

Issue No. 12 4 August, 2023

Dear Parents and Friends

I had the honour of attending the Premier's Awards for 2022 VCE students on Thursday 27 July, alongside Mrs Greta Aranha, where Jade Chitty - the College Dux from last year - was honoured with two Premier's Awards. These were received for her outstanding results in Food Studies and Health and Human Development. These awards represent an outstanding achievement for Jade. I look forward to extending an invitation to Jade to return to the College and address our 2024 Year 12 students when they start their journey into Year 12 when we transition during Term 4.

I also take this opportunity to acknowledge the success of Aiden Lowry (from Mr Romano's Year 9 Italian class) who has recently been notified by the Dante Alighieri Society that he has won the first prize in his category (Italian-Australian poetry recitation) from all Year 9 Italian students that participated in the Competition. This is a wonderful achievement!

I have been receiving updates and watching with interest to see the experiences of our students and staff who are now in Portugal to take part in World Youth Day 2023. The pilgrims have been provided with wonderful encounters of immersion in faith. I very much look forward to hearing about these on their return. In addition, we have also had students attend the Juraki immersion trip. It is very positive that we can offer these types of experiences to students.

We are entering the final stages of subject selection for 2024. I extend a thank you to the staff who have worked to liaise with students and families to provide support and assistance with subject selection, especially when making plans for senior learning programs. It is very encouraging to see the effort, research and discussions that have gone into the subject selection process.

Dr Janine Biggin Principal





Enrolments

Applications for enrolment are now being accepted for Year 7, 2025 and close on Friday 18 August 2023. If you currently have a child in Grade 5 and wish for them to be considered for a place at the College, it is ESSENTIAL that you complete and submit an application form. You must submit an application form for your Year 5 child even if you already have older children at the College. A Prospectus Pack containing an application form can be requested under the Enrolment Information tab of the the College homepage of www.ecmelb.catholic.edu.au or by emailing enrolments@ecmelb.catholic.edu.au by calling the College Registrar on 8325 5119 or from the friendly reception staff at either of our campuses.

Gavin Deller

Director of Development & Marketing



Campus Leaders

We are flying through term three with four weeks down already. During that time, so much has occurred at the College. The Senior Programs Evening was a marvellous opportunity for students and families to learn more about the myriad offerings at Emmanuel College and beyond, with various pathways to accommodate all students. Students in Years 10 and 11 have been busy working through subject selections, carefully considering and choosing their subjects for next year and their interests beyond. This is an exciting but also challenging time and we encourage our senior students to set their goals high and work hard to achieve their dreams. If your child has any questions or concerns regarding subject selection, please do not hesitate to contact the College.

We thank and congratulate students on the way they have adapted to the new mobile phone policy. The implementation of this policy is about ensuring we have a sound learning and social environment for all students. Already, we are seeing the benefits of the policy with teachers and students reporting more focused learning within the classroom and more engagement and activity at recess and lunchtime. A small number of students are not adhering to the policy, continuing to bring phones to class or using them on the yard. It has been clearly articulated to students that they will be issued a Friday after school detention if found to be in breach of the rules. As it is important that this policy is implemented firmly, clearly, and consistently for all students, we request your support as parents and carers, if your child fails to follow the rules.

All current families will shortly receive an Operoo request for re-enrolment at the College in 2024. We encourage you all to complete this, and the related policy documentation in a timely manner to ensure your son or daughter has a place moving into next year. This is also an important opportunity to update any family information such as change of home address, new contact details or any updated medical conditions for your child. Thank you in anticipation of this.

A reminder that the uniform policy requires that all students are well groomed at all times. Please note the following reminders that we are still having to address with students:

- Male students are reminded that they are required to be clean-shaven at all times.
- Hairstyles and colour should reflect a moderate and neat image and should not be at odds with the look of the formal College uniform. Some examples of excessive styles would be dreadlocks, shaved or severe undercuts or lines. Similarly, hair colour should be natural looking. Long hair should always be clean, well-groomed and tied back. Fringes need to be tied or pinned away from the face.
- Long nails, fake nails and nail polish are not permitted. Fake eyelashes and extensions are also against the rules.
- While the tie is optional, all student who choose to wear one are required to have their ties and top buttons done up at all times. Please ensure that shirts are the correct size so that collars are not too tight when buttons are done up.
- Girls need to ensure that their skirt is worn at a length that is no shorter than just above the knee. Please do not shorten them as they are designed to be worn at this length. Girls have been requested not to "hitch" up their skirt with the intention to shorten it. The skirts are a costly item to purchase and generally a student who purchases a correctly sized skirt should be able to complete their secondary years with the one skirt. If you make alterations to the skirt then you may find that you will have to purchase this item more regularly.

