited. You are asked not to drive into the grounds to collect your son. Please park along the south end of Chambers Road, behind bus bays or the western end of Blackshaws Road. Please be aware that if you park in small side streets there is extreme congestion in trying to move back into the roadway and is an inconvenience for our neighbours. Please be mindful of the safety of our students and advise your child to use the manned crossing or the lights when crossing the road.

Each fortnight we attach an informative article from Michael Grose and parenting ideas. This weeks article is about developing independence in secondary school and we would encourage you to take a moment and read it. You can also visit their website for more ideas and information to help you raise confident and resilient young people.

Finally, we would like to thank the students, parents and staff at Emmanuel College for the great start to the year, and we are looking forword to your continued support into the future. We also welcome all students new to the College in 2017 and hope their time with us brings friendship, fulfilment and growth.

David Barr & Jennifer Webster
Leader of Faith Development

“I will walk by Faith even when I cannot see.” (2 Corinthians 5:7)

Welcome to our new members of Emmanuel College
I would like to take this opportunity to welcome our new Year 7 students to the College, although a very daunting time for you all, I have no doubt that you will settle in extremely well before too long. It is equally important to welcome our new staff and teachers to our College as well, as it is often easy to forget that for them, this is a new community as well and it is very important that we make them feel welcome too.

Opening College Mass
On Friday 10 February, the College came together as one for our annual College Mass at St Patrick’s Cathedral. With our 2017 Theme: “I will walk by Faith even when I cannot see,” (2 Corinthians 5:7) we were reminded of the importance that faith plays in our lives. Special thanks must go to Fr John Healy from Laverton Parish for celebrating mass for us and in particular, the staff and students for a wonderful mass.

Feast Day – Blessed William Chaminade
William Joseph Chaminade now called by his liturgical title of Blessed Chaminade (April 8, 1761 - January 22, 1850), was a French Roman Catholic priest who survived persecution during the French Revolution. He founded the Society of Mary, also called the Marianists, in 1817. Beatified by Pope John Paul II on September 3, 2000, Blessed Chaminade’s feast day is celebrated on 22 January.

Cambodia – Catholic Mission
Congratulations to all those students who participated in the 2016, World Challenge Immersion to Cambodia at the end of last year. This trip proved to be an amazing experience to all students who participated working with school children in communities. Not only did they have the wonderful opportunity to immerse themselves in the culture and experience of all that this wonderful country has to offer, the staff and students worked in two different parish communities supporting and assisting where needed in the daily running of activities in these schools. Thank you to the staff of World Challenge for assisting our staff and students and in particular, thank you to those who gave so generously of their time to make a difference.

2017 Catholic Youth Festival
The Australian Catholic Youth Festival (ACYF) is a national gathering of Catholic young people established by the Australian Catholic Bishops Conference. It exists to provide young people with opportunities to deepen their relationship with Jesus, be empowered to be disciples in the world today, and encounter and celebrate the vitality of the Church in Australia. The Archdiocese of Sydney is hosting the event from 7 to 9 December 2017. The Youth Ministry Teams at Emmanuel College will be hoping to send a delegation of students from Year 11 and 12. If you are interested please come along to the youth ministry meetings.

Lord,

We trust our students will have: the passion for learning, the wisdom for understanding, the strength for enduring, the gentleness for giving and receiving, the capacity for living and loving, the courage for daring and hoping, the freedom for growing and changing and the trust for believing.

Amen.

Chris O’Malley
VCE Early Leave 2017

As a consequence of the VCE Curriculum structure, there are occasions when VCE students will be dismissed earlier than 3.10pm. Year 12 students and some Year 11s will have allocated Study Periods on their timetable and they will normally attend study hall in the designated area.

All students who have study hall in Period 1 are required to be at homeroom and therefore will be present from 8.30am as normal. Any student, who has study hall during the last scheduled period for the day, may be dismissed.

There may be a Period 4 where no class has been assigned due to other College commitments, for example interschool sport. Generally, students are not expected to attend the College at these times, as outlined below. However, this time will be used regularly for students to undertake School Assessed Coursework (SACs). Students who have been given approved absence from school, whilst an assessment task was being undertaken, may be asked to use this time to complete the task. VET students may also have classes to attend on these afternoons. Therefore, no permanent commitment to any other activity should be planned, students are not to use this time for a part-time/casual job.