We wish to emphasise the importance of students wearing their uniform correctly and with pride. The manner that students presents themselves in public reflects on us, and greatly influences the community's attitude towards Emmanuel College. For this reason, students are required to adhere to the uniform policy on the way to and from school as well as while present on site.

If you require new uniform items, please visit Noone or orders can be made online at any time and delivered to the College free of charge. If you have any questions, please contact the College. Online orders can made through Noone Imagewear on https://www.noone.com.au/shop/

If you are dropping off your son or daughter in the mornings, please ensure that they arrive prior to 8:40am. Often parents forget that students need to go to their lockers to unpack their bags and collect their books for periods one and two prior to Homeroom. It is very disruptive to have students arrive after the commencement of Homeroom and students miss out on important information that is distributed during this time.

This week's Happy Families article from Dr Justin Coulson is "Our Words Matter." As parents what we say often matters, but we need to look at how we speak to our children. It is an interesting article to read.

Leader of Mission Integration

Indigenous Immersion Experiences

Last week, eight St Paul's campus students and two staff undertook the Indigenous immersion experiences to Dalby QLD. They came back with many stories of the encounters they had, the cultural experiences they shared and the wisdom they gained. We wish the Notre Dame staff and students a rewarding and culturally enriching experience next week as they travel to Flinders Rangers in South Australia to work with the Dusty Feet Mob.



Wednesday Morning Mass

Emmanuel College is a place of weekly eucharistic celebration. We continue to extend a warm welcome to all staff and students who wish to attend our 8.15am mass every Wednesday at alternating campuses.

CME: Integral Quality Education

Our Term 3 Characteristic of Marianist Education focus is to provide our students with an Integral Quality Education. Obviously, this is a year-round focus, but one that we celebrate in term 3. An integral quality education involves engaging personalised quality learning in pursuing the personal best of each of our students, fostering authentic partnership with families in support of learning, nurturing a passion for lifelong learning, supporting graduands in securing a strong study and career pathway. Events such as our parent teacher interviews, VCE 2023 information evening, Learning Advisor program, and Subject Selection interviews all demonstrate our strong desire to work with parents and students to achieve many of these objectives.

Peace & blessings,

Mark Sciberras
DP – Mission Integration

'Faith Can Move Mountains' (Mt 17:20)

College Captains Report

As we settle into the third term at Emmanuel College, we as College Captains would like to take a chance to reflect on what an amazing year it has been thus far. For the Year 12s, this is the final full term of high school prior to exams, and each and every student has risen to the occasion of their VCE studies, VCAL apprenticeships and VET subjects. We are extremely proud to see all of the hard work and effort that our fellow peers are putting into their last SACS, assignments and sporting activities.

As for the rest of our College, all students are back in the swing of academic studies, with Parent Teacher interviews allowing for self-reflection and highlighted areas of improvement for the final semester.

A significant event in Term 3 that our college takes extreme pride in is our Cultural Week, fast approaching in week 5. The SLG executive team has been working hard behind the scenes to organise a week that truly embraces the multicultural nature of Emmanuel College, from staff to students, and celebrates all of our ethnic backgrounds and languages spoken. From Cultural Dress Day and the parade on Thursday celebrating the diversity of Emmanuel's cultural attire to various sporting games that will be run at lunchtime, we have something organised for each and every person to celebrate our multiculturalism.

Later in the term the Emmanuel College community will also be recognising and celebrating the fathers, and any other significant male figures who play such an important role in the life of students. Both campuses will acknowledge this valued occasion with a mass and breakfast which we encourage as many families as possible to attend.

Keep pushing through everyone, and work hard to strive for your goals and make sure you enjoy the remainder of the school term.

Best of luck,

Lily McColl
NDC College Captain

Dusan Stolic
NDC College Captain

Alessio Martiniello SPC College Captain

Winters House Report

It has been a great start to Term 3 with all students engaging and settling in the new semester very quickly. We have seen the new mobile phone policy being integrated as part of school expectations and have already seen a rise in students focusing in class and socialising out in the yard at recess and lunch time. We are very proud of Winters house with their progress for the year and are looking forward to seeing the positive behaviours continue.

Last term our Year 12 leaders Leandro Paragas and Sanya Walia - along with the Sports Leaders of Winters, Thomas Harvey and Jelena Majstrorovic - ran a house ran a house basketball competition. All homerooms participated with the competitive nature coming out to rival fellow Winters homerooms. The competition ran for a number of weeks and eventually went into finals. The grand final was a close game with Winters D taking out the title. Congratulations to Winters D for winning the house basketball competition. It was great to see the house spirit being shared among all Winters homerooms throughout the competition.

Coming up this term will be House Dodgeball with all houses participating. Good luck to all involved and may the best house win.

With it being the final full term for Year 12, we wish them all the best with their studies and to keep working hard as they are almost at the finish line.

Taylor Rodrigues & Rachael Schmidt-Sefrim NDC Winters House Leaders

After a refreshing winter break, our students have started the semester wonderfully and it has been great to see everyone back. With the introduction of the new mobile phone policy, Winters students have been out and about during homeroom taking part in various activities and I thank everyone for the smooth transition.

For House Sport, we elected to run a dodgeball competition each Wednesday. It is great to see everyone get involved. Some photos of MacKillop and Daniel Homerooms are below.

A special mention goes to all of the Winters students who were on the Principal's List for Semester 1, 2023. It was fantastic to have this acknowledged in our College Assembly, and certificates will be handed out in our next House Assembly.

Selma Porcic SPC Winters House Leaders





McCoy House Report



My name is Zali and I do Artistic/synchronised swimming which is basically dancing in the water. I've been doing it since 2016 and recently I tried out for the Australian national youth team. I got into the first two camps which tested me and 19 other girls from around Australia on our skills. On May 1^{st} I was informed that I had been selected to become one of the 12 girls on the team. My team and I are going to camp in Canberra on 14^{th} August and then we go to Greece from 21^{st} August -8 September to compete at a competition called World Aquatics Youth Artistic Swimming Championship. This is where you get the opportunity to go up against youth teams from other countries. I am very excited about this opportunity and so grateful I get to experience this.

Zali McAvoy Year 9 McCoy H

Every morning from 8:40am to 8.57am the Laver homeroom students from Years 7 - 12 gather with Mr Gilbee to start their day. During the first few minutes of homeroom, Mr Gilbee takes the roll and tells us important information about what is happening at Emmanuel or in McCoy. The remainder of the time we spend talking to each other or competing in table tennis matches. Sometimes our mornings are different because we have a school assembly and gather with the rest of the school.

Each term we have homeroom sports. This is where all the homerooms play against each other for a chance to win a pizza party. Term 1 was soccer and Term 2 was basketball. Laver has had great success this year because we have won both terms, therefore, we have won two pizza parties. The best thing about homeroom is that Mr Gilbee makes the homeroom enjoyable, and it is a great way to start the school day. We are enjoying being in McCoy and Laver because we have made some friends across all year levels which makes being in Year 7 a lot less stressful.

Petros Tsombanopoulos & Andrew Qafzezi Year 7 McCoy Laver





Drama News



On the 26th of July, the Year 10 drama class went to see '& Juliet the Musical'.

The musical was filled with loud music and flashing lights which made the musical so lively and exciting. The cast portrayed the characters so well and they all put so much emotion into their characters. There was such a strong message behind the musical, and the characters used their role and put their own little twist to make it that much more special.

Claudette Gatt Carabott



Year 10 Drama went and saw a musical called & Juliet.

This musical was really interesting and a awesome musical to see. There was a lot of creativity and effort and work put into this show to make it as amazing as it was when we went and saw the musical.

Tara Bell

Science News

What is happening in science?

Science at Emmanuel College in 2023 has been packed full of exciting excursions, new projects, and plenty of learning!