It is important that students use this time wisely. Students may use this time for research, either in the College or an alternative library. It is assumed that students not involved in the above activities will make their way home directly to start their homework or study.

YEAR 12

SPC  Wednesday (Weeks A & B) all Year 12 students are dismissed from classes at 1.05 pm (except for students undertaking Specialist Maths, Japanese & Product Design Technology).
     Friday (Week B only) all Year 12 students are dismissed from classes at 1.05 pm

NDC  Wednesday (Weeks A & B) all Year 12 students are dismissed from classes at 1.05 pm (except for students undertaking Specialist Maths, Japanese & Product Design Technology)
     Friday (Week B Only) all Year 12 students are dismissed from classes at 1.05 pm

YEAR 11

SPC  Wednesday (Weeks A & B) all Year 11 students are dismissed from classes at 1.05 pm (unless student is undertaking Specialist Maths or Japanese Units 1 & 2).
     Thursday (Week B only) all Year 11 students are dismissed from classes at 1.05pm (except for students undertaking a 3/4 subject).
     Friday (Weeks A & B) all Year 11 students are dismissed from classes at 1.05 pm (except Friday A for students undertaking Specialist Maths or Japanese Units 1 & 2).

NDC  Wednesday (Weeks A & B) all Year 11 students are dismissed from classes at 1.05 pm (unless student is undertaking Specialist Maths or Japanese Units 1 & 2).
     Thursday (Week B only) all Year 11 students are dismissed from classes at 1.05pm (except for students undertaking a 3/4 subject).
     Friday (Weeks A & B) all Year 11 students are dismissed from classes at 1.05 pm (except Friday A for students undertaking Specialist Maths or Japanese Units 1 & 2).

VET Off Campus: Vet off Campus subjects may occur on early leave days

SPC only: On Wednesdays, some Year 11 and 12 students will be involved in ACC and will be dismissed from classes at 12.25pm for away games and 1.05pm for home games.

If you have any queries contact us on 8325 5100, or the appropriate House Leader.

Stephen Lunardelli  Vince Crimi
SPC Campus Organiser  NDC Campus Organiser
Change of Bus Routes—St Pauls Campus

Due to the lack of student numbers catching the Laverton North bus over several years, we were advised by Public Transport Victoria (PTV), that run this as a standalone service was no longer viable.

I met with PTV and fortunately they have been able to provide a suitable alternate arrangement to their bus routes, which will combine the existing Altona Meadows and Laverton North services.

Morning Laverton North (Old Route)
Departs 7.45am Old Geelong Road/Bladin Street /Maher Road/Point Cook Road/ Central Avenue to Victoria Street/Queen Street (Last Pick Up)
Altona Meadows (Old Route) Departs 7.45am Merton/Queen (pick up at shopping centre), goes down Merton Street, around Victoria Street, down Everingham Road, right into Queen Street. Bus is then express to St Paul’s.

Altona Meadows/Laverton (New Route) Departs 7.35am Old Geelong Road/Bladin Street /Maher Road/Point Cook Road/ Central Avenue, right into Merton, around Victoria Street, right into Queen Street. Bus is then express to St Paul’s.

Afternoon - Departing from St Paul’s at 3.15pm Altona Meadows (Old Route) express to corner of Merton Street and Queen Street (1st Drop) then left into Victoria Street, right into Everingham Road and right into Queen Street. Laverton North (Old Route) express to corner Queen & Merton Street. Left into Queen and U Turn at Queen and Everingham, continue along Queen/Central Ave, right into Point Cook Road, right into Triholm Avenue, left over railway crossing, right into Maher Rd, left into Bladin St to the Corner Old Geelong Rd and Bladin St.

Altona Meadows/Laverton (New Route) Express to corner of Queen Street and Victoria Street (1st Drop) then left into Victoria Street, right into Central, right into Point Cook Road, right into Triholm Avenue, left over railway crossing, right into Maher Rd, left into Bladin St to the Corner Old Geelong Road and Bladin St.

The two existing services had overlapped and the new service will now provide an extension to the existing Altona Meadows route to include Laverton North. The most significant difference will be a 7.35am start to ensure students arrive at school for the start of the day.