Students could recently elect to be involved in the Big Science Competition. The Big Science Competition is one of the biggest international science competitions. It is a way to challenge students from Years 7 to 10 and track their performance against state and national averages. Competition questions are aligned with the Australian Curriculum. A big congratulations to all those involved and a special mention to the following students who were able to achieve either a credit, distinction, or high distinction.

Amy Wilson-Matesevac Learning Leader Science

NAME	Grade	
YEAR 7		
Enola Kimber	С	
Jeremy Koolen	D	
Lachlan Langmore	С	
Jack Langton	С	
Jacob Nguyen	С	
Nathan Niemczyk	С	
Jasmine Page	С	
YEAR 8		
Daniel Bonnar	С	
Mac Taylor	HD	
YEAR 9		
Amber Arora	С	
Helmina Basten	С	
YEAR 10		
Jakobi Buckham	D	
Liem Phan	D	
Sarah Zalzly	С	

SACCSS Chess

A team of nine NDC students went to represent the College at the 2023 SACCSS Chess Championships. After 5 of the 7 rounds, Alexander Angelidis (Year 10) and Jared Loader (Year 8) were undefeated in the Intermediate and Junior sections, respectively. Unfortunately, they struggled against the tough competition of the final two rounds. Alexander finished a very creditable 5th of 104 players in the Intermediate section while Jared finished 2nd in the 106-player junior division. Our sole Senior player, Daniel Liu (Year 11) finished 14th out of 80 players. We cannot wait to see what the team brings when they compete against the St Paul's team later this year.

Vince Crimi Leader Campus Organisation NDC



Careers News

The Emmanuel College careers website provides current up to date information to support students and parents/guardians make informed decisions. This website is located at: www.ecmelbcareers.com

UPCOMING CAREER EVENTS

Dates to Diarise in Term 3

- University / TAFE Open Days 2023 throughout August
- Year 12 VTAC timely applications throughout August and September
- VTAC SEAS and Scholarship applications throughout August and September

Year 12 students and parents:

VTAC Year 12 Guides 2024

The online <u>VTAC Year 12 Guide</u> and the downloadable <u>VTAC Tertiary Research guide</u> are designed to provide students with useful information regarding course research and the application processes for entry to tertiary study in Victoria in 2024. Year 12 students are encouraged to browse both resources and begin to familiarise themselves with what lies ahead over the coming months.

Free VTAC webinars

VTAC will conduct webinars on various topics for applicants, support people and educators throughout 2023. Use the links below to register for a webinar to help you understand all things VTAC.

Date	Audience	Topics	Register
Wednesday 23rd August 6pm	All applicants	Refugee and asylum seeker information session	REGISTER »
Wednesday 30 August 5pm	All applicants	Nursing and midwifery	REGISTER »
Tuesday 5 September 5pm	All applicants	Pathways	REGISTER »
Tuesday 12 September 5pm	All applicants	Application process	REGISTER »
Wednesday 15 November 6pm	Year 12 applicants	ATAR and Scaling webinar	REGISTER »
Tuesday 5 December 6pm	Year 12 applicants	ATAR, scaling and December round offers	REGISTER »
Thursday 7 December 5pm	Year 12 applicants	Getting ready for your results	REGISTER »
Tuesday 12 December 6pm	Year 12 applicants	Getting ready for December round offers	REGISTER »
Wednesday 20 December 5pm	Year 12 applicants	Getting ready for January round offers	REGISTER »

Casper Entry Requirements for Teacher Qualifications

Casper is an online test designed to assess an applicant's personal and professional attributes. Casper is a requirement of applying to many initial teaching training courses in Victoria - Casper.

Most universities offering undergraduate teaching courses will be requiring students sit the Casper online test as part of the selection into teaching degrees in 2024. Students are encouraged to browse <u>VTAC</u> and determine which courses will require the Casper for selection. Students might also like to browse <u>Casper FAQs</u> and have a look at Casper <u>Preparation</u> too. Students might find this YouTube <u>clip</u> useful.

What is VET in the VCE?

VET stands for Vocational Education and Training, and vocation refers to work or employment. VET in the VCE programs are designed to give students an exposure to practical skills and an understanding of what it is like to 'learn through doing'. So, students can opt to do a VET subject while completing their VCE and, in most cases, the VET qualification contributes towards the VCE and the ATAR. Visit <u>Get VET in the VCE</u>.

Careers News Continued

Victoria Police Recruitment Pop-Up - Exciting Recruitment Update

As a result of a recent review, Victoria Police have made considerable changes to the current recruitment process, so applicants will have the best possible chance of success. Students and parents are invited to attend a free Recruitment Pop-Up, to meet with members of the recruitment, medical and psychological team. This is an exciting, one-off opportunity to speak to the recruitment experts!

Want a sneak peek at the changes?

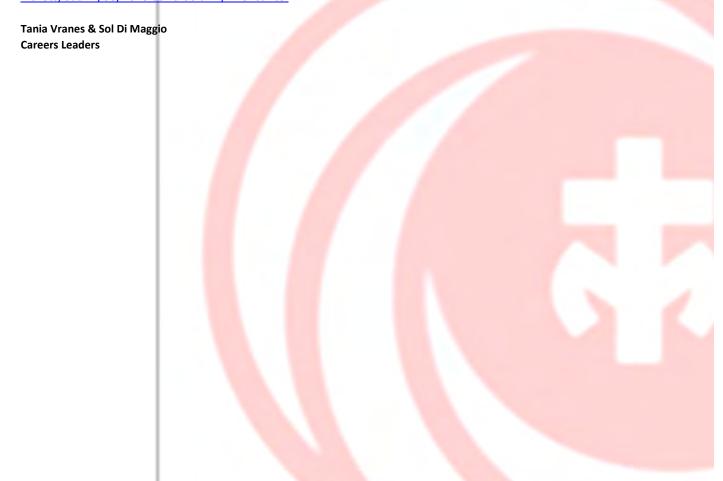
For eligible applicants, the following may apply;

- exemption from the entrance exam for those with a relevant Australian university bachelor's degree (arts, science, humanities, or business) within the last 5 years,
- the requirement for VCE/VCAL prior to applying has been removed,
- the initial psychological assessment can now be done online, and
- evidence of Covid19 vaccination is no longer required.

The following members of the Victoria Police will be in attendance:

- Recruiting Services Branch
- Psychology & Medical Recruitment Team
- Public Order Response Team (PORT)
- Crime Scene Services
- State Highway Patrol
- Road Policing (Booze Bus)

If you are considering a career as a Police Officer or are interested in finding out more information about the different career pathways available at Victoria Police then this is the event for you. Please register at Victoria Police Recruitment Pop-Up Tickets, Sat 12/08/2023 at 10:00 am | Eventbrite.