Parents of students catching the existing routes will be sent a CareMonkey notification regarding the changes and asked to accept or decline this new service. Any other student wanting to use this new service will need to contact Sarah Dinan (Student Services) on 8325 5100. This new service will begin from the first day back, starting Thursday 2 February.

Stephen Lunardelli Campus Organiser SPC

Pick & Drop Off of Students

To help ensure the safety of students, staff and visitors, parents are asked not to enter school grounds to pick up or drop off students at the College.

Please ensure that you adhere to the parking regulations and consider neighbours of the College when parking around the school.

Stephen Lunardelli St Paul’s Campus/ Vince Crimi Notre Campus
Leaders of Campus Organisation
Students in Winters House have settled into the 2017 school year, very capably assisted by their homeroom teachers; Daniel – Ms McKeegan, Exodus – Mr Robertson, Joshua – Ms O’Keefe, MacKillop – Mr Breen, and William – Ms Wolan. Additionally, Ms Buckley and Mr Flaherty have been on hand to assist the students.

I am looking forward to working with the student leaders in 2017. Year 12 leaders Alessandro Di Genova, Lucas Andrew and Thomas Myyrylainen have already played a major role in the first Winters house assembly with a Q&A about themselves and their hopes and aspirations for themselves and Winters in 2017.

The Winters student leaders for 2017 are:

Year 12: Alessandro Di Genova (House Captain), Lucas Andrew (House Vice-Captain), Thomas Myyrylainen (House Sports Captain)
Year 11: Filip Bjelosevic, Andy Dinh
Year 10: Justin Vu, Ghazi Zoghaib
Year 9: Michael Dinh, Steven Phan
Year 8: Charlie Vu, Benjamin Dib
Year 7: nomination forms for leaders will be distributed after the Year 7 camp

I look forward to hearing from our Year 7 students at the next House Assembly about the new friends that they met and the great times they had on their Year 7 camp which is in week 3.

Mark Turner
Winters House Leader SPC

Welcome back to all the Winters students for 2017! I hope the team is rested, recharged and now ready for a winning 2017. In particular, I would like to welcome all our Year 7s, new students and new staff to the team. We are very happy to have you and we hope you love being in the Winters Green Sox!

In 2016 we were highly successful in coming first for the third year running in the Athletics competition, and first for the second year running in the swimming, although we only managed to finish in third place overall on the House points table. This means that we have work to do in 2017 to ensure that our teams’ talents are justly rewarded. With this in mind, our senior leaders at the opening House assembly spoke of elevating participation in House activities. As House Leader I challenged the members of the House to at a minimum be involved in at least one House competition. Great teams are teams in which everyone pulls in the same direction and this is what we strive for in Winters. It is more important to have a team effort than to win – and while we won the Athletics and the Swimming carnival there were still many students who could have got involved in some way. Whether it be running one race, dressing up or encouraging others through joining the cheer squad – there are always opportunities for students to help the team and get the most out of their Emmanuel experience.

Before I sign off, I would like to urge you to mark in your calendar the House Information night on Monday 13 February. The homeroom teachers and I are really keen to build our partnership so as we can better support our young people.

Andrew Damon
Winters House Leader NDC
Burnet is one of the homerooms in McCluskey House. Our homeroom teacher is Mr Bordas who makes sure that everything is running smoothly. We are a very social group and we tend to talk with different age groups. We have the weekly quiz on Tuesdays and everyone participates where they can. On Thursdays, we have the peer mentor or a student leader who does an activity with the homeroom such as smiling mind. We participate in the house competition against other homerooms in McCluskey. As the new Year 7s start their journey at Emmanuel College, the older students in Burnet Homeroom are there to help and guide them, and this is one of our focus’ in Burnet Homeroom.

All of this is what makes us Burnet Homeroom.