Careers News Continued

Open Days 2023

	•	•	
Australian Catholic University Melbourne Campus Ballarat Campus	Sun 13 August Sun 27 August	10am - 2pm 10am - 2pm	1300 275 228 https://www.acu.edu.au/student-life/ experience-uni-before-you-start/open-
Bond University Virtual Tour	Sat 29 July	10am - 2pm	1800 074 074
Box Hill Institute of TAFE Elgar Campus Lilydale Campus	Tues 22 August Thur 24 August	3pm - 7pm 3pm - 7pm	1300 269 445 Winter Discovery Nights Box Hill Institute
Australian College of Arts (Collarts)	Sat 26 August	9am - 2.30pm	https://www.collarts.edu.au/open-day
Charles Sturt University Albury-Wodonga	Sun 13 August	10am - 2pm	2023 Open Day at Albury
Deakin University & Deakin College Warrnambool Campus Geelong Campuses Burwood Melbourne Campus	Sun 6 August Sun 20 August Sun 27 August	9.30am -12.30pm 9am - 3pm 9am - 3pm	1800 334 733 Open Day Deakin (03) 9244 5197 Deakin College
Federation University Ballarat	Sun 13 August	10am - 2pm	1800 333 864 https://federation.edu.au/openday
Holmesglen Institute All Campuses	Various days	Various times	1300 639 888 Online bookings are essential
JMC Academy Melbourne Campus	September	tbc	(03) 9624 2917 https://www.jmcacademy.edu.au
La Trobe University Melbourne Campus Mildura Albury-Wodonga Shepparton Bendigo Campus Useful info Monash University	Sun 6 August Wed 9 August Sat 13 August Sat 26 August Sun 27 August	10am - 4pm 4pm - 7pm 9.30am - 2pm 10am - 2pm 10am - 3pm	1300 135 045 Open Day 2023 La Trobe University
Caulfield Campus Peninsula Campus Clayton Campus Parkville Campus (Pharmacy	Sat 5 August Sat 5 August Sun 6 August Sun 21 August	12pm - 4pm 10am - 2pm 10am - 4pm 10am - 2pm	1800 666 274 www.monash.edu.au/openday
Photography Studies College	Sun 13 August	10am - 2pm	(03) 9682 3191 Open Day 2023 - Photog-
RMIT Bundoora Campus Brunswick & CBD Campuses Point Cook Flight Training & Bendigo	Sun 6 August Sun 13 August Sun 20 August	10am - 4pm 10am - 4pm	9925 2260 www.rmit.edu.au/openday
SAE Qantm South Melbourne Campus	Sun 12 August	11am - 3pm	1800 723 338 https://sae.edu.au/event/open-day-sae-melbourne/
Swinburne University Hawthorn Campus	Sun 30 July	10am - 4pm	1300 SWINBURNE http://www.swinburne.edu.au/
Torrens University Virtual Open Day	Wed 9 August	tbc	1300 575 803 Open Day 2023 Torrens University
University of Melbourne Parkville & Southbank	Sun 20 August	10am - 4pm	1800 801 662 https://openday.unimelb.edu.au/
University New South Wales (UNSW) Canberra Campus (ADFA) Virtual Tour Sydney Campus	Sat 19 August Sat 2 September	tbc tbc	1300 864 679 Defence Jobs Australia - Australian Defence Force Academy Experience day 2023 UNSW Sydney
Victoria University Footscray Park Campus City Flinders Campus	Sat 20 August Sat 27 August	10am - 3pm 10am - 3pm	1 300 842 864 Open Day 2023 at Victoria University
William Angliss Institute of TAFE	Sat 12 August	10am - 3pm	1300 264 5477 William Angliss Institute

In the School Yard at Emmanuel College —Then and Now



Calendar Term 3 Weeks 5A & 6B

7 August Cultural Week

VTAC Parent Information night 7pm via Zoom

SPC College Tours 9.15am

8 August NDC Year 10 level Assembly

SACCSS Senior Football Grand Final SACSSS Senior Girls vs Kolbe (A)

SACSSS Senior Boys Soccer vs Mackillop (A) SPC Year 6 Amazing Race 6pm – 8pm

SPC ACC Year 10 Basketball, Hockey & Table Tennis

9 August SPC ACC Senior Basketball, Hockey & Table Tennis

10 August SPC ACC Year 8 Basketball, Hockey & Table Tennis

NDC SACCSS Senior Girls and Boys Basketball vs St Monica's

NDC Year 6 Amazing Race 6pm - 8pm

11 August SPC Cross Country

SPC Year 10 Brainstorm Productions

14 August Music Camp @ Healesville

Year 8 Science Fair—Parent Presentation Evening

NDC College Tours 9.15an

15 August Music Camp @ Healesville

NDC SACCSS Senior Football Grand Final Feast of the Assumption Year 7 Mass

SPC ACC Year 10 Basketball, Hockey & Table Tennis

16 August Music Camp @ Healesville

NDC SACCSS Year 9 Premier League Rd 6

SPC ACC Senior Basketball, Hockey & Table Tennis

17 August NDC SACCSS Senior Girls and Boys Basketball vs CRC Sydenham (H)

SPC ACC Year 8 Basketba<mark>ll, Hoc</mark>key & Table Ten<mark>nis</mark> SPC ACC Open Chess 10.00am – 2.00pm @ St. Patrick's

18 August Student Free Day—Professional Practice Day

We acknowledge that we are gathered on the traditional land of the Kulin Nation. We recognise the First People's relationship to this land, water and culture and offer our respect to their elders, past, present, emerging. Emmanuel College commits itself to reconciliation.



DR JUSTIN COULSON

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Our words matter

For close to 200 years, children have sung in the schoolyard:

"Sticks and stones may break my bones But words shall never hurt me."

We all know that's not true.