Michael Kadende
Year 8 Student leader/Burnet Homeroom SPC

Firstly, I would like to extend a warm welcome and welcome back to all McCluskey students for the 2017 school year and look forward to working with students, teachers and you the parents in the coming months. The Homeroom and in particular the Homeroom Teachers are a vital cog in the Emmanuel machine and we should not under estimate the positive impact that they have on our students at this most busy and potentially confusing time of the school year. Homeroom teacher for this year are McCluskey A, Ms Sierra-Cortez/Ms King, B, Ms Croft, C, Mr O’Boyle, D, Ms Slocombe, E, Mr Sweeney, F, Ms Mills G, Ms Stokie, H, Mr Wills, I, Mr Davis

I am sure all of the above look forward to working with your child this year in Homeroom and in many instances as classroom teachers. If you have any questions or concerns in regards to general school matters Homeroom teachers are the initial point of contact with the school. So, what is happening in McCluskey Homerooms over the next few weeks?

There is quite an amount of paperwork to be completed in the first month of 2017. The Student Hand Book needs to be signed on page 30 and then needs to be signed on a weekly basis thereafter. Laptop user agreements and Internet user agreements need to be signed where relevant and returned to school if you have not already done so. In the near future permission forms will need to be completed on Care Monkey for the Year Seven Camp and Opening School Mass respectively. Could I please ask that these be attended to at your earliest convenience?

Year 8 to 12 students are role models for our new Year 7s, particularly in Homeroom. As such it is very important that all uniform requirements are adhered to as per the details in the handbook (pg. 10-12). Should your child consistently present in incorrect uniform contact will be initiated by the Homeroom Teacher

It is also very important that students follow the proper procedure for attending late to school, leaving early and absence (details are available on pg. 17 of the planner). In short, a written note is required on return from being absent and is to be presented to your child’s Homeroom Teacher and a late pass must be provided when arriving late. Students must also sign in or sign out (and present a note when appropriate) at the front office when arriving late or leaving early.

On a weekly basis McCluskey Homerooms can look forward to a continuation of our Mindful Monday, Gratitude Wednesday and Fun Friday activities along with the annual Homeroom Decoration Competition and a continuation of inter house challenges including the ever-popular Dodgeball.

I also look forward to meeting new parents to McCluskey at the information evening scheduled for Monday 13 February starting at 7.00pm. This is a wonderful opportunity for parents new to the school or in fact those of returning students to touch base with both myself as a House Leader and to meet all of the hard working McCluskey Homeroom Teachers.

Graeme Briggs
McCluskey House Leader NDC
College Captains Report

The School year has sprouted, and with it a wealth of excitement and prospects that are currently enlightening the grounds of both of our campuses. As for the teachers who we know have been back in the days previous to our return, we thank them for all their efforts and the work that will go into the year ahead. To every Year 7 who started their new journey as part of our family, and to every other new student and staff member, we are overjoyed to have you join us, and we hope that your first days will create lasting positive memories.

Yet, we do not ignore that the beginning of the year can bring about difficulties in many forms, and so for those who might be struggling to get back into the rhythm of things, or for those who have nerves or worries, stick with us, as the support that this Emmanuel College family provides has always been a point of strength.

On Friday 10 February, we will all come together as a united College at St Patricks Cathedral. This is an inspiring moment for us all, and especially the Student Leadership group, who, for the first time, can publically display their support for the student body.

From the Year 12 Student Leadership Team, we thank everyone who has been a part of our journey thus far. As we travel through the days of our final year we will no doubt look back to everything that has brought us here. The gifts of the College which have embedded us with dreams, and each member of the College who has given us the tools to build a path towards them.

As Theodore Roosevelt said: ‘Keep your eyes on the stars and keep your feet on the ground.’ Have a wonderful year!

The Student Leadership Group Executive Team

Music News

Instrumental tutors are returning for 2017 to provide music tuition to interested students of the College. In my role as Director of Music, I feel it is important to share that it is my firm belief that learning an instrument is more than just a hobby – It can be a partner in a successful academic journey in which the cognitive benefits of playing music can ‘rub-off’ onto other disciplines. I regularly receive abstracts and journals on study outcomes that point to this. The latest one in the last few days has been from National Geographic. The College strongly encourages students learning a musical instrument on a voluntary basis as a growth-mindset activity. Music lessons can be registered via Google Forms online by selecting the following links:

Application for Private Instrumental Lessons:
https://goo.gl/forms/k1GhWkBGcUod6svW2
A printable version of the application form can be found at
https://goo.gl/frFkzN

Application for our Ensemble-Based Program:
https://goo.gl/forms/k1GhWkBGcUod6svW2
A printable version of the application form can be found at
https://goo.gl/5FOKkY

Our Ensemble Programs for Term 1 are commencing in the coming weeks:
Concert Band: Held at NDC Wednesdays after school until 4.30pm, starting 15 February.
String Ensemble: Held at NDC Mondays after school until 4.30pm, starting 20 February. (until 3.40pm on days of early finish)
NDC Choir: Held at NDC Fridays after school until 4.15pm, starting 17 February.

Please note that the Ensemble Programs will be held at SPC for Term 2 and this will switch between the campuses each term thereafter.

New students to the College are invited to take part. Please contact cpuglisi@ecmelb.catholic.edu.au with their expression of interest.

Carmelo Puglisi
Director of Music
Welcome back everyone to what I am sure will be another action packed year of sport.

Kicking off sport this year will be the Year 7 swim carnival which is taking place on Friday 10 February at the Werribee Open Pool. This is essential to the selection process for our swimmers entering the SACCSS Swimming Championship later in the term. Whilst all Year 7 students are expected to attend the afternoon, participation is not compulsory. On Monday 13 February our Senior Cricket team will play their first Division One game against CRC Melton at Dunning Road. Their dates are listed below. Most games will commence at 12.30 or 1.00pm.

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
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<tbody>
<tr>
<td>13 Feb</td>
<td>EMC V CRC Melton (Home)</td>
</tr>
<tr>
<td>7 Mar</td>
<td>Salesian V EMC</td>
</tr>
<tr>
<td>10 Mar</td>
<td>Penola V EMC</td>
</tr>
<tr>
<td>21 Mar</td>
<td>Mackillop V EMC</td>
</tr>
</tbody>
</table>

Premier League
The Year 10 cohort will again commence the year in Premier League with the first game to take place on Thursday 16 February. The fixture for the term is below. Students participating in Soccer will need to bring $5 to purchase the navy legua playing socks. Failure to purchase the socks prior to the game could result in the student NOT playing.

<table>
<thead>
<tr>
<th>Round 1</th>
<th>Round 2</th>
<th>Round 3</th>
<th>Round 4</th>
<th>Round 5</th>
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<tbody>
<tr>
<td>16th Feb</td>
<td>23rd Feb</td>
<td>2nd Mar</td>
<td>9th Mar</td>
<td>16th Mar</td>
</tr>
<tr>
<td>PCG v SMG</td>
<td>KOC v SMG</td>
<td>KOC v SMG</td>
<td>PCG v MMGC</td>
<td>MMGC v SAL</td>
</tr>
<tr>
<td>CCC v CRC GS</td>
<td>EMC v CCC</td>
<td>CCC v CRC NK</td>
<td>CCC v CCC</td>
<td>CCC v MACK</td>
</tr>
<tr>
<td>EMC v MACK</td>
<td>CRC GS v CRC NK</td>
<td>MACK v CRC GS</td>
<td>CRC NK v EMC</td>
<td>MACK v CRC NK</td>
</tr>
<tr>
<td>SAL bye CRC NK</td>
<td>PCG bye MACK</td>
<td>MCG bye EMC</td>
<td>CCC bye CCC</td>
<td>CCC bye CCC</td>
</tr>
</tbody>
</table>

Cross Over Finals 23rd March  Grand Final 30th March
1st v 2nd Winner Game 1 v Winner Game 2

*CCC makes Grand Final’s – Games TBC (CCC Unavailable 30th March)

Your coaches for this term are the following staff:

- **Basketball Boys** – Ms Amanda Aldridge
- **Basketball Girls** – Mr Matt Farina
- **Volleyball Boys** – Mr Jamie Davis
- **Volleyball Girls** – Mr Chris Wills
- **Soccer Boys** – Ms Cate Toebelman
- **Soccer Girls** – Mr Joel Salmond
- **Netball** – Mrs Kelly Williams
- **Cricket** – Mr Cameron Fennell

Should you have any queries about these sports please direct them to the coaches via email. As usual team photos will be taken on the first round.

**SACCSS Sports**
Also this term will be the SACCSS Golf day. If your son or daughter is an avid golfer or likes to play socially, then please ask them to speak to either Mr Salmond or Mr Davis. The competition will take place on Tuesday 17 February.