However, it's not just cruel words that have the capacity to hurt. Sometimes as parents, we surprisingly hurt our children in the way we offer praise or correction. Here's what I mean:

A few months ago, I read *The Absorbent Mind* by Maria Montessori. While I didn't agree with all of it, and there were some ideas that wouldn't fly today, there were plenty of enlightening moments. One thing that stood out was the idea of *not* correcting children. Yes, you read that right: *not* correcting children.

Montessori recognises that this makes no sense.

"How can we improve the children's work if we do not correct the errors?" she imagines us asking.

She goes on to explain that when teachers remove themselves from the role of hovering over children to point out their errors, the child is empowered to grow by correcting their own errors. For example, when a child is learning to walk, they don't need us to point out every time that they fall. They are already inclined to move towards progressive improvement, without us pointing out everything they are doing wrong.

It is easy to step back and ignore errors at an early age. It is much harder to hold back from offering correction as our children grow. However, our corrections, no matter how gentle, can have unintended consequences.

We might think that we need to correct our kids when they hit the brakes too aggressively in the car, when they forget to pack their lunch box, or when they play a truly awful self-composed guitar solo.

But what would happen if we didn't?

Wouldn't it be possible that they would learn for themselves given time?

Mightn't they already know that they need to improve?

Is it possible that they would also be able to retain their creativity, and find joy in pushing boundaries and experimenting with new things?

I am certain that we can answer yes to all of the above. And decades of psychological research tells us that the answer is yes. My new book, *The Parenting Revolution*, explores all of that research and helps us understand why this matters.

Nevertheless, it is not only words of correction that can hamper a child's creative process. Words of praise can have a similar effect.

When we praise our children's accomplishments in a way that focuses on the outcome, we may stifle their desires to work towards improvement. After all, if we're already happy with the way they performed on the exam, why would they need to work on making a better one? They may become less likely to take risks and extend themselves, for fear of losing our approbation.

Similarly, if the praise we offer is superficial, such as by simply saying "good job", or "well done", or even "what a clever kid you are!", our children don't feel seen. Their efforts go unnoticed, and we lose out on helping them appreciate the growth that happened in the learning and creating process.

We sometimes create praise junkies, unwilling to try anything without our approval. In some cases, they infer that they must not be good at something. If they were, we wouldn't feel a 'need' to praise them!

So what are we to do? No correction, no praise? What on earth are we meant to say next time our children shows us their latest "success"?

Try this:

- Narration. Talk through what you see, without judgement, noticing the little details. "I heard you practicing your scales on the guitar."
- Ask for their opinion. Intrinsic motivation is far more powerful than extrinsic motivation, and we help them get to their intrinsic motivation by prioritising their opinion over ours. "How do you feel about the song you're writing?"
- Express gratitude. A sincere thank you never fails. "Thank you for sharing your love of music with us."
- Say what you see. Describe the emotions you see in your child as a result of what they have done. "I love seeing how happy you are when you're practicing guitar."

Much like sticks and stones, words can be powerful. Through them, we can help our children develop a love of learning, a willingness to experiment, and foster their creativity.

Our words matter.



AUTHOR

Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



NCCD Information Sheet for Parents, Carers and Guardians

Nationally Consistent Collection of Data (NCCD) On School Students with Disability

What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or "help" at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

- 1. Is the student getting help at school so that they can take part in education on the same basis as other students?
- 2. Is the help given because of a disability? The word 'disability' comes from the <u>Disability</u> <u>Discrimination Act 1992</u> (DDA) and it can include many students.
- 3. Has the school talked to you or your child about the help that they provide?
- 4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student's learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

What does the word 'disability' mean in the NCCD?

In the NCCD the word 'disability' comes from the <u>Disability Discrimination Act 1992</u> (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a

student in NCCD. Teachers can use all that they know about the student's learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

What sort of help does the school give students?

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student. The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

How will the NCCD be different this year?

All schools have been counting students in the NCCD since 2015. The government will use the NCCD data as part of the funding to schools.

What will the school need to know about my child for the NCCD?

Schools work together with families to understand the needs of each child. It is helpful if families give their child's teacher a copy of any letters or reports they have. The letters or reports will help the school understand the child and the help that they might need. Letters from doctors, psychologists, speech pathologists, doctor, and occupational therapists etc. can be very helpful for schools. These reports along with information that the teacher has (i.e. school based tests, your child's work and learning plans) helps the school to understand and meet your child's needs.

What happens to the NCCD data? Who will have the NCCD information?

Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the government. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

Does the school need me to agree with them about counting my child in the NCCD?

Amendments were made to the <u>Australian Education Act 2013</u> and <u>Australian Education Regulation 2013</u>). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child.

Where can I find out more?

Please contact your child's school if you have further questions about the NCCD and/or refer to the national NCCD Portal.



Season 2023-24 Membership

Want to have fun & make new friends?
Are you competitive?
Want to enhance your fitness?
We are the Club for you!
55 Years in the community

Preparation for District & Inter-school swimming. Pathway to State & National Championships.

Who: Primary & Secondary School aged

Requirements: Ability to swim 25 meters

When: Monthly Sunday Club Session 3-4pm

Monthly Tues Night Session 7-8pm

Annual Membership: U9 \$146.26, U18 \$152.44

Includes Membership with Swimming Victoria and entries to some meets

Where: BayFit Leisure Centre, Altona North

Enquiries: altonase@gmail.com

See the Club Board for Next Club Session



Is your child having trouble with writing?

Many children will experience difficulties with handwriting during their primary and secondary school years. This can affect a child's emotional, social, and physical wellbeing, and may also disrupt learning at school. These difficulties could include, but arent limited to:

- Pen grip
- Illegible handwriting
- Pain or poor endurance when writing
- Poor fine motor skills

Our therapists would like to come to your school and help assess where their handwriting can improve, and will formulate a personalised therapy plan to work with them across the term in our workshop. Your child will be able to take home their Handwriting Diploma upon graduating!

Handwriting Workshop

Join us in term 4!

Submit your expression of interest here:



Employment and CareerWorkshop Series

In partnership with Arrive and Thrive

Hi there,

Are you a motivated teen or young adult looking to find a job? Look no further! Hobsons Bay Youth Services is thrilled to present our Employment and Career Workshop Series, in partnership with Arrive and Thrive. These <u>free</u>, <u>engaging</u>, and <u>informative</u> workshops are designed to empower you on your path towards achieving your career goals.

Workshop Series Overview:

Series 1: Teens (14-17 years)

Location - Newport Community Hub

For Parents: How to Have Career Conversations with your Teen -

Thursday, 17 August, 6:00 PM

An insightful **ONLINE** session that equips parents with tools to support their teen's career aspirations.

Resume Development - Thursday, 24 August, 5:00 PM

An interactive workshop that will help you craft a winning resume.

Interview Skills - Wednesday, 6 September, 5:00 PM

Master the art of acing interviews with practical strategies.

Series 2: Young Adults (18-25 years)
Location - Newport Community Hub

Resume Development - Thursday, 14 September, 6:00 PM You'll learn how to create a compelling resume that stands out.

Interview Skills - Thursday, 5 October, 6:00 PM Gain confidence and finesse in your interview techniques.

Building your LinkedIn and Personal Brand - Wednesday, 18 October, 6:00 PM

Discover the power of LinkedIn and how to enhance your personal brand.

Series 3: Teens (14-17 years)

Location - Altona Meadows Library

For Parents: How to have Career Conversations with your teen

- Wednesday, 25 October, 5:00 PM

An insightful **ONLINE** session that equips parents with tools to support their teen's career aspirations.

Resume Development - Wednesday, 1 November, 5:00 PM
An interactive workshop that will help you craft a winning resume.

Interview Skills - Wednesday, 15 November, 5:00 PM Master the art of acing interviews with practical strategies.

How to Register:

Secure your spot for <u>one or multiple workshops</u> by registering today. Simply visit our website <u>here</u> and fill out the registration form!

Don't miss out on this fantastic opportunity to acquire essential skills and knowledge that will set you on the path to success. Whether you're just starting or looking to level up your career game, our workshops cater to all stages of your journey.

Feel free to share this invitation with friends, family, or anyone you know who would benefit from these workshops. Together, let's pave the way for a bright future!

If you have any questions or need further information, please don't hesitate to reach out to us.

Looking forward to seeing you at the workshops!

Best regards,

Hobsons Bay Youth Services

Register Here!