**Champions amongst us**
This year I would like to feature some of the little legends we have in our school community. If your son or daughter has made a state side or competed nationally in any sport recently, please let me know at ksimm@ecmelb.catholic.edu.au. I’d love to be able to feature them in our College Newsletters.

All the best in your sport this term.

Kylene Simmons
Leader of Sports NDC
Careers News

Year 12 News

Year 12 is an extremely busy time especially in the Careers Department. Over the year all Year 12 students will have a minimum of two Career Counselling sessions (one in Term 1 and one in Term 3). These sessions will assist students plan to make an effective transition to a post-secondary school pathway for 2017, whether that be university, TAFE, pre-apprenticeship/apprenticeship, employment, or taking a GAP year. Parents / Guardians are encouraged to assist by talking with their child about post-secondary pathways and accompany them to a university or TAFE Open Day later in the year.

The Careers Department will regularly disseminate information periodically in the school newsletter, 'Student Notices', Year 12 assemblies, and at the Year 12 Parent Information night that will be held at each respective campus on 13 February.

Year 10 Work Experience: June 26-30, 2017

The Senior School encourages all students to commence the journey of making connections between their interests and skills, their academic program, and post-school pathways. To this end, work experience is a precursor and as such an integral part of the Year 10 and Senior School program. Work experience in this instance allows students to start thinking about possible career pathways and getting some hands-on experience of different workplaces that may assist students to make an informed decision. Students are encouraged to hand in their ‘Work Experience Arrangement’ form by Week 5, Term 1.

In finding a suitable work experience placement, students should:

✦ use contacts, such as parents, friends, neighbours, extended family members, and even teachers to find a suitable placement
✦ look online to find a job/career of interest
✦ look up specific companies or businesses that may assist in an area of interest
✦ make a phone call or go into the workplace to introduce themselves in person
✦ ask your Careers Leader to assist you to make a phone call and or to use the school phone
✦ collect another ‘Work Experience Arrangement’ form from the Careers office

Ensure that they complete all sections of the ‘Work Experience Arrangement’ form, and once completed, the Work Experience Arrangement form must be returned to the Careers Leader no later than Week 5, Term 1.

Amanda Barnetby & Sol DiMaggio
Leaders of Careers
Year 7 Camp at Emmanuel College - Then and Now

1993

2006

2010

2016

Penny Cook
Emmanuel College Archives
## Calendar Term 1 Weeks 3A & 4B

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
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<tbody>
<tr>
<td>13 February</td>
<td>Parents House Meetings Years 7 &amp; 12 @ 7.00pm at both campuses</td>
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<tr>
<td></td>
<td>SPC Year 8 Medieval Day</td>
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<td></td>
<td>NDC SACCSS Senior Cricket EMM v CRC Melton</td>
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<tr>
<td>15 February</td>
<td>SPC Year 7 Camp @ Portsea depart</td>
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<td></td>
<td>SPC ACC Senior Cricket &amp; Volleyball</td>
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<td></td>
<td>NDC Year 10 HPE (Life Saving Excursion)</td>
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<tr>
<td></td>
<td>NDC Year 8 Medieval Day</td>
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<tr>
<td>16 February</td>
<td>SPC Year 7 Camp @ Portsea return</td>
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<tr>
<td></td>
<td>NDC SACCSS Year 10 Premier League Rd 1</td>
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<tr>
<td>17 February</td>
<td>SPC Year 7 Camp @ Portsea return</td>
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<td></td>
<td>NDC Year 10 HPE (Life Saving Excursion)</td>
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<tr>
<td>20 February</td>
<td>SPC ACC Senior Volleyball PAR v EMM</td>
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<tr>
<td>21 February</td>
<td>SPC ACC Senior Cricket CBC v EMM, Tennis EMM v MAZ</td>
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<td></td>
<td>SPC Year 10 HPE (Life Saving Excursion)</td>
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<td>Japanese 2017 Tour Meeting @ NDC 6.30pm</td>
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<td>22 February</td>
<td>SPC Yr. 12 English Excursion ACMI (All Day)</td>
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<td>NDC Year 12 Retreat depart</td>
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<td>23 February</td>
<td>NDC Year 12 Retreat</td>
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<td></td>
<td>NDC SACCSS Year 10 Premier League</td>
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<tr>
<td>24 February</td>
<td>SPC ACC Swimming Carnival @ MSAC 7.00pm-10.00pm</td>
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<tr>
<td></td>
<td>NDC Year 12 Retreat returns</td>
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St. Mary Help of Christians Parish  
97 Railway Street North  
Altona

**Mass for Families & Youth**

Second Sunday of each month at St. Mary’s Church, Altona at 5pm commencing on Sunday 12th March 2017.

All Welcome.

Williamstown Literary Festival 2017  
Short Story Competition  
For writers aged 14—18 years

Further enquiries: Hobsons Bay Libraries 1300 462 542 email competitions@hobsonsbay.vic.gov.au libraries.hobsonsbay.vic.gov.au

Conditions of entry and eligible Western suburbs of Melbourne postcodes are available at Hobsons Bay Libraries branches, via the library website and the Williamstown Literary Festival website.

**PRAYER & SPIRITUALITY 2017**  
St Joseph’s by the Sea

Date: 16th February 2017  
Time: 1.30-3pm; repeated at 7.30-9pm  
Where: 16 Esplanade Williamstown  
Donation: $20, concession $15  
RSVP: by 15th February  
admin.sjbtsw@sosj.org.au or 9397 6012

Williamwide Marriage Encounter Weekend

2017 Melbourne weekend dates: 24-26 March, 2017  
28-30 July, 2017  
17-19 November, 2017

Starts 7pm on Friday. Ends 5pm Sunday. Accommodation and all meals provided.

Information/Bookings: PH: Marianne & Marcel (03) 9733 0997  
Email: vicbookings@wwme.org.au  
Website:www.wwme.org.au
Developing independence in secondary school

By Michael Grose

Practical independence-building ideas to encourage autonomy in adolescents.

The ultimate goal for an adolescent is to achieve autonomy from their parents. They are trying to do this at a tricky time, with their brain going through fundamental changes in the prefrontal cortex – the part of the brain responsible for rational decision-making, thinking things through and impulse control. As a result, you need to carefully support your child’s journey to independence through this stage.

Your young adolescent should be expected to help at home. However, consider giving them one or two significant weekly jobs, such as putting out the garbage, rather than continuing the same chores they were given during the previous ‘latency’ stage. More of the same doesn’t always work with this age group.

Here are some more practical independence-building ideas:

1. Negotiate independence
   Give your young adolescent the chance to negotiate greater independence by allowing them to prove to you that they are ready to have their boundaries pushed out. This is the age when you can build ‘scaffolds’ to greater independence: allow your child to achieve increasingly greater autonomy, taking lots of small steps rather than one large step.

2. Talk about values
   Discuss values of fairness, tolerance and respect with your young person to help them formulate a sense of responsibility and a positive value system. Be clear about your expectations of their behaviour when they are not with you. Discuss the consequences of breaking these rules. And help your young person also to assess the risks associated with increased independence.

3. Allocate a meal each week for your young adolescent to prepare
   You may help them at first, but eventually turn the responsibility over to them. If this is unworkable for you now, consider it something to work towards by the end of this stage. Kids in this age group are more than capable of preparing a meal, and you will find it a significant contribution to the family. It may need to fit in with busy schedules, but that’s okay – your child will benefit from learning that they can in fact juggle a number of activities each day. Don’t let them off the hook just because they are busy.

4. Give them two allowances
   Young people increasingly want more power over their own life, and providing pocket money is one way to do this. Consider giving your young person enough allowance to cover clothing, mobile-phone bills, travel and school meals.

5. Encourage a part-time job (when they are old enough)
   There are a number of benefits to a part-time job, regardless of how busy your young person is. First, earning their own allowance is one of their first steps toward real autonomy. Second, it’s good for them to abide by rules set by someone other than their family and school. Third, being socially connected to a community group such as a workplace is a key contributor to good mental health and wellbeing.

As they more closer to school-leaving age patiently teach life skills such as paying bills and filling in tax returns to develop real independence. And resist taking on their problems. Your young person needs to learn to stand on their own two feet, which can mean they experience some of life’s hardships. These are all good learning experiences.

Visit our website for more ideas and information to help you raise confident and resilient young people.

